

Pos	Bib	Firstname	Lastname	Category	Club	Race	Finish	Chiptime
1	5380	David	McKee	MO	Mourne Runners	10K	00:35:18	00:35:18
2	5513	Don	Travers	M40	Newry City Runners	10K	00:35:32	00:35:31
3	5447	Timothy	Johnston	MO	Mourne Runners	10K	00:37:07	00:37:07
4	5068	Oliver	Cook	MO	PACE Running Club	10K	00:38:18	00:38:18
5	5491	Domhnall	Murphy	M35		10K	00:38:55	00:38:54
6	5482	Shalene	McMurray	F35	Newcastle AC	10K	00:39:20	00:39:20
7	5401	Jamie	Brannigan	MO		10K	00:39:30	00:39:30
8	5438	David	Graham	M45	Armagh AC	10K	00:39:39	00:39:35
9	5133	Gordon	Graham	MO		10K	00:39:47	00:39:45
10	5027	mark	smith	M45		10K	00:39:55	00:39:55
11	5025	mARK	Simpson	M40		10K	00:40:00	00:40:00
12	5520	Philip	Hunter	M40		10K	00:40:22	00:40:18
13	5457	David	Losty	M45	Invictus Tri Club	10K	00:40:27	00:40:25
14	5302	Aidan	O'Neill	M50	Run-Anon	10K	00:40:49	00:40:48
15	5178	Gerry	O'Connell	M56		10K	00:40:53	00:40:52
16	5498	Stephen	Pepper	M40	Banbridge AC	10K	00:40:53	00:40:52
17	3835	Stephen	Austin	M45		10K	00:41:05	00:41:05
18	5442	Paul	Hartley	M35		10K	00:41:08	00:41:05
19	5313	Niall	Rankin	M40		10K	00:41:12	00:41:12
20	5186	Ian	Keys	MO	Lagan Valley AC	10K	00:41:25	00:41:22
21	5464	james	MATHEWS	M35	RunFit	10K	00:41:26	00:41:23
22	5524	Cathy	McCourt	F40		10K	00:41:47	00:41:45
23	5137	Jonny	Gregg	M45		10K	00:41:52	00:41:50
24	5444	Gerry	Irvine	M50	Bikehouse bangor	10K	00:41:57	00:41:57
25	5463	Jared	Martin	MO	Regent House AC	10K	00:41:59	00:41:57
26	4382	Ruairi	Donnelly	MO		10K	00:42:02	00:42:00
27	5235	Gavin	McCaffrey	MO	Pace	10K	00:42:27	00:42:26
28	4791	martin	lundy	M55		10K	00:42:36	00:42:34
29	5396	Adrian	Bennett	M45	Mourne Runners	10K	00:42:51	00:42:50
30	5475	Paul	McGirr	M35		10K	00:42:54	00:42:50
31	4189	Malachy	Clarke	MO		10K	00:43:00	00:42:58
32	5307	Gareth	Owens	M35		10K	00:43:05	00:43:01
33	5519	Michael	Faloon	M40		10K	00:43:12	00:43:09
34	5306	Moire	O'Sullivan	F40		10K	00:43:22	00:43:21
35	5411	Reggie	Campbell	M55		10K	00:43:34	00:43:34
36	5533	Conor	Clarke	MO		10K	00:43:49	00:43:36
37	4419	GARRY	FAUGHEY	M40		10K	00:43:52	00:43:45
38	5400	James	Brannigan	M40		10K	00:43:57	00:43:55
39	4419	Garry	Faughey			10K	00:43:57	00:43:32
40	5153	Bethany	Haugh	FO	Mourne Runners	10K	00:44:07	00:44:05
41	5286	Derek	Moorhead	M50	unattached	10K	00:44:15	00:44:12
42	5340	jim	simons	M40	Dub runners belfast	10K	00:44:24	00:44:12
43	4166	Olivia	Borghmans	F40		10K	00:44:33	00:44:23
44	5132	Joanne	Graham	FO	Mourne Runners	10K	00:44:35	00:44:32
45	5299	Andrew	Noble	MO	DUB Runners Belfast	10K	00:44:35	00:44:16
46	5097	Lee	Dougherty	M40		10K	00:44:43	00:44:32
47	5468	Peter	McCambridge	MO		10K	00:44:49	00:44:44
48	5319	Catherine	Roberts	F40	North Down AC	10K	00:45:02	00:45:00
49	5410	Daniel	Campbell	M45		10K	00:45:05	00:45:00
50	4234	Brendan	Connolly	M60		10K	00:45:09	00:45:07
51	5259	Niall	McGuigan	M40		10K	00:45:17	00:45:15
52	5145	David	Hamilton	MO	n/a	10K	00:45:18	00:45:16
53	5504	Nat	Small	M35	PACE	10K	00:45:40	00:45:31
54	5244	DECLAN	MCCORMICK	M50		10K	00:45:44	00:45:40
55	5126	Robin	Gillespie	M40		10K	00:45:46	00:45:40

56	5026	Daniel	Smith	MO		10K	00:45:47	00:45:32
57	5423	Simon	Curtis	MO		10K	00:45:49	00:45:39
58	5476	Michael	McKeown	M50	East Down AC	10K	00:45:53	00:45:50
59	5449	James	Keane	MO		10K	00:45:57	00:45:55
60	5189	Jonny	Kinney	M45	Scrabo Striders	10K	00:46:01	00:45:51
61	5080	Mark	Crothers	M40		10K	00:46:07	00:46:00
62	5214	Eamonn	Mallon	M50	Unattached	10K	00:46:09	00:46:06
63	5495	hugh	oram	M40	Murlough ac	10K	00:46:14	00:46:08
64	5412	Norman	Campbell	M60	Dromore AC	10K	00:46:26	00:46:26
65	3844	Ian	Bailey	M55	Lagan Valley Athletics C	10K	00:46:35	00:46:31
66	5365	Michael	Taylor	M45	North Down A C	10K	00:46:47	00:46:38
67	5419	Martin	Coughlan	M45		10K	00:46:47	00:46:41
68	5054	AIDAN	CAMPBELL	MO		10K	00:46:56	00:46:51
69	5124	Conor	Garvey	MO		10K	00:47:04	00:46:44
70	5489	peter	morgan	M45		10K	00:47:08	00:46:56
71	5007	Steven	Carruthers	MO		10K	00:47:10	00:47:06
72	5083	Damien	Cunningham	M50	Mourne runners	10K	00:47:11	00:47:07
73	5184	Patrick	Kerr	M35		10K	00:47:13	00:47:06
74	5356	Jenna	Stevenson	FO	Mourne Runners	10K	00:47:13	00:47:10
75	5053	Johnny	Caldwell	MO		10K	00:47:15	00:46:59
76	5217	BRIAN	MALTMAN	M40	East coast ac	10K	00:47:16	00:47:07
77	5295	David	Neill	MO		10K	00:47:30	00:47:14
78	5445	Hannah	Irvine	FO	Ballydrain Harriers	10K	00:47:40	00:47:26
79	5505	Phil	Smyth	M40	EAST COAST ATHLETIC	10K	00:47:40	00:47:30
80	5085	Padraig	Cusack	M40	Riyadh Road Runners	10K	00:47:41	00:47:36
81	4186	Edward	Canning	MO		10K	00:47:48	00:47:25
82	5312	Neill	Radford	M35		10K	00:47:52	00:47:34
83	5409	URSULA	CAMPBELL	F45		10K	00:47:52	00:47:49
84	5046	Patricia	Brown	F55	Newry City Runners	10K	00:47:58	00:47:54
85	5531	Kyle	Martin	MO		10K	00:48:04	00:48:01
86	5530	Derek	Moss	M30		10K	00:48:05	00:48:05
87	5437	Gordon	Glenn	M45	North Belfast Harriers	10K	00:48:10	00:48:03
88	5069	Colin Cooney	Cooney	M45		10K	00:48:16	00:48:06
89	5201	Phelim	Lundy	M50		10K	00:48:21	00:48:16
90	5479	gary	mclean	MO	Blood Sweat and Tears	10K	00:48:33	00:48:15
91	5371	MARK	TODD	M40	Larne ac	10K	00:48:34	00:48:28
92	5496	Stephen	Patton	M40		10K	00:48:38	00:47:53
93	4778	Sean	Armstrong	M50	Murlough AC	10K	00:48:41	00:48:37
94	5002	Arran	McKee	M35	Lisburn Triathlon club	10K	00:48:43	00:48:08
95	5427	Dom	Dorris	M40	Larne AC	10K	00:48:45	00:48:41
96	5352	Thomas	Steele	MO		10K	00:48:48	00:48:22
97	4199	Shannon	Clegg	F35	Scrabo Striders	10K	00:48:49	00:48:43
98	5141	TONY	Guy	M55	Team runwell	10K	00:48:55	00:48:45
99	5515	Peter	Wallace	M50		10K	00:48:58	00:48:44
100	5231	Keith	McBride	M35	n/a	10K	00:49:01	00:48:58
101	5100	Martin	Duggan	M35	Newcastle AC	10K	00:49:02	00:48:57
102	5197	Kriss	Leslie	MO		10K	00:49:05	00:48:49
103	5526	Declan	Carron	M30		10K	00:49:07	00:48:07
104	5038	Richard	Watt	M40		10K	00:49:12	00:49:07
105	5045	Sean	Browes	M45		10K	00:49:13	00:48:55
106	5236	Barry	Mccann	M35		10K	00:49:16	00:49:10
107	5062	April	Clarke	FO		10K	00:49:17	00:49:15
108	5357	Elaine	Stewart	FO		10K	00:49:19	00:49:17
109	4678	Sean	Armstrong	M50	Murlough AC	10K	00:49:19	00:49:12
110	5015	Michael	Neeson	M35	Murloch ac	10K	00:49:28	00:49:17
111	5414	Alan	Campbell	M45	Fitness Factory Lurgan	10K	00:49:29	00:49:17

112	5138	Mervyn	Gregson	M45		10K	00:49:30	00:49:17
113	4568	Chris	Harrison	M35		10K	00:49:38	00:49:25
114	5384	Nigel	Wethers	M55		10K	00:49:38	00:49:21
115	5143	Geoff	Hamilton	M50	Dunboyne AC	10K	00:49:59	00:49:50
116	5382	Stephen John	Weatherup	M40	Team Weavel	10K	00:50:01	00:49:58
117	4763	DAVID	BLAIR	MO		10K	00:50:05	00:49:50
118	4938	Jackie	Wilson	F35		10K	00:50:06	00:50:00
119	5105	Jonathan	Elliott	MO	Jog Moira	10K	00:50:14	00:50:06
120	5262	Gerard	Mckenna	M50		10K	00:50:16	00:50:04
121	5233	Sean	Looby	M30	Murlough AC	10K	00:50:19	00:50:08
122	5272	Conor	McMullan	MO	NDNP	10K	00:50:20	00:49:32
123	5502	Andrew	Rowan	MO		10K	00:50:22	00:50:12
124	5377	adrian	walker	MO		10K	00:50:31	00:50:23
125	5010	Andrew	Moore	MO	N/A	10K	00:50:36	00:50:19
126	5379	David	wallace	M35	Mourne Runners	10K	00:50:36	00:50:23
127	5139	Joel	Gregson	MO		10K	00:50:40	00:50:28
128	5188	Glenn	King	M35	Fitness Factory Lurgan	10K	00:50:40	00:50:22
129	5426	Niamh	Donnelly	FO		10K	00:50:43	00:50:27
130	5052	Stuart	Burnside	M35		10K	00:50:58	00:50:56
131	5220	Nigel	Martin	M50	Strabo Striders	10K	00:51:03	00:50:58
132	5059	Mark	Clague	M55		10K	00:51:05	00:50:09
133	5009	Debbie	Mingout	F40	Ballydrain Harriers	10K	00:51:07	00:50:53
134	5219	Shirley	Farnan	F45		10K	00:51:08	00:51:03
135	4333	Mark	Crothers	M50		10K	00:51:18	00:50:53
136	5316	Conor	Farnan	M45		10K	00:51:18	00:51:14
137	5540	Rory	Morrow	MO		10K	00:51:18	00:50:48
138	5292	stephen	mulvenna	M50	NDAC	10K	00:51:25	00:51:12
139	5074	Alistair	Craig	M35		10K	00:51:26	00:51:05
140	5170	Diana	Johnston	F45	Mourne runners	10K	00:51:28	00:51:23
141	5472	Anthony	Mccullough	MO		10K	00:51:28	00:51:18
142	5373	Andrew	Topping	M50		10K	00:51:30	00:51:26
143	5304	Francis	O'Neill	M45	Galbally Runners	10K	00:51:31	00:51:03
144	5288	Brian	MORROW	M40		10K	00:51:34	00:50:45
145	5168	Connell	Jackson	M35		10K	00:51:42	00:51:26
146	5383	CHRIS	WEEKS	MO	-	10K	00:51:44	00:51:35
147	5528	Conor	Sheridan	MO	EAST COAST ATHLETIC	10K	00:51:45	00:51:36
148	4793	Joanne	Major	F55		10K	00:51:48	00:51:45
149	5317	Adrian	Reynolds	M40		10K	00:51:50	00:50:56
150	5458	Richard	Lowe	M40		10K	00:51:52	00:51:25
151	4314	Mark	Copeand	MO	Newry City Runners	10K	00:51:55	00:51:30
152	5128	Graham	Glass	M40		10K	00:51:58	00:51:55
153	5451	Ryan	Kerr	MO		10K	00:51:59	00:51:49
154	5216	Niall	Malone	M40		10K	00:52:00	00:51:14
155	5539	Conor	Morrow	MO		10K	00:52:00	00:51:31
156	5169	Simon	Jenkinson	MO		10K	00:52:08	00:52:02
157	4771	Tom	Agnew	MO	NDNP	10K	00:52:11	00:51:25
158	4762	FRED	BLAIR	M60		10K	00:52:18	00:52:04
159	5048	Malcolm	Brown	M35	NIYW	10K	00:52:19	00:52:10
160	5416	Gerard	Cochrane	MO		10K	00:52:19	00:52:04
161	5173	Amanda	Johnston	MO		10K	00:52:20	00:52:01
162	5469	Sinead	McCarry	F35		10K	00:52:20	00:52:06
163	4776	michael	allen	M40		10K	00:52:26	00:52:12
164	4767	Al or nothing	Jones	M45		10K	00:52:32	00:52:12
165	5246	John	McCreight	MO		10K	00:52:33	00:51:58
166	5425	Inge	D'Haese	F40		10K	00:52:33	00:52:24
167	5452	Dianne	Keys	F40		10K	00:52:35	00:52:26

168	5532	William	Wallace	M40		10K	00:52:39	00:52:32
169	5240	Fred	McClenaghan	M50		10K	00:52:44	00:52:16
170	5282	Patrick	Montgomery	MO		10K	00:52:48	00:52:12
171	5261	Bronagh	McInerney	F45	Murlough AC	10K	00:52:52	00:52:44
172	5049	Derek	Bunting	M50	BARF	10K	00:52:55	00:52:50
173	5075	Nigel	Craig	M40		10K	00:52:58	00:52:36
174	5347	Laurence	Smith	MO		10K	00:52:58	00:52:04
175	5343	David	Simpson	M40		10K	00:53:02	00:52:52
176	5031	EIRIN	STEWART	FO	Clonliffe Harriers AC	10K	00:53:05	00:53:03
177	5122	Bill	Gardiner	M45		10K	00:53:08	00:52:51
178	5341	Fionnuala	Simons	FO	Murlough AC	10K	00:53:08	00:52:59
179	5325	Barry	Rodgers	M40		10K	00:53:13	00:52:54
180	5242	Sean	McCloskey	M40		10K	00:53:14	00:52:56
181	5066	Niall	Cochrane	MO		10K	00:53:17	00:52:58
182	5146	RICHARD	HAND	M50	DROMORE AC	10K	00:53:20	00:52:27
183	5271	Nigel	McMorris	M50		10K	00:53:24	00:52:58
184	5154	Oonagh	Haughey	F35		10K	00:53:26	00:53:12
185	5241	Vincent	McClore	M35		10K	00:53:26	00:53:00
186	4785	Patrick	Kennedy	M45		10K	00:53:31	00:53:00
187	5115	Andy	Fennell	M40	Corrigan AC	10K	00:53:31	00:52:49
188	5225	Wilson	McAlister	M55	Jog Moira	10K	00:53:37	00:53:15
189	5205	Piotr	Macnar	M35		10K	00:53:39	00:53:18
190	5280	simon	moffett	M40	Belfast Running Club	10K	00:53:40	00:53:10
191	5175	louise	jones	FO	belfast running club	10K	00:53:42	00:53:15
192	5202	Laura	Lynch	FO	Murlough AC	10K	00:53:42	00:53:30
193	5250	Jimmy	McFadden	M50	Team Runwell	10K	00:53:42	00:53:31
194	5446	Colin	Jess	M40	Murlough Athletic Club	10K	00:53:42	00:53:31
195	4175	Catherine	Brady	FO		10K	00:53:45	00:53:31
196	5238	Alan	McCaughtry	M50	Saintfield Striders	10K	00:53:50	00:53:34
197	5180	Deirdre	Kelly	F45	Newry City Runners	10K	00:53:53	00:53:15
198	5107	Charlotte	English	FO	whitehead runners	10K	00:54:00	00:53:13
199	4782	Tim	Baker	MO		10K	00:54:13	00:54:07
200	5024	Graham	Sergeant	M50	CSP	10K	00:54:13	00:53:58
201	5164	jeff	hull	M50	JOG LISBURN	10K	00:54:19	00:53:49
202	5260	Danielle	McIlroy	F35		10K	00:54:32	00:53:48
203	5378	Dawson	Jones	M40		10K	00:54:32	00:54:18
204	5228	Joe	McAnearney	M50	Roxy's Runner	10K	00:54:36	00:54:28
205	5032	Ann	Strain	F45		10K	00:54:38	00:53:55
206	5523	Lorraine	Cartmill	F35		10K	00:54:39	00:54:18
207	5060	Alastair	Timothy	M30		10K	00:54:43	00:53:58
208	5538	Michael	Morrow	M60		10K	00:54:43	00:54:14
209	4474	Olivia	Godfrey	FO		10K	00:54:45	00:54:36
210	5149	katherine	harkness	FO		10K	00:54:46	00:54:38
211	5017	Aaron	Newell	M40		10K	00:54:52	00:54:46
212	5405	Lorraine	Burns	F45		10K	00:54:53	00:54:26
213	5434	Kevin	Fogarty	M35	Run Anon	10K	00:54:58	00:54:20
214	4792	patrick	lundy	MO		10K	00:55:02	00:54:38
215	5192	Nicola	Leddy	F45		10K	00:55:05	00:54:09
216	5358	Joseph	Stewart	M70	Jog Lisburn	10K	00:55:05	00:54:35
217	5057	Norma	Campbell	FO	Dromore AC	10K	00:55:06	00:54:59
218	5503	CHRIS	SCOTT	M35		10K	00:55:07	00:55:00
219	5389	Richard	Wilson	M35		10K	00:55:16	00:54:32
220	5499	Brian	Reed	M50		10K	00:55:19	00:55:08
221	5283	Patrick	Moore	M50	RunFit	10K	00:55:25	00:55:18
222	5284	Diane	Moore	F45	RunFit	10K	00:55:25	00:55:19
223	5435	Simon	Gilkinson	M40	Fitness Factory Lurgan	10K	00:55:27	00:54:54

224	5182	Andrew	Kennedy	M40	Lisburn Triathlon Club	10K	00:55:28	00:55:21
225	5443	Edward	Henry	MO	None	10K	00:55:28	00:55:16
226	5014	Neil	Murtagh	M40		10K	00:55:32	00:55:00
227	5177	Marc	Kearney	M35		10K	00:55:32	00:54:57
228	5193	Paul	Leneghan	M50	None	10K	00:55:40	00:55:31
229	5232	Joan	McCabe	F50		10K	00:55:41	00:55:02
230	5036	Attracta	Tremers	F40		10K	00:55:42	00:55:16
231	5073	Denise	Cowan	F35		10K	00:55:42	00:55:00
232	5407	Grant	Caddy	M45		10K	00:55:42	00:55:14
233	5485	Colin	Millen	M40		10K	00:55:42	00:55:00
234	5258	Deirdre	McGreevy	F40		10K	00:55:45	00:55:38
235	5064	John	Clarkin	M45		10K	00:55:48	00:55:33
236	5104	Geraldine	Eakins	F40	Roxy runners	10K	00:55:51	00:55:43
237	5279	Brendan	Miskelly	M40		10K	00:55:51	00:55:07
238	5440	Claire	Gregory	FO		10K	00:55:51	00:55:06
239	5196	Richard	Lennon	M35		10K	00:55:54	00:55:36
240	5198	Dean	Lightbody	M50	Silverstream Strollers	10K	00:55:54	00:55:47
241	3836	Elaine	Bailey	F50	Lagan Valley Athletics C	10K	00:55:55	00:55:44
242	5353	Norman	Stephens	M55	Ballymena runners	10K	00:55:55	00:55:42
243	5354	Sharon	Stephens	F50	Ballymena Runners	10K	00:55:55	00:55:42
244	5116	Anthony	Fleming	M40	North Belfast Harriers	10K	00:55:56	00:55:16
245	5163	Patrick	Hughes	M45		10K	00:55:56	00:55:45
246	5486	Peter	Moffett	M45		10K	00:55:56	00:55:07
247	5234	Andree	McCaffrey	F45	Pace	10K	00:55:58	00:55:31
248	5422	Johanna	Cunningham	FO		10K	00:55:58	00:55:24
249	5160	Catherine	Hood	F45		10K	00:56:00	00:55:07
250	5269	Joe	McMahon	M55	Murlough AC	10K	00:56:03	00:55:53
251	5318	Simon	Ritchie	M35		10K	00:56:04	00:55:55
252	5172	Philip	Johnston	MO		10K	00:56:12	00:55:52
253	5255	Janet	McGrath	F45	Banbridge AC	10K	00:56:12	00:55:52
254	4757	John	Beggs	M50	North Belfast harriers	10K	00:56:14	00:55:33
255	4798	Craig	McCauley	M40	Mourne runners	10K	00:56:18	00:55:59
256	5148	Christopher	Hannon	MO		10K	00:56:19	00:55:24
257	5191	Jason	Lanyon	M45		10K	00:56:19	00:56:05
258	5263	Mark	McKeown	MO		10K	00:56:21	00:56:07
259	5385	George	Whyte	M50		10K	00:56:24	00:55:50
260	5541	Mark	Smith	Mo		10K	00:56:26	00:55:31
261	5268	Gerard	McMahon	M50		10K	00:56:27	00:56:07
262	5102	Maxine	Dynes	FO	Ballygalget AC	10K	00:56:31	00:55:55
263	5366	Ken	Taylor	M45		10K	00:56:31	00:56:19
264	5453	Gillian	Kirkpatrick	FO		10K	00:56:31	00:56:19
265	3899	Alan	Black	M40	Run-Anon	10K	00:56:32	00:55:51
266	5042	Carmel	brannigan	F35	Leitrim Ladies	10K	00:56:34	00:56:18
267	5293	Colin	Murdy	M40		10K	00:56:36	00:56:12
268	5114	Sarah	Feeney	F45	PACE Running Club	10K	00:56:37	00:55:45
269	5525	Michael	Hayes	M53		10K	00:56:37	00:56:31
270	5110	EMMA	FALLOON	FO		10K	00:56:38	00:56:03
271	5264	John	McKevitt	M35		10K	00:56:42	00:55:51
272	5091	Jefferene	Dickson	F40		10K	00:56:46	00:55:47
273	5090	Hugh	Dickson	M60		10K	00:56:47	00:55:49
274	5521	Sandra	Hunter	F40	Acorns AC	10K	00:56:49	00:56:06
275	5247	Gavin	McDonnell	M40	North Down Athletic Cl	10K	00:56:54	00:56:02
276	5467	Jonathan	McBride	M40		10K	00:56:57	00:56:08
277	4645	Gareth	Holmes	MO		10K	00:56:59	00:56:15
278	5081	Hazel	Crudginton	F45	Murlough ac	10K	00:57:03	00:56:57
279	5395	John	Austin	M35		10K	00:57:06	00:56:51

280	4799	marty	mccullough	M45	fitness factory	10K	00:57:09	00:56:04
281	5297	Tony	Nellis	M50	Murlough AC	10K	00:57:09	00:56:58
282	5039	sonia	wilson	F40	fitness factory	10K	00:57:10	00:56:05
283	4780	Loretta	Attey	F50		10K	00:57:12	00:56:40
284	4781	Andrew	Attey	M50		10K	00:57:13	00:56:40
285	5058	Darragh	Carolan	MO		10K	00:57:13	00:56:22
286	5490	Rían	Mullan	MO		10K	00:57:13	00:56:48
287	5183	Iryna	Kennedy	F50	Lagan Valley AC	10K	00:57:16	00:56:39
288	5291	David	Mullan	M40	Mallusk Harriers	10K	00:57:17	00:56:51
289	5480	Jenny	McLeigh	F40		10K	00:57:22	00:56:33
290	4493	Emma	Hanna	F35		10K	00:57:27	00:57:04
291	5044	Andy	Bridge	M50	BARF	10K	00:57:27	00:57:07
292	5084	Stephen	Dillon	MO		10K	00:57:29	00:56:37
293	5466	Colm	McAvoy	MO		10K	00:57:30	00:56:57
294	5508	Trevor	Spiers	M45		10K	00:57:32	00:56:58
295	5070	NENA	CORMICAN	FO	RUN ANON	10K	00:57:33	00:57:06
296	5310	Eileen	Pollock	F35	Scrabo Striders	10K	00:57:33	00:57:20
297	5155	Julie	Henry	F40		10K	00:57:36	00:56:45
298	5517	Simon	Worthington	MO		10K	00:57:44	00:57:24
299	4751	Diane Laverne	Inns	F50	Banbridge Athletics	10K	00:57:53	00:57:33
300	4228	Justin	Clegg	M35	Scrabo Striders	10K	00:58:01	00:57:55
301	5092	Andrea	Dobson	FO	Jog Lisburn Running Clu	10K	00:58:01	00:57:30
302	5187	David	Kilner	M45		10K	00:58:06	00:57:38
303	5303	GARETH	O'NEILL	MO	RUN ANON	10K	00:58:06	00:57:40
304	5428	Corne	Dunn	MO		10K	00:58:06	00:57:27
305	5142	Daniel	Hamill	MO		10K	00:58:13	00:57:47
306	5333	Joanne	Hayden	F40		10K	00:58:13	00:57:50
307	5221	Amanda	Martin	F50	Strabo Striders	10K	00:58:17	00:58:04
308	5460	Steven	Magennis	M40	Corrigan A.C	10K	00:58:19	00:57:38
309	5226	john	mcallister	M45	Corrigan AC	10K	00:58:20	00:57:40
310	5507	Frank	Smyth	M45		10K	00:58:22	00:57:40
311	5450	Sean	Keown	MO		10K	00:58:23	00:57:37
312	5314	Clare	Carson	FO	Dromore AC	10K	00:58:24	00:58:15
313	5176	Patrick	Kearney	MO		10K	00:58:27	00:57:51
314	5514	PATRICK	TUMILTY	M35		10K	00:58:28	00:58:04
315	5335	Anna	Savage	F35		10K	00:58:30	00:57:59
316	4388	Kevin	Donovan	MO	Wibbly Wobbly Wonde	10K	00:58:35	00:58:17
317	5207	Martina	Madden	F35		10K	00:58:37	00:57:55
318	5471	Melissa	Mccullough	F35	Roxys runners	10K	00:58:38	00:58:30
319	5285	Irvine	Moorehead	M65		10K	00:58:39	00:58:23
320	5098	Phil	Duffield	M50	NSPCC	10K	00:58:41	00:58:14
321	5123	Lisa	Garvey	FO		10K	00:58:41	00:58:22
322	5361	Pippa	Swan	F45		10K	00:58:48	00:58:08
323	5487	Jill	Montgomery	FO		10K	00:59:00	00:58:47
324	5094	Denise	Doherty	F40		10K	00:59:04	00:58:41
325	5270	judith	mcmanus	F35		10K	00:59:04	00:58:56
326	5035	Ravi	Tohani	M35		10K	00:59:05	00:58:51
327	5113	Thomas	Fee	M75	Banbridge athletic Club	10K	00:59:07	00:58:47
328	5256	Lee	McGready	M35		10K	00:59:07	00:58:11
329	4783	David	Barbour	MO		10K	00:59:08	00:58:45
330	5072	Andrew	Cousins	MO		10K	00:59:09	00:58:46
331	5456	Pauline	Livingston	F35	PACE	10K	00:59:15	00:59:03
332	4404	Hannah	English	F35		10K	00:59:25	00:59:21
333	5328	Tracey	Ruane	F45	Newry city runners	10K	00:59:25	00:58:46
334	5394	Sharon	Anderson	F40	Fitness Factory	10K	00:59:26	00:59:05
335	5278	Joanna	Miskelly	F35	Crossgar Harriers	10K	00:59:29	00:59:03

336	5386	Lee	Williamson	M40		10K	00:59:29	00:58:58
337	5327	Margaret	Rowntree	F55		10K	00:59:32	00:59:10
338	5012	Aisling	Murray	FO		10K	00:59:35	00:58:46
339	5013	Niall	Murray	M50		10K	00:59:35	00:58:46
340	5320	Nicholas	Bolye	M50		10K	00:59:35	00:59:14
341	5433	rebecca	farrington	FO		10K	00:59:37	00:59:18
342	5493	Laura	Nelson	F35		10K	00:59:42	00:59:13
343	5089	Charles	Denvir	MO	Ballygalget AC	10K	00:59:44	00:59:06
344	5257	shanna	mcgready	FO		10K	00:59:44	00:58:48
345	4465	Mark	Gaskin	MO	Club pulse newry	10K	00:59:45	00:59:30
346	5510	Michael	Stubberfield	M55		10K	00:59:59	00:59:20
347	5275	Sarah	Mcsherry	FO		10K	01:00:00	00:59:39
348	5436	Jac	Gilkinson	F35		10K	01:00:01	00:59:29
349	5208	Louise	Madden	F35		10K	01:00:03	00:59:55
350	5156	Ruth	Herron	F40	None	10K	01:00:05	00:59:58
351	5418	Verity	Cornford	F35		10K	01:00:07	00:59:30
352	4760	David	Billings	M45	Monkstown Spartans	10K	01:00:08	00:59:18
353	5421	Andrew	Cromie	M35		10K	01:00:08	00:59:14
354	5492	selina	myles	F35	Orangetown AC	10K	01:00:08	00:59:31
355	5174	Claire	Johnston-Thompson	F40	Banbridge Athletics Club	10K	01:00:10	00:59:50
356	5021	Brian	Prior	M45		10K	01:00:11	00:59:22
357	5360	Sophie	Storey	F35		10K	01:00:15	00:59:38
358	5308	Gemma	Payne	F35		10K	01:00:16	00:59:38
359	5290	Karen	Mulholland	F50	Ballydrain harriers	10K	01:00:18	00:59:47
360	5359	Martin	Stewart	M35	Jog Lisburn	10K	01:00:18	00:59:48
361	5161					10K	01:00:19	01:00:09
362	4774	Sara	Allen	FO		10K	01:00:20	00:59:32
363	5477	joseph	mclaughlin	M55	jog lisburn running club	10K	01:00:25	00:59:52
364	5500	JUDITH	ROBINSON	F50	MURLOUGH AC	10K	01:00:25	01:00:13
365	5043	Barry	brannigan	M40		10K	01:00:26	01:00:09
366	5329	Donna	Russell	F35		10K	01:00:28	01:00:12
367	5111	david	fannin	M45	craigavon lakers	10K	01:00:33	00:59:49
368	5391	CLAIRE	WOODS	FO		10K	01:00:33	01:00:01
369	5112	GRAEME	FARRINGTON	M35		10K	01:00:35	01:00:16
370	5388	Lois	Wilson	F55		10K	01:00:37	01:00:18
371	5399	Judith	Bracken	F40		10K	01:00:39	00:59:54
372	5415	Reuben	Carlisle	MO		10K	01:00:48	00:59:52
373	5103	Kathryn	Eagleson	F40		10K	01:00:51	01:00:25
374	5004	Debbie	McLorinan	F40	JOG LISBURN	10K	01:00:59	01:00:28
375	5455	Richard	Lee	M55		10K	01:01:00	01:00:10
376	5397	Wendy	Bennett	F50		10K	01:01:05	01:00:15
377	5006	Rachel	McMillan	FO		10K	01:01:08	01:00:57
378	5497	Lynne	Peoples	F40		10K	01:01:09	01:00:09
379	5381	Eileen	Watson	F40		10K	01:01:10	01:01:00
380	5108	Triona	Faapito	F35	NorthEastRunners	10K	01:01:13	01:00:27
381	5215	Renata	malone	F45		10K	01:01:13	01:00:27
382	5392	Martin	Adams	M35		10K	01:01:15	01:00:41
383	4377	Patricia	Donnell	F45	Run-Anon	10K	01:01:29	01:00:43
384	4764	Jillian	Blue	F40		10K	01:01:32	01:01:06
385	5481	Jan	McMillan	F50	Saintfield Striders	10K	01:01:38	01:01:15
386	4437	Karen	Fullerton	F45		10K	01:01:39	01:00:53
387	5106	William	Elvin	M45		10K	01:01:40	01:01:20
388	5001	Jaimie	McGrath	F35		10K	01:01:42	01:00:54
389	4758	Megan	Beggs	FO	North Belfast harriers	10K	01:01:46	01:01:05
390	5375	Simon	Trimble	MO	Seapark AC	10K	01:01:54	01:01:26
391	5511	Michelle	Sweeney	F35	Ormeau Runners	10K	01:01:54	01:01:04

392	5127	Joan	Gilmore	F40	None	10K	01:01:57	01:01:02
393	5483	aine	mcshane	F40		10K	01:01:57	01:01:18
394	5158	Aaron	Hill	M45	Belfast Running Club	10K	01:02:02	01:01:32
395	5005	Seamus	McMahon	M60		10K	01:02:06	01:01:30
396	5336	Desiree	Schliemann	FO		10K	01:02:06	01:01:50
397	5363	Paula	Tavares	F35		10K	01:02:07	01:01:12
398	5364	Jose	Tavares	MO		10K	01:02:07	01:01:12
399	4755	Liam	Baxter	M35		10K	01:02:09	01:01:27
400	5294	Joanne	Murdy	F45		10K	01:02:26	01:02:02
401	5003	Brian	McLaughlin	M50		10K	01:02:28	01:01:37
402	5298	Chris	Nelson	MO		10K	01:02:29	01:02:22
403	5326	Shane	Rodgers	MO		10K	01:02:37	01:02:28
404	5121	Hugh	Gallagher	M45		10K	01:02:44	01:02:12
405	5311	Zara	Porter	FO		10K	01:02:46	01:01:53
406	5387	Doreen	McKeown	F55	BOSCO	10K	01:02:50	01:02:38
407	5484	john	mcshane	M40		10K	01:02:53	01:02:15
408	4467	Geoff	Geoff	M35		10K	01:03:04	01:02:13
409	5337	James	Scott	M55		10K	01:03:10	01:02:45
410	5281	Niamh	Monds	F45	Whitehead Runners	10K	01:03:14	01:02:53
411	5324	Gemma	Roddy	F35	Ballygalget AC	10K	01:03:14	01:02:48
412	4178	Adam	Brown	MO		10K	01:03:22	01:02:51
413	5301	Shenade	Duggan	F35		10K	01:03:24	01:02:31
414	5334	Sarah	Savage	FO		10K	01:03:25	01:02:36
415	5441	Sarah	Halliday	F40	Tri-Limits	10K	01:03:26	01:02:37
416	5367	Fiona	Teague	F55	Belfast Running Club	10K	01:03:40	01:02:42
417	5413	Mandy	Campbell	F45	Fitness Factory Lurgan	10K	01:03:49	01:03:27
418	5151	Deana	Harvey	F40		10K	01:03:50	01:02:45
419	5195	Zoe	Lennon	F50	PACE Antrim	10K	01:03:51	01:03:14
420	5424	Anne	Delaney	F35	Pace Running Club	10K	01:03:53	01:03:16
421	5374	james	travers	M40		10K	01:03:56	01:03:14
422	5432	Paul	Fairgrieve	MO		10K	01:03:57	01:03:15
423	5140	Emma	Gribbens	FO		10K	01:03:58	01:03:17
424	5431	Jane	Eakins	F35		10K	01:03:58	01:03:00
425	5398	Alan	Black	M45		10K	01:04:02	01:03:12
426	5462	Ann	Mallon	F55		10K	01:04:07	01:03:31
427	4753	Roisin	Barr	FO		10K	01:04:08	01:03:34
428	5019	Cara	O'Rourke	FO		10K	01:04:08	01:03:34
429	5125	Shauna	Gibson	F35	Run-Anon	10K	01:04:15	01:03:30
430	5355	jim	stephens	M45		10K	01:04:26	01:03:40
431	5536	Ryan	Fegan	MO		10K	01:04:28	01:03:34
432	5047	Sarah	Brown	FO		10K	01:04:30	01:03:36
433	4790	Jennifer	Long	F40		10K	01:04:34	01:03:55
434	5512	nicola	thompson	F35		10K	01:04:38	01:03:53
435	5203	Sonya	Mac	FO		10K	01:04:44	01:04:02
436	5332	Ruth	Sanders	F35		10K	01:04:46	01:04:03
437	5028	Gillian	Spence	F40		10K	01:04:49	01:04:33
438	5033	Rebecca	Tester	FO	Seapark AC	10K	01:04:53	01:04:31
439	5393	Trevor	Allen	M35	Acorns AC	10K	01:05:07	01:04:47
440	5130	KATE	GOODMAN	FO		10K	01:05:14	01:05:00
441	4788	Lauren	Lavery	FO	Seapark ac	10K	01:05:15	01:04:43
442	5535	Gavin	McConvey	M50		10K	01:05:25	01:05:00
443	5338	Maxi	Scullion	F45	Roxy's runners	10K	01:05:28	01:05:21
444	5061	Joseph	Clancy	M35		10K	01:05:32	01:04:52
445	5099	Kathryn	Beirne	F35	whitehead runners	10K	01:05:33	01:04:33
446	5144	Sarah Marie	Hamilton	F45	Dunboyne AC	10K	01:05:34	01:05:25
447	5368	Roisin	Toal	F50		10K	01:05:36	01:04:35

448	5516	Donna	Wills Hughes	F35		10K	01:05:43	01:04:53
449	5166	Tom	Hyndman	M65		10K	01:05:48	01:05:04
450	4772	n	Alexander	M45		10K	01:05:50	01:04:58
451	5372	Karen	McElroy	F30	Newry city runners	10K	01:06:00	01:05:39
452	5404	Janine	Burns	F45		10K	01:06:00	01:05:40
453	5390	Melanie	Wolfenden	F50		10K	01:06:04	01:05:24
454	5322	Paula	Roddy	F35	Ballygalget Athletics Cl	10K	01:06:13	01:05:38
455	5131	Lisa	Grace	F40		10K	01:06:14	01:05:41
456	5253	Alan	McGowan	MO	Murlough AC	10K	01:06:25	01:05:56
457	5063	Anne Marie	Clarken	F40	North Belfast Harriers	10K	01:06:26	01:05:45
458	5408	Orlagh	Caldwell	FO		10K	01:06:26	01:05:35
459	4777	Nicola	Annett	F35		10K	01:06:30	01:06:19
460	4795	Linda	Martin	F40	Jog Moira	10K	01:06:31	01:05:47
461	5135	Michael	Grant	M45		10K	01:06:39	01:06:15
462	5439	Phil	Graham	M40		10K	01:06:44	01:05:41
463	5534	Colleen	Muriagh	FO		10K	01:06:45	01:05:53
464	5305	sharon	orr	F45	Ballymena running club	10K	01:06:59	01:06:03
465	5093	Adrian	dodds	M40	Ballymena running club	10K	01:07:00	01:06:03
466	5165	Karen	Hunter	F45	Ballymena Runners	10K	01:07:00	01:06:03
467	5055	Jason	Campbell	MO		10K	01:07:04	01:06:17
468	5056	Elaine	Campbell	F35		10K	01:07:04	01:06:17
469	4754	caroline	barr	F45		10K	01:07:21	01:07:02
470	5071	Ruth	Cousins	F45		10K	01:07:21	01:06:32
471	4769	Jonathan	Adams	MO		10K	01:07:25	01:06:29
472	4775	Sarah	Allen	F45		10K	01:07:26	01:06:25
473	4506	Carol	Hanna	F40	Mourne Runners	10K	01:07:27	01:06:26
474	4450	Diane	Gardiner	F45		10K	01:07:36	01:06:42
475	5309	David	Perry	M45		10K	01:07:36	01:07:06
476	5277	tony	Miller	M45		10K	01:07:39	01:07:00
477	5527	Cathy	Brown	F50		10K	01:07:50	01:07:16
478	5237	LAURA	MCCARTAN	FO	Murlough ac	10K	01:07:56	01:07:28
479	5029	Andrea	Stafford	F45		10K	01:07:57	01:07:29
480	5159	Joanne	Hodge	F40		10K	01:07:58	01:07:13
481	4770	Christopher	Addis	MO		10K	01:07:59	01:07:44
482	5529	Sarah	Addis	FO		10K	01:07:59	01:07:44
483	5181	Rachel	Kelso	FO		10K	01:08:07	01:07:21
484	5315	Orlaith	Redmond	F35		10K	01:08:08	01:07:21
485	5076	Davina	Craven	F35	Sole Mates	10K	01:08:18	01:07:45
486	5157	Pauline	Hewitt	F55	Sole Mates	10K	01:08:18	01:07:45
487	5200	Rita	Loughran	F55	Sole Mates	10K	01:08:18	01:07:43
488	5199	Christine	Lougheed	F50	Scrabo Striders	10K	01:08:19	01:08:01
489	5086	Sarah	Davey	FO		10K	01:08:21	01:07:52
490	5369	Lynne	Todd	FO		10K	01:08:31	01:08:14
491	5370	Jill	Todd	FO		10K	01:08:31	01:08:15
492	5249	Dawn	McEvoy	F45	Tribal fitness	10K	01:08:33	01:07:49
493	4928	Monique	Singer	F35		10K	01:08:40	01:08:34
494	5218	Brendan	Doran	F35		10K	01:08:47	01:08:30
495	4334	Lindsay	Cunningham	F35		10K	01:09:08	01:08:15
496	5494	Conor	O'Boyle	MO		10K	01:09:21	01:08:30
497	5023	Emma	Ritchie	FO		10K	01:09:30	01:08:42
498	5344	Kathy	Smith	FO	Ballygalget Athletics clu	10K	01:09:45	01:08:49
499	5020	Bronagh	O'Shea	F35	Leitrim Ladies	10K	01:10:08	01:09:52
500	5346	JAMES	SMITH	M35		10K	01:10:09	01:09:25
501	5229	Jennifer	McAteer	FO	Newry City Runners	10K	01:10:11	01:09:41
502	5018	John Andrew	O'Neill	M45		10K	01:10:13	01:09:20
503	4360	Violet	Davidson	F70	Ballydrain Harriers	10K	01:10:15	01:09:46

504	4794	Laura	Mallaghan	F50	None	10K	01:10:29	01:09:46
505	4765	Natalie	Boyce	F40		10K	01:10:44	01:09:57
506	5167	Jacinta	Casement	F35		10K	01:10:50	01:09:57
507	5345	Kerri	Smith	FO		10K	01:10:54	01:10:06
508	5150	Alison	Harte	F40		10K	01:10:55	01:10:22
509	5339	roisin	sherlock	F40	Run-Anon	10K	01:10:56	01:10:18
510	5323	Donna	Roddy	FO	Ballygalget AC	10K	01:10:57	01:10:17
511	4492	Alan	Hall	M35		10K	01:11:09	01:10:47
512	5243	Julie	McCollum	F35		10K	01:11:23	01:10:24
513	5473	Clive	McFarland	M35		10K	01:11:28	01:10:24
514	5474	Catherine	McFarland	F40		10K	01:11:28	01:10:24
515	5206	Cathy	Macpherson	F50	Ormeau Runners	10K	01:11:35	01:10:36
516	5267	Lesley	McLean	F40		10K	01:11:42	01:10:43
517	5506	Lorraine	Smyth	F45		10K	01:11:42	01:11:01
518	5118	PAULA	FOYE	F40		10K	01:11:43	01:11:16
519	5461	Sarah	Malcolmson	F35	Orangetown AC	10K	01:11:43	01:11:16
520	5077	Katy	Crawford	FO		10K	01:11:44	01:11:30
521	5276	Michael	Millar	MO		10K	01:12:02	01:11:29
522	5287	Emma	Morgan	F35		10K	01:12:02	01:11:06
523	5348	Paula	Smyth	F35	Leitrim Ladies	10K	01:12:24	01:12:12
524	5210	Joanne	Magee	F50		10K	01:12:33	01:11:52
525	5212	Robert	Magee	M60	None	10K	01:12:34	01:11:52
526	5537	Lauren	Caldwell	FO		10K	01:12:35	01:11:44
527	5406	Vicki	Caddy	F45		10K	01:12:38	01:12:09
528	4789	Pat	Leneghan	M55		10K	01:12:39	01:12:14
529	5194	Paula	Leneghan	F50	Liatroim Ladies	10K	01:13:06	01:12:53
530	5034	antoinette	thornbury	F45	sole mates	10K	01:13:23	01:13:03
531	5095	Therese	Donnelly	F45		10K	01:13:37	01:12:37
532	5223	Christine	Martin	F50		10K	01:13:37	01:12:37
533	5041	nuala j	brady	F50	Sole mates	10K	01:14:01	01:13:26
534	5129	Kim	Gleave	F55	County antrim harriers	10K	01:14:14	01:13:16
535	5289	Marion	Morrow	F55	County Antrim Harriers	10K	01:14:15	01:13:18
536	5429	Rhona	Dunne	FO		10K	01:14:16	01:13:45
537	5245	Paul	McCorry	M35	Belfast Running Club	10K	01:14:20	01:13:51
538	5488	Sonia	Morgan	F40		10K	01:14:22	01:13:53
539	5050	Leona	Burns	F40	Shore to Shore Runner	10K	01:14:50	01:14:29
540	5171	MATTHEW	JOHNSTON	M40		10K	01:15:22	01:14:34
541	5022	REGINALD	RANKIN	M50		10K	01:15:41	01:14:58
542	5265	James	Mcknight	M35	Shore to shore runners	10K	01:15:44	01:15:22
543	5321	Zoe	Robinson	F40		10K	01:15:55	01:15:03
544	5078	Angie	Crone	F40	Scrabo Striders	10K	01:16:03	01:15:46
545	5222	Marea-Louise	Martin	F35		10K	01:16:04	01:15:28
546	5509	Jeyan	Sreekumar	MO		10K	01:16:09	01:15:34
547	4367	Anne	Devlin	F50	Orangetown AC	10K	01:16:24	01:15:59
548	5147	Stephen	Craig	M55	Orangetown AC	10K	01:16:24	01:16:00
549	5190	Suzi	Kinney	F35	Scrabo Striders	10K	01:16:57	01:16:40
550	5478	Danielle	McLaughlin	FO	Whitehead Runners	10K	01:16:57	01:15:58
551	5350	Szymon	Spychalski	MO	Almost Irish	10K	01:16:59	01:16:37
552	5248	Susan	MCELROY	F75		10K	01:18:22	01:18:12
553	5030	jennifer	stafford	F50		10K	01:18:59	01:18:21
554	4779	Jane	Askin	F35		10K	01:19:06	01:18:47
555	5152	David	Harvey	M35		10K	01:19:43	01:18:40
556	5213	Rhonda	magowan	F40	Scrabo striders	10K	01:20:36	01:20:02
557	5230	Martin	Taylor	M30		10K	01:22:01	01:20:58
558	5420	david	crawford	MO		10K	01:22:01	01:20:59
559	5454	Jen	Larkin	FO		10K	01:22:15	01:21:27

560	4939	Sara	Madden	FO		10K	01:22:16	01:21:28
561	5518	Graham	Young	M35		10K	01:23:25	01:23:02
562	4752	Tony	Barclay	M55	Co Antrim Harriers	10K	01:23:44	01:22:49
563	4761	Patricia	Bingham	F40	North Belfast Harriers	10K	01:23:44	01:22:50
564	4773	Denise	Allely	F45		10K	01:23:44	01:23:30
565	5079	Laura	Crothers	F35		10K	01:23:46	01:22:51
Pos	Bib	Firstname	Lastname	Cat	Club	Bib	Finish	Chiptime
1	4899	Sam	Linton	M35	Acorns AC	5K	00:18:05	00:18:04
2	4923	Ann	Terek	F50	City of Lisburn	5K	00:19:19	00:19:17
3	4949	Samuel	Foster	MO		5K	00:19:31	00:19:30
4	4967	Robbie	Marsh	M40		5K	00:19:45	00:19:43
5	4963	Harry	Bell	MO		5K	00:21:21	00:21:20
6	4913	Karalee	Porter	F35	Mourne Runners	5K	00:21:33	00:21:32
7	4839	Meadow	McCauley	FO	St. Peter's AC	5K	00:21:53	00:21:53
8	4925	James	Vennard	MO		5K	00:21:53	00:21:52
9	4818	Ron	Gardiner	M50		5K	00:22:26	00:22:22
10	4932	Ramesh	Rana	M45		5K	00:22:54	00:22:51
11	3292	Ashley	Briggs	MO		5K	00:22:57	00:22:54
12	4848	CORMAC	MCQUILLAN	MO		5K	00:23:12	00:23:05
13	4877	Maria	Blaney	FO		5K	00:23:53	00:23:49
14	4867	Edward	Walls	MO		5K	00:24:01	00:23:59
15	4951	Matthew	Mcmanus	MO		5K	00:24:09	00:23:54
16	5065	Stevie	Clelland	MO	NDNP	5K	00:25:01	00:24:55
17	4838	Joanne	McCauley	F40	St. Peter's AC	5K	00:25:15	00:25:13
18	4917	Keith	Rafferty	M35		5K	00:25:24	00:25:15
19	4956	Gabrielle	Gardiner	FO	COLA	5K	00:25:34	00:25:31
20	4861	David	Sands	M50		5K	00:25:39	00:25:34
21	4863	Robert	Stockley	M45		5K	00:25:48	00:25:46
22	5300	Daniel	O'Hagan	MO		5K	00:26:05	00:25:41
23	4834	Diane	Matthews	FO		5K	00:26:21	00:26:14
24	4131	Vicky	McVeigh	F35		5K	00:26:28	00:26:21
25	4969	Eva	Winters	FO	Slieve Gullion Runners	5K	00:26:32	00:26:31
26	4893	Grace	Hanna	FO	Murlough Athletic Club	5K	00:27:07	00:27:07
27	4947	Christine	Faloon	FO		5K	00:27:16	00:27:15
28	4945	Tyrone	Graham	MO		5K	00:27:19	00:27:18
29	4140	Samantha	Billings	FO	Monkstown Spartans	5K	00:27:21	00:27:20
30	4970	Sinead	Reel	F35	Slieve Gullion Runners	5K	00:27:27	00:27:17
31	4915	Julie	Purcell	F45	Big fish runners	5K	00:27:30	00:27:22
32	4912	TONI	O'NEILL	FO		5K	00:27:43	00:27:30
33	4875	Laura	Barr	FO	Murlough AC	5K	00:27:53	00:27:48
34	4001	Catherine	Davey	FO		5K	00:27:57	00:27:49
35	4807	Kevin	Duncan	MO		5K	00:28:02	00:27:37
36	4905	Peter	McEvoy	M35		5K	00:28:16	00:28:13
37	4862	Samantha	Sands	F35		5K	00:28:21	00:28:18
38	4968	Evelyn	Marsh	F35		5K	00:28:21	00:28:07
39	4948	Michael	Thompson	Mo		5K	00:28:23	00:28:22
40	4129	Ciara	McGrady	FO		5K	00:28:25	00:28:20
41	4941	Julie	Craig	F35		5K	00:28:28	00:28:19
42	4931	Maria	Walsh	F35		5K	00:28:31	00:28:19
43	4930	Derval	Rea	F40		5K	00:28:33	00:28:21
44	4043	kirsty	Kelly	F40		5K	00:28:36	00:28:33
45	4835	Teresa	McAnearney	F50	Roxy's Runner	5K	00:28:37	00:28:25
46	4810	Seana	Eyre	FO		5K	00:28:38	00:28:30
47	4907	Wendy	McKeown	F45	Murlough AC	5K	00:28:39	00:28:32
48	4876	Catherine	Barrett	FO		5K	00:28:40	00:28:34
49	4946	Sarah	Semple	FO		5K	00:28:42	00:28:42

50	4836	Debbie	MCALINDEN	F35		5K	00:28:45	00:28:30
51	4849	Ciara	McVicker	F35	Pace	5K	00:28:49	00:28:33
52	4944	Vincey	McCaffrey	M50	Pace	5K	00:28:50	00:28:35
53	4864	Margaret	Sutherland	F35		5K	00:28:52	00:28:48
54	4934	Malcolm	McMillan	M54		5K	00:28:52	00:28:38
55	4809	Melannie	Edmondson	F35		5K	00:29:02	00:28:51
56	4833	Joy	Logan	FO		5K	00:29:07	00:28:48
57	4881	Michael	Carson	M50		5K	00:29:10	00:29:05
58	4891	Leon	Geraghty	MO		5K	00:29:16	00:29:14
59	1371	Emma	Blakely	FO		5K	00:29:18	00:29:09
60	4975	Tom	McManuus	MO		5K	00:29:18	00:29:03
61	4808	Jaen	Stone	F55	Orange grove	5K	00:29:19	00:29:11
62	4811	Karen	Ferguson	F55		5K	00:29:19	
63	4824	Nicola	Poole	FO		5K	00:29:33	00:29:27
64	4830	Ciara	James	F35		5K	00:29:34	00:29:26
65	4950	James	maxwell	M40		5K	00:29:34	00:29:31
66	4826	Myrtle	Haugh	F55	Mourne Runner	5K	00:29:35	00:29:20
67	4888	Anne	Flynn	F45		5K	00:29:36	00:29:18
68	4133	Grace	Newell	FO		5K	00:29:38	00:29:23
69	4902	john	mccallister	M45		5K	00:29:38	00:29:31
70	4914	janette	potts	F45		5K	00:29:38	00:29:31
71	4954	Catherine	Scannell	FO		5K	00:29:39	00:29:34
72	4933	Mark	McCartney	M42		5K	00:29:54	00:29:37
73	4958	Ashleigh	Currie	FO		5K	00:29:54	00:29:38
74	4895	Alex	Huey	FO		5K	00:29:55	00:29:55
75	4957	Hazel	Jordan	FO		5K	00:29:55	00:29:38
76	4908	Kerry	McManus	F35		5K	00:29:56	00:29:40
77	1372	Sarah	Bowskill	F35		5K	00:30:04	00:29:57
78	4828	John	Hewitt	M55	Sole Mates	5K	00:30:08	00:30:04
79	4842	Laura	McDonald	F35	Sole Mates	5K	00:30:11	00:30:06
80	4936	David	Corrie	MO		5K	00:30:20	00:30:18
81	4916	Shirley	Quinn	F35		5K	00:30:23	00:30:20
82	4922	Peter James	Shields	MO		5K	00:30:23	00:30:20
83	4927	Nikki	Keery	F35	Scrabo striders	5K	00:30:33	00:30:23
84	4144	Rosalind	Cafolla	FO		5K	00:30:34	00:30:14
85	4856	Nick	Rafferty	M50		5K	00:30:37	00:30:31
86	3996	Catherine	Clendenning	FO		5K	00:30:45	00:30:21
87	4847	Tracey	McMullan	MO	NDNP	5K	00:30:45	00:30:37
88	5376	Aisling	Vallely	FO		5K	00:30:51	00:30:27
89	4880	Liz	Carson	F50		5K	00:30:52	00:30:47
90	4146	Stephanie	Carlisle	F40		5K	00:30:59	00:30:43
91	4851	Jaine	Minnis	F55		5K	00:31:08	00:31:02
92	4904	Amy	Mcdowell	F45		5K	00:31:10	00:30:58
93	4966	Colman	O'Hagan	M65	Ballymena Runner	5K	00:31:14	00:30:52
94	4806	Stephen	Dowery	M35		5K	00:31:18	00:30:55
95	4924	Shauna	Trimble	F40	Mourne Runners	5K	00:31:18	00:31:12
96	4149	Ruth	Counihan	F40		5K	00:31:20	00:30:57
97	4901	Wynona	McBride	F40	Challenge Fitness	5K	00:31:26	00:31:22
98	4803	Senga	Craig	F50	Larne AC	5K	00:31:43	00:31:38
99	4883	Thomas	Craig (Snr)	M55	Larne AC	5K	00:31:43	00:31:35
100	4929	Ruth	Hosty	F40	Fitness Factory Lurgan	5K	00:31:43	00:31:21
101	4942	Iain	Carlisle	M40		5K	00:31:46	00:31:31
102	4145	Laura	Carlisle	F35		5K	00:31:47	00:31:32
103	4840	Amy	McClenaghan	FO		5K	00:32:05	00:31:37
104	4841	Thomas	McCreanor	M50		5K	00:32:14	00:31:49
105	4860	Joan	Sands	F50		5K	00:32:16	00:32:11

106	4872	Andrea	wallace	F35	Mourne Runners	5K	00:32:24	00:32:10
107	4890	Laura	Galloway	FO		5K	00:32:34	00:32:14
108	4892	Nora	Gilbody	F45	Ormeau Runners	5K	00:32:43	00:32:29
109	4832	Gillian	Kennedy	F40		5K	00:32:46	00:32:23
110	4859	Dylan	Rooney	MO		5K	00:32:48	00:32:38
111	4896	Emer	Keane	FO		5K	00:32:50	00:32:39
112	4143	Pamela	Burke	F40		5K	00:32:54	00:32:36
113	4900	Andrea	Maguire	FO		5K	00:33:03	00:32:51
114	4973	Katarzyna	Kazmierska	FO		5K	00:33:04	00:32:52
115	4827	Lauren	Haughey	F35		5K	00:33:11	00:32:52
116	4855	Deborah	Patton	FO		5K	00:33:19	00:33:14
117	4897	Scot	Knight	M45	Scrabo Striders	5K	00:33:20	00:33:10
118	4898	Denise	Knight	F40	Scrabo Striders	5K	00:33:22	00:33:12
119	4850	Hannah	Minnis	FO		5K	00:33:23	00:33:19
120	4138	Charlotte	Stronge	FO		5K	00:33:24	00:33:12
121	4137	Stephanie	Stronge	FO		5K	00:33:25	00:33:13
122	4008	davy	fee	M45		5K	00:33:26	00:33:26
123	4813	Grainne	Fitzpatrick	FO		5K	00:33:27	00:33:09
124	4887	Catherine	Fitzpatrick	FO		5K	00:33:27	00:33:08
125	4953	Charlene	Byer	F33		5K	00:33:27	00:33:15
126	4952	Paul	Byers	M40		5K	00:33:30	00:33:17
127	4959	Rose	Sloan	FO	Womans Hospice chall	5K	00:33:44	00:33:30
128	4142	Gillian	Brown	F50		5K	00:33:48	00:33:37
129	4974	Joanne	Hardy	F40		5K	00:33:51	00:33:37
130	4816	Laurie	Gaffney	FO	Scrabo striders	5K	00:33:55	00:33:46
131	4139	Donna	Baker	FO		5K	00:33:56	00:33:46
132	4921	Grace	Shields	F40		5K	00:33:56	00:33:52
133	4846	barbara	mckeever	F50	Alberville Harrieras	5K	00:33:58	00:33:50
134	4878	Rachael	Campbell	FO	Fitness Factory Lurgan	5K	00:33:59	00:33:35
135	4910	anita	meli	F40		5K	00:33:59	00:33:51
136	4894	Jonathan	Harbinson	MO	Fitness factory lurgan	5K	00:34:01	00:33:39
137	4873	Calanthia	Lilburn	F35		5K	00:34:03	00:33:56
138	4817	Marianne	Gallagher	F45		5K	00:34:18	00:34:15
139	4869	Mandy	Wethers	F50		5K	00:34:18	00:34:07
140	4882	Amy	Chambers	FO		5K	00:34:33	00:34:19
141	4940	Joy	Creane	F45		5K	00:34:45	00:34:45
142	4011	shirley	graham	F40		5K	00:34:48	00:34:33
143	4016	Catherine	GRAHAM	FO		5K	00:34:49	00:34:34
144	4971	Catherine	Marmion	F35	Slieve Gullion Runners	5K	00:35:05	00:34:56
145	4976	Sarah	Cuming	FO		5K	00:35:10	11:53:21
146	4804	Aidan	Creamer	M45	NA	5K	00:35:11	00:34:25
147	4027	nicola	Johnston	F35		5K	00:35:13	00:35:13
148	4955	Simone	Ryans	F30		5K	00:35:13	00:34:52
149	4039	Annette	Jordan	F50	Run Anon	5K	00:35:24	00:35:14
150	4889	Niamh	Fogarty	F35	Run Anon	5K	00:35:24	00:35:13
151	4906	Deirdre	McKenny	F50	Run Anon	5K	00:35:24	00:35:14
152	4920	Karen	Rowe	F40		5K	00:35:27	00:35:13
153	4135	Hazel	Nicholl	F55	Jog Moira	5K	00:35:38	00:35:24
154	4141	Suzanne	Brook	F40		5K	00:35:49	00:35:41
155	4870	Wendy	Williamson	F35		5K	00:35:50	00:35:42
156	4884	Christine	Cummins	F40		5K	00:35:50	00:35:36
157	4000	Adelle	Connor	F35		5K	00:35:55	00:35:42
158	4911	Ashley	Morren	FO		5K	00:36:22	00:36:09
159	4960	Dermot	Dunne	MO		5K	00:36:24	00:36:16
160	4961	Leanne	McAuley	FO		5K	00:36:24	00:36:16
161	4871	Linda	Woods	F45		5K	00:36:26	00:36:14

162	4885	Ruthette	Donaldson	F50		5K	00:36:47	00:36:44
163	4865	Seaneen	Trimble	FO		5K	00:36:54	00:36:31
164	4805	Siobhan	Creamer	M45	NA	5K	00:37:04	00:36:16
165	4829	michaela	holland	FO		5K	00:37:05	00:36:31
166	4886	Sharon	Duffy	F40		5K	00:37:12	00:37:06
167	4909	Brendan	Mcverry	M40		5K	00:37:14	00:37:08
168	4964	Kevin	Duffy	M50	Ballymena Runners	5K	00:37:15	00:36:53
169	4965	Judith	Irwin	F45	Ballymena runners	5K	00:37:15	00:36:54
170	4962	Alistair	Carson	M45		5K	00:37:16	00:37:10
171	4972	David	McKone	M44		5K	00:37:36	00:36:58
172	4852	Briege	Morren	FO		5K	00:38:03	00:37:50
173	4148	kim	cochrane	F45	scrabo striders	5K	00:38:18	00:38:05
174	4919	Charleen	Rooney	FO		5K	00:38:46	00:38:23
175	4845	Kiava	McGuckin	FO		5K	00:38:47	00:38:26
176	4874	Rebecca	Adamson	FO		5K	00:38:51	00:38:30
177	4858	Shanna	Rice	FO		5K	00:39:19	00:38:54
178	4812	Caroline	Finlay	FO		5K	00:39:20	00:38:55
179	4918	Jessie	Roberts	FO		5K	00:39:25	00:39:05
180	4136	Teresa	O'Neill	F45		5K	00:39:43	00:39:26
181	4853	Fintan	Murphy	MO		5K	00:39:49	00:39:31
182	4937	Hannah	Clancy	FO		5K	00:39:49	00:39:31
183	4127	Neil	McCormick	M40	Ballydrain harriers	5K	00:40:34	00:40:20
184	4825	Arlene	Hamilton	F60		5K	00:40:50	00:40:43
185	4111	ciara	lundy	FO		5K	00:41:13	00:40:48
186	4868	Hannah	Watson	FO		5K	00:41:51	00:41:32
187	4926	Melanie	Addis	F36		5K	00:41:52	00:41:41
188	4831	Jamie	Johnston	M50		5K	00:42:17	00:41:12
189	4125	Emma	Manton	F35		5K	00:42:22	00:42:04
190	3995	Patricia	MCAULEY	F53		5K	00:43:01	00:42:41
191	4879	Kelly	Carlisle	F35	Mallusk harrier	5K	00:43:38	00:43:13
192	4823	Joanne	haddock	F40	mallusk harriers	5K	00:43:40	00:43:15
193	4935	Chris	Condie	M35		5K	00:44:27	00:44:06
194	4800	Kerri-Anne	Craig	FO	Larne AC	5K	00:53:29	00:53:12
195	4943	Catherine	TODD	F35	Larne ac	5K	00:53:29	00:53:12
196	4802	Gillian	Craig	F35	Larne AC	5K	00:53:30	00:53:13
197	4801	Thomas	Craig	MO	Larne AC	5K	00:53:31	00:53:14

