

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
1	4083	Mark	McKinsry	NBH	MO	00:31:47	00:31:46
2	3847	William	Mckee	mourne	MO	00:31:57	00:31:56
3	4112	Allan	Bogle	City of Derry AC	M35	00:33:34	00:33:34
4	4098	Bliadhon	Maghera	Acorns AC	MO	00:35:01	00:34:59
5	4062	Aaron	Woodman	Pace	MO	00:35:19	00:35:18
6	4108	Eoin	Hughes		M30	00:35:47	00:35:45
7	3832	Wesley	McDowell	Dromore ac	M35	00:35:52	00:35:51
8	3555	Mark	Cornett	St Peter AC	MO	00:35:57	00:35:56
9	3651	Laura	Graham	Mourne runners	FO	00:36:03	00:36:02
10	3928	Stephen	O'Gorman		MO	00:36:27	00:36:26
11	3420	Matthew	McCombe		MO	00:36:40	00:36:38
12	3650	David	Graham		M45	00:36:45	00:36:43
13	3552	Oliver	Cook		MO	00:36:48	00:36:46
14	4043	Mark	Walker	Marathon Club Ireland	M45	00:37:00	00:36:58
15	3985	Conor	Shiels	North Belfast Harriers	MO	00:37:20	00:37:18
16	3994	Mark	Smith		M45	00:37:21	00:37:17
17	3725	Ian	Keys	#TeamKeys	MO	00:37:29	00:37:26
18	3623	Jonathan	Francey		MO	00:37:45	00:37:41
19	4106	Louise	Smith	North Belfast Harriers	F35	00:37:48	00:37:47
20	3697	Philip	Hunter		M40	00:37:52	00:37:49
21	3970	John	Robinson		M40	00:38:19	00:38:16
22	3499	Jamie	Brannigan		MO	00:38:27	00:38:24
23	3934	Aidan	O'Neill	Run-anon	M45	00:38:41	00:38:35
24	3626	Alistair	Fulton		MO	00:38:52	00:38:40
25	3426	John	Miskimmin		MO	00:39:03	00:38:58
26	4024	Pauline	Thom	Ballymena &Antrim AC	F45	00:39:11	00:39:09
27	4087	Gerard	McNamara		M40	00:39:15	00:39:11
28	4077	Laura	Bickerstaff	Dromore AC	FO	00:39:27	00:39:26
29	3987	Ronald	Simms		M40	00:39:39	00:39:34
30	3470	Leigh	Stewart	Mourne Runners	MO	00:39:48	00:39:46
31	3611	Michael	Faloon		M40	00:39:49	00:39:46
32	3667	Patsy	Hamill	MALLUSK	M40	00:39:52	00:39:51
33	3693	Kyle	Hughes	Ballycastle Runners	M35	00:39:54	00:39:44
34	3775	Brian	Mallon		MO	00:40:00	00:39:54
35	3462	Ryan	Armstrong		M45	00:40:08	00:40:03
36	3858	Naoise	McLoughlin		M45	00:40:11	00:40:05
37	3528	Reggie	Campbell		M55	00:40:13	00:40:11
38	3843	Patrick	Mcguckin	Mallusk	M40	00:40:15	00:40:11
39	3986	Mark	Simmons		MO	00:40:22	00:40:11
40	4055	Ross	Wilcox	PACE Running Club	M35	00:40:26	00:39:57
41	3861	Mark	McMahon	Beechmount Harriers	M35	00:40:31	00:40:26
42	3887	Cathal	Morgan	Newry City Runners	MO	00:40:40	00:40:35
43	3480	Adrian	Bennett		M45	00:40:41	00:40:40
44	3291	Jordan	Nixon		MO	00:40:53	00:40:50
45	3681	Stuart	Hatfield		M40	00:41:06	00:41:04
46	3561	Elisoa	Crawford	SeaparkAC	F40	00:41:20	00:41:15
47	4088	Geraldine	Quigley	Ballymena Runners	M40	00:41:20	00:41:15
48	3451	Paul	Alister		M50	00:41:23	00:41:21
49	3424	Stephen	Austin		M45	00:41:27	00:41:26

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
50	3522	URSULA	CAMPBELL		F45	00:41:29	00:41:28
51	4091	Andrew	Rivers	Pace Running Club	M40	00:41:32	00:41:29
52	3523	Daniel	Campbell		M40	00:41:34	00:41:30
53	3991	Sebastian	Slotwinski	Almost Irish	M35	00:41:34	00:41:28
54	3648	Gordon	Glass		M45	00:41:43	00:41:41
55	3967	Catherine	Roberts	North Down Athletic Club	F40	00:41:49	00:41:39
56	3598	Paul	Duncan		M40	00:41:53	00:41:45
57	4100	Barry	Mairs		M35	00:41:59	00:41:49
58	3836	Jimmy	Mcfadden	Team Runwell	M45	00:42:00	00:41:55
59	3910	Daniel	Murray		M35	00:42:18	00:42:14
60	3927	Michael	O'Donoghue	Orangethroat AC	M40	00:42:25	00:42:13
61	3583	Hugh	Dickson		M55	00:42:37	00:42:35
62	3925	Niamh	O'Connell	Murlough AC	F40	00:42:38	00:42:36
63	4095	Karen	Finlay	Belfast Running Club	F30	00:42:38	00:42:30
64	4096	Richie	Finlay		MO	00:42:38	00:42:29
65	3599	Stephen	Dunn	St Peters	M45	00:42:41	00:42:38
66	4075	Craig	Parmenter		MO	00:42:42	00:42:41
67	3548	Brendan	Connolly		M60	00:42:45	00:42:42
68	3570	Kealan	Curran	Newry City Runners	M35	00:42:47	00:42:40
69	4074	Neil	Campbell		MO	00:42:47	00:42:45
70	3640	Robin	Gillespie		M40	00:42:52	00:42:44
71	3671	Christopher	Hamilton		MO	00:42:58	00:42:44
72	3500	James	Brannigan		M40	00:43:02	00:42:59
73	4016	Nicola	SWINSON		F45	00:43:03	00:42:50
74	3485	Stephen	Black	Dromore AC	M45	00:43:15	00:43:12
75	3737	Kieran	Lappin		M35	00:43:17	00:43:03
76	3706	Arron	Johnston		M40	00:43:33	00:43:28
77	3666	Ernest	Hall	Dromore ac	M60	00:43:34	00:43:29
78	3568	Mark	Crothers		M40	00:43:35	00:43:23
79	3680	Paul	Hartley		MO	00:43:35	00:43:19
80	3828	Ed	McDonald		M45	00:43:35	00:43:23
81	3504	Patricia	Brown	Newry City Runners	F55	00:43:36	00:43:32
82	3728	Alastair	King		M35	00:43:39	00:43:14
83	3718	Mark	Kelly	Ballymena Runners	M35	00:43:44	00:43:40
84	3812	Alanah	McCombe	Seapark AC	FO	00:43:44	00:43:36
85	3892	Craig	Morton		M35	00:43:55	00:43:24
86	3951	Jim	Pow		M50	00:43:59	00:43:53
87	3915	John	Nelson	Belfast Running Club	M50	00:44:00	00:43:57
88	4049	Richard	Watt		M35	00:44:10	00:44:08
89	3674	Neil	Hanley		MO	00:44:14	00:43:35
90	3947	Nathan	Porter		MO	00:44:15	00:43:52
91	3846	George	McKee	Belfast Running Club	M50	00:44:16	00:44:13
92	3644	Keith	Gilmore		M35	00:44:19	00:44:08
93	3973	Andrew	Rollins		MO	00:44:21	00:44:09
94	3885	Derek	Moorhead		M45	00:44:22	00:44:18
95	3883	Gerard	Moore	Blayney Rockets	M55	00:44:23	00:44:19
96	3543	Simon	McFarland		MO	00:44:26	00:44:18
97	4009	Paul	Stewart		M40	00:44:27	00:44:23
98	3945	Neil	Patton		M50	00:44:29	00:44:25

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
99	3492	Gerald	Boyle	newry city runners	M35	00:44:30	00:44:24
100	3620	Wendy	Fleming	Dromore AC	F35	00:44:31	00:44:23
101	3931	Graeme	O'Hara	County Antrim Harriers	M40	00:44:38	00:44:15
102	3675	Andrew	Hanna		M35	00:44:43	00:44:40
103	3998	Paul	Smyth		M35	00:44:48	00:44:41
104	3880	Ian	Montgomery		M50	00:44:52	00:44:43
105	3893	Gareth	Morton		MO	00:44:54	00:44:38
106	3786	Ryan	Matthews	Blayney Rockets	MO	00:44:56	00:44:42
107	3789	Kathryn	McAlister	Belfast Running Club	FO	00:45:08	00:45:01
108	3634	Andrew	Gibson	Dromore AC	MO	00:45:17	00:44:52
109	4115	Noel	McGrogan		MO	00:45:23	00:45:17
110	3992	Louise	Smart	county antrim harriers	F35	00:45:24	00:45:16
111	3476	Alastair	Beacom		MO	00:45:25	00:45:15
112	3421	Gary	Blythe	North Belfast harriers	M45	00:45:26	00:45:05
113	3908	Christopher	Murray	north belfast harriers	MO	00:45:27	00:45:06
114	3576	Trevor	Denton	NICSAC	M50	00:45:35	00:45:10
115	4080	Oliver	Mulholland		M35	00:45:37	00:45:33
116	3921	Andrew	Noble		MO	00:45:38	00:45:23
117	3879	Patrick	Montgomery		MO	00:45:42	00:45:10
118	4052	Mark	Welsh	Seapark AC	M40	00:45:44	00:45:36
119	3864	Stuart	McNeilly	Mourne runners	MO	00:45:46	00:45:42
120	3877	Dermot	Mitchell		MO	00:45:49	00:45:40
121	3949	Jonathan	Porter	Belfast Running Club	M35	00:45:49	00:45:40
122	3990	Ruth	Sloan	Mourne Runners	FO	00:45:50	00:45:48
123	3436	Gerry	McKenna		M35	00:45:51	00:45:45
124	3502	Sean	Browes		M45	00:45:51	00:45:19
125	3537	Paul	Clegg		M35	00:45:51	00:45:42
126	3427	Gillian	Miskimmin		F35	00:46:02	00:45:57
127	3456	Matthew	Allen		MO	00:46:02	00:45:52
128	3572	Raymond	Davis		M40	00:46:04	00:45:55
129	3511	Seamus	Burke		M50	00:46:08	00:46:04
130	3891	Ian	Morrow	JLRC	M50	00:46:08	00:45:43
131	4034	Tim	Townsend	Road Runners Club	M50	00:46:10	00:45:46
132	3867	Sean	McShane		MO	00:46:15	00:46:00
133	3757	Ben	Loughran		MO	00:46:18	00:46:06
134	4070	Stefan	Hart		MO	00:46:25	00:46:12
135	3647	Graham	Glass		M35	00:46:26	00:46:15
136	3518	Helen	Byers	North Down AC	F35	00:46:27	00:46:17
137	3785	Jonathan	Martin		M45	00:46:30	00:46:21
138	4081	stephen	montgomery		m35	00:46:32	00:46:02
139	3872	Cherry	McVeigh		FO	00:46:33	00:46:08
140	3805	Thomas	McClellan		M40	00:46:34	00:46:29
141	4053	Nigel	Wethers	Nigel	M55	00:46:34	00:46:16
142	3616	Kyle	Ferris		M35	00:46:37	00:46:11
143	4084	Aidy	Winters	Rathfriland Runners	MO	00:46:38	00:46:02
144	3551	Chris	Conville		MO	00:46:39	00:46:30
145	3527	Alan	Campbell	Fitness Factory Lurgan	M45	00:46:41	00:46:28
146	3467	Zara	Baird	Dromore AC	FO	00:46:42	00:46:27
147	4057	Helen	Williams	South Shields Harriers & AC	FO	00:46:42	00:46:31

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
148	3687	Keith	Heslip		M45	00:46:44	00:46:33
149	3694	Patrick	Hughes		M40	00:46:45	00:46:25
150	3964	Janice	Reid	Dromore AC	F50	00:46:45	00:46:25
151	3457	Aaron	Anderson	Co. Antrim Harriers	MO	00:46:46	00:46:23
152	3860	Owen	McMahon		M40	00:46:47	00:46:24
153	3433	Fearghal	Laverty		M35	00:46:53	00:46:36
154	3813	David	McConnell		M40	00:46:58	00:46:09
155	3954	Mary	Quinn		F50	00:46:59	00:46:50
156	3549	Gary	Connolly	Seapark	M50	00:47:04	00:46:52
157	3554	Gillian	Cordner		F40	00:47:04	00:46:53
158	4046	Noel	Walsh		M35	00:47:05	00:46:49
159	4071	Wayne	Harcourt		MO	00:47:08	00:46:55
160	3834	Cathal	McEnhill		M50	00:47:22	00:46:27
161	3557	Ruth	Corry		FO	00:47:30	00:47:15
162	3965	Keith	Reilly	Unattached	M35	00:47:34	00:47:22
163	3950	James	Porter		M40	00:47:35	00:47:16
164	3703	Simon	Jenkinson		MO	00:47:39	00:47:28
165	3733	Andrew	Knox		M35	00:47:40	00:46:57
166	3597	Shane	Duffy	Born2run	MO	00:47:51	00:47:26
167	4028	Marty	Timlin	St Peters AC	M45	00:47:53	00:47:39
168	3656	Mervyn	Gregson		M45	00:47:58	00:47:06
169	2914	Paul	Taggart		M35	00:48:00	00:47:42
170	3977	Stephen	Saulters		MO	00:48:04	00:47:44
171	3628	Colin	Gamble		M40	00:48:06	00:47:52
172	3975	Harry	Russell	Crossgar Harries	M45	00:48:07	00:47:33
173	3838	Connor	Mcgeeahan		MO	00:48:10	00:48:00
174	4093	David	Thompson		M40	00:48:10	00:48:01
175	3848	Kathy	McKenna	Fitness4life	FO	00:48:12	00:47:47
176	3711	Louise	Jones		FO	00:48:14	00:47:50
177	3447	Jonathan	Adams		MO	00:48:16	00:47:56
178	3779	Niamh	Marrs		F35	00:48:17	00:48:09
179	3799	Jennifer	Mcbride		F35	00:48:20	00:48:07
180	4008	Joseph	Stewart		M70	00:48:20	00:48:05
181	4107	Cecelia	McCutcheon		F35	00:48:22	00:48:04
182	3673	RICHARD	HAND	DROMORE AC	M50	00:48:24	00:47:56
183	3982	Andrew	Shanks		MO	00:48:29	00:48:16
184	3454	Mark	Allen	Belfast running club	M50	00:48:31	00:48:27
185	3614	Sarah	Feeney	Pace Running club	F45	00:48:32	00:48:18
186	3540	Gerard	Cochrane		MO	00:48:35	00:48:28
187	3940	Fiona	Patterson		F45	00:48:35	00:48:29
188	3771	Pat	Maguire		M60	00:48:38	00:48:25
189	3479	Shane	Belton		M35	00:48:39	00:48:18
190	3542	Colin	Colligan		M50	00:48:42	00:48:34
191	4003	Michael	Stevenson		M50	00:48:44	00:48:36
192	4079	Graeme	Gourley		M35	00:48:46	00:48:32
193	4114	John	Sinton		M55	00:48:46	00:48:27
194	3622	Diane	Forsythe	Mourne Runners	FO	00:48:47	00:48:44
195	3661	Tony	Guy		M55	00:48:52	00:48:21
196	3679	Lyn	Hardie	co antrim harriers	F45	00:48:54	00:48:22

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
197	3824	Shauna	McCullough		F35	00:48:57	00:48:43
198	3729	Niamh	Kinsella		FO	00:48:59	00:48:26
199	3932	Paul	O'Kane	Pace	M45	00:49:00	00:48:33
200	3496	Damien	Bradley		M40	00:49:01	00:48:23
201	3696	Paul	Humphreys	N/A	M35	00:49:01	00:48:51
202	3690	Elaine	Holmes	North Belfast harriers	F50	00:49:02	00:48:42
203	3916	Claire	Nelson	Belfast Running Club	FO	00:49:06	00:49:01
204	3999	Rodney	Smyth		M45	00:49:08	00:48:59
205	3365	Paddy	Brooks		M40	00:49:11	00:48:45
206	3514	Conleth	Burns		MO	00:49:15	00:48:56
207	3257	Maria	Concagh		F45	00:49:20	00:49:12
208	3463	Andrea	Armstrong		F35	00:49:25	00:49:04
209	3465	John	Austin		M35	00:49:27	00:49:12
210	4105	Dermot	Connvery		M 45	00:49:27	00:49:00
211	3778	Niall	Malone		M40	00:49:30	00:49:02
212	3814	Jonathan	McCormick		M40	00:49:31	00:49:09
213	3801	Phil	McCabe	n/a	M35	00:49:36	00:49:05
214	3630	Mark	Gaskin	Newry City Runners	MO	00:49:38	00:49:31
215	3547	Chris	Connolly	Monaghan Town Runners	M45	00:49:39	00:49:15
216	3472	JAMES	BARR	north down ac	M45	00:49:42	00:49:11
217	3455	Michael	Allen		M40	00:49:47	00:49:28
218	3498	Paul	Brannigan	Team Veda	M55	00:49:48	00:49:31
219	3602	Jonathan	Elliott	jog moira	MO	00:49:50	00:49:41
220	3750	Andrew	Liggett		M50	00:49:50	00:48:58
221	3930	David	O'Halloran		M45	00:49:51	00:49:08
222	3277	Joanne	Major		F50	00:49:52	00:49:26
223	4015	Jamie	Strain		MO	00:49:52	00:49:05
224	3800	Rodney	Mcbride		M35	00:49:53	00:49:33
225	3782	Andrew	Marshall		M50	00:49:55	00:48:57
226	3926	Frank	O'Deorain	none -----	M55	00:49:55	00:49:33
227	3900	David	Mullan	Mallusk Harriers	M35	00:49:59	00:49:43
228	3534	Lorraine	Cartmill		FO	00:50:01	00:49:52
229	4099	Robert	Park		M45	00:50:03	00:49:45
230	4094	Clifford	Nettleship		M50	00:50:11	00:50:00
231	3608	Deborah	Ewing	Mallusk harriers	F40	00:50:13	00:49:41
232	3536	John	Clarkin		M40	00:50:14	00:50:07
233	3629	Simon	Gardiner		M35	00:50:14	00:49:31
234	3659	Declan	Gibbon		M45	00:50:16	00:50:06
235	3652	Lynsey	Grant		F35	00:50:18	00:49:31
236	3704	David	Jennings		M45	00:50:18	00:49:51
237	3331	Simon	Hart		MO	00:50:22	00:50:03
238	3636	Alison	Gibson	City of Lisburn	F50	00:50:22	00:50:12
239	3685	Julie	Henry		F40	00:50:24	00:50:10
240	3719	Dominic	Kelly		MO	00:50:24	00:50:13
241	3807	Adam	McClure		MO	00:50:30	00:50:16
242	3997	Randall	Smyth	County Antrim Harriers	M60	00:50:31	00:50:09
243	3574	Liam	Dean	Pace Running Club	M50	00:50:33	00:50:05
244	3580	Bill	Devlin		M65	00:50:36	00:50:18
245	3734	Adam	Kulha		M35	00:50:36	00:50:02

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
246	3515	Stuart	Burnside		M35	00:50:42	00:50:37
247	3664	Jennie	Haggan	Seapark AC	FO	00:50:42	00:49:58
248	2794	Kate	Hanratty		F40	00:50:44	00:50:12
249	3929	Jim	O'Hagan		M35	00:50:44	00:50:09
250	3831	Stephen	Mcdowell		MO	00:50:46	00:49:56
251	3425	Johnny	Betts		MO	00:50:49	00:50:26
252	4066	Nigel	Wright		M45	00:50:49	00:50:37
253	3953	Paul	Quinn		M35	00:50:50	00:49:58
254	3595	Irene	Downey	County Antrim Harriers	F50	00:50:51	00:50:27
255	3753	Geoff	Loane		M55	00:50:53	00:50:38
256	4073	Michael	O'Sullivan		M40	00:50:54	00:50:40
257	3736	Jason	Lanyon		M45	00:51:03	00:50:34
258	4000	Michael	Snoddy	Jog Moira	M55	00:51:07	00:50:16
259	3431	Adam	Brown		M40	00:51:15	00:50:40
260	3416	Stephen John	Weatherup	Team Weavel	M40	00:51:16	00:51:09
261	3720	FERGAL	KELLY	PACE Running Club	M55	00:51:18	00:50:53
262	3592	Chrisi	Dougal	Dromore AC	F35	00:51:19	00:50:46
263	3744	Richard	Lennon		MO	00:51:20	00:50:48
264	3662	Peter	Guy		M55	00:51:22	00:50:37
265	3529	Helen	Cardwell	Pace	F35	00:51:23	00:50:55
266	3715	Kevin	Kearns	muckhogs	M40	00:51:28	00:50:31
267	4059	Sonia	Wilson		F35	00:51:30	00:50:24
268	3519	Marty	C Cullough	Fitness Factory Lurgan	M45	00:51:32	00:50:26
269	3811	Seamus	McCollum		M50	00:51:35	00:50:47
270	3768	Seamus	Maguire		M40	00:51:38	00:50:59
271	3474	Sarah	Baxter		F35	00:51:40	00:51:08
272	3569	Johanna	Cunningham		FO	00:51:40	00:50:59
273	3503	Anna	Brown		FO	00:51:43	00:51:18
274	3618	Owen	Fitzpatrick		M45	00:51:43	00:51:24
275	3788	Brian	Maze		MO	00:51:46	00:50:58
276	3419	Steven	Wilson		MO	00:51:47	00:51:21
277	3894	Gavin	Mould		MO	00:51:54	00:51:04
278	3989	Malgorzata	Sliz		F35	00:51:55	00:51:48
279	3923	Thomas	O'Boyle	Rathfriland runners	MO	00:51:59	00:51:21
280	3724	VICTOR	KERR		M35	00:52:01	00:51:08
281	3773	Shane	Mallon		M45	00:52:06	00:50:59
282	3657	Joel	Gregson		MO	00:52:08	00:51:16
283	3806	ROBIN	MCCLELLAND		M55	00:52:08	00:51:17
284	3678	Keith	Harbinson		M40	00:52:13	00:52:01
285	3441	Daniel	Mcdaid	Rise running club	M40	00:52:14	00:51:57
286	3995	Andrew	Smyth	Seapark AC	M50	00:52:16	00:51:35
287	4013	Ann	Strain		F40	00:52:17	00:51:37
288	3845	Philip	Mcllwraith		M40	00:52:18	00:51:56
289	3565	Pauline	Crompton	Dromore AC	F55	00:52:20	00:51:48
290	4076	Martin	Morren		MO	00:52:20	00:52:09
291	3655	Michael	Grant		M40	00:52:22	00:51:42
292	3676	Lisa	Hanna	Team Fit	FO	00:52:23	00:51:58
293	4092	Trevor	Martin	Fit Banbridge	M55	00:52:23	00:51:51
294	3021	Darren	Taggart	Mallusk Harriers	MO	00:52:24	00:51:27

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
295	3444	Leanne	Abraham	Team Fit	F40	00:52:25	00:51:56
296	3802	Ian	McCann	Pace Running Club	M40	00:52:25	00:51:56
297	4040	Keith	Vennard		MO	00:52:29	00:52:00
298	3712	MICHAEL	KANE	Ormeau Runners	M50	00:52:34	00:51:51
299	3748	Karen	Lewis		F40	00:52:34	00:52:10
300	3077	Deborah	Kerr	Ballymena Runners	F40	00:52:35	00:52:07
301	3435	George	Munroe		M55	00:52:35	00:51:45
302	3901	Jennifer	Mulvenna		FO	00:52:36	00:52:18
303	3849	Gareth	McKenna	Monaghan Town Runners	M40	00:52:40	00:52:15
304	4072	Vincent	Daly		MO	00:52:40	00:52:25
305	3512	Heather	burns		F40	00:52:42	00:52:02
306	3702	Vlad	Jeljasevics		M35	00:52:44	00:52:36
307	3790	Wilson	McAlister	Jog Moira	M55	00:52:47	00:52:37
308	3865	Debbie	Mcpherson	Ballymena Runners	F40	00:52:47	00:52:14
309	3713	Kasia	Kazmierska		FO	00:52:48	00:52:09
310	3837	Karen	McGarvey		F40	00:52:52	00:52:41
311	3579	Mark	Devlin		M35	00:52:54	00:52:38
312	3192	Keith	Patterson		M40	00:52:55	00:52:38
313	3423	Alice	Scott		FO	00:52:55	00:52:15
314	3868	Eoin	McShane		MO	00:52:56	00:52:28
315	3691	C	Hood		F40	00:52:58	00:51:54
316	3563	Grainne	Crilly	st Peters ac	F45	00:52:59	00:52:16
317	3829	Peter	McDonnell	Slieve Gullion Runners	M35	00:53:04	00:52:58
318	3946	Michael	Philips		M45	00:53:05	00:52:57
319	2902	Kathleen	Diamond	North belfast harriers	F35	00:53:06	00:52:32
320	3686	Pamela	Herron		FO	00:53:07	00:53:04
321	3938	Victoria	Orr		F35	00:53:11	00:52:55
322	3682	Joanne	Hayden		F40	00:53:12	00:53:01
323	3844	Danielle	McIlroy		F35	00:53:15	00:52:34
324	4120	Reuben	Carisle		MO	00:53:15	00:52:53
325	3688	Raymond	Hilman	County Antrim Harriers	M65	00:53:16	00:52:56
326	4048	Joy	Watson		FO	00:53:17	00:52:45
327	3516	Aisling	Busby		FO	00:53:21	00:52:43
328	4006	Louise	Stewart	Belfast Running Club	FO	00:53:22	00:52:31
329	4110	Eamon	McCurran		M50	00:53:22	00:53:00
330	3452	Gillian	Alister	gillian.alister@yahoo.com	F50	00:53:23	00:52:57
331	3884	Irvine	Moorehead		M65	00:53:24	00:52:54
332	4067	Jordan	Young		MO	00:53:24	00:52:35
333	3822	Lynn	McCullough	North Belfast harriers	F45	00:53:29	00:53:08
334	4113	Ursula	McConville		M45	00:53:29	00:52:29
335	3956	Julie	Rankin	Jog Lisburn Running Club	F35	00:53:31	00:53:06
336	3721	Elaine	Kennedy		F40	00:53:32	00:53:01
337	3417	Julie	Diamond	Jog Moira	F35	00:53:33	00:53:29
338	3242	Lisa	Corbett		FO	00:53:34	00:52:50
339	4116	Liam	Quinn		M45	00:53:35	00:52:35
340	4033	Lynne	Todd		FO	00:53:36	00:53:02
341	3475	Duncan	Baxter		M35	00:53:44	00:52:48
342	3660	Karen	Groves		F35	00:53:44	00:53:27
343	3587	David	Doey	Lagan Valley Orienteers	M35	00:53:49	00:53:39

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
344	3464	Sarah	Arnold		FO	00:53:52	00:52:54
345	3625	Siobhan	Freeman		F35	00:53:58	00:53:36
346	4058	LESLEY	WILSON		F40	00:53:59	00:53:19
347	4111	Conor	Mayers	OWES £5	M35	00:53:59	00:53:40
348	4050	Gary	Weir	Pace	M35	00:54:03	00:53:29
349	3856	Heather	McKinstry		F45	00:54:05	00:53:33
350	3895	julie-anne	muldrew	Kernan Running Club	FO	00:54:05	00:53:41
351	3818	Colin	McCrum	Seapark AC	M45	00:54:08	00:53:24
352	3835	Tim	McEvoy	Pace Running Club	M35	00:54:09	00:53:23
353	2895	Janet	Grew		F40	00:54:12	00:53:15
354	3610	EMMA	FALLOON		FO	00:54:13	00:53:32
355	3816	Paul	McCorry	Belfast Running Club	M35	00:54:14	00:53:51
356	3477	Maggie	Beaufoy	Belfast Running Club	F40	00:54:15	00:53:51
357	3760	Tracy	Macfarlane		F40	00:54:16	00:53:50
358	3292	Gwen	McCracken		F35	00:54:18	00:53:57
359	3870	Nina	Mcsherry		F35	00:54:18	00:53:59
360	3607	Jeff	Esler		M45	00:54:20	00:53:19
361	3957	sara	rankin		FO	00:54:22	00:53:57
362	3981	Faye	Sergeant	Newry city runners	FO	00:54:22	00:54:16
363	3963	John	Reid		M40	00:54:23	00:53:54
364	4089	Ian	Pollard		M40	00:54:23	00:53:42
365	3783	Christine	Martin		FO	00:54:24	00:54:08
366	3936	Patrick	O'Regan		M55	00:54:26	00:54:12
367	3976	Ruth	Sanders		FO	00:54:26	00:53:56
368	3668	Sinead	Hamill	Jog lisburn	F40	00:54:28	00:54:01
369	3898	Rosanna	Mulholland		F45	00:54:28	00:54:16
370	4017	JAMES	TAFFE		M40	00:54:34	00:54:27
371	3830	Fiona	Mcdonnell		F35	00:54:38	00:54:18
372	3798	Sinead	Mcavoy		F35	00:54:42	00:54:14
373	3854	WENDY	MCKEOWN	Murlough AC	F45	00:54:42	00:54:33
374	3434	Nigel	Kane		M35	00:54:45	00:53:42
375	4051	Alison	Welsh	Seapark AC	F35	00:54:45	00:54:27
376	3904	Orlaith	Murphy		FO	00:54:46	00:54:46
377	3559	Denise	Cowan	Abby Harding Memorial	FO	00:54:51	00:54:35
378	3903	RYAN	MURDOCK		MO	00:54:51	00:54:30
379	4007	Nikki	Stewart		FO	00:54:51	00:54:11
380	4060	Richard	Wilson		MO	00:54:53	00:53:50
381	4023	Roisin	Tennyson		FO	00:54:57	00:54:16
382	3689	Tracey	Hodgson	North Down AC	F45	00:54:58	00:54:17
383	3922	Tara	O'Boyle	Rathfriland Runners	FO	00:55:01	00:54:22
384	3761	Gemma	MacRory	Ballymena runners	F35	00:55:02	00:54:32
385	3594	Jenny	Downey		FO	00:55:03	00:54:53
386	3603	Heather	Emerson		F55	00:55:05	00:54:21
387	2824	Kirsty	Henderson	Jog Lisburn	FO	00:55:06	00:54:42
388	3573	PAMELA	DAVIS	Ballymena Runners	F45	00:55:08	00:54:46
389	4078	Moira	McBride	Ballmena AC	F50	00:55:08	00:54:46
390	3777	Renata	Malone		F45	00:55:10	00:54:41
391	3842	Lee	McGready		M35	00:55:11	00:54:37
392	4042	Ed	Vernon		M55	00:55:11	00:54:51

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
393	3770	Gerry	Maguire		M55	00:55:13	00:54:37
394	4038	Suzanne	Turner		F40	00:55:14	00:54:37
395	3588	Patricia	Donnell	Run-Anon	F40	00:55:16	00:54:19
396	3914	Tony	Nellis		M45	00:55:19	00:54:38
397	3591	Therese	Donnelly		F45	00:55:20	00:55:05
398	4103	Kieran	O'Neill		M45	00:55:21	00:54:39
399	3727	Deborah	Kilpatrick		F35	00:55:23	00:54:56
400	3767	Ciara	Maguire		FO	00:55:24	00:55:13
401	3817	Aaron	McCoy		M35	00:55:24	00:54:34
402	4102	Tommy	Patterson		M45	00:55:26	00:54:26
403	3859	Jacqui	McLoughlin		F40	00:55:28	00:54:41
404	3722	Heather	Kennedy	Jog Lisburn Running Club	F35	00:55:29	00:55:16
405	3466	William	Baird		M60	00:55:32	00:54:44
406	3758	Marcus	Lynn		M40	00:55:32	00:54:46
407	3658	Bronwyn	Gribben		F40	00:55:33	00:55:13
408	3606	Hannah-Jane	Esler		FO	00:55:36	00:54:34
409	4020	Caroline	Taylor		F40	00:55:38	00:55:25
410	3486	Michael	Blaney	Ballymena Runners	M45	00:55:42	00:55:18
411	3759	Sonya	Mac		FO	00:55:44	00:55:13
412	3705	Andrew	Johnston	Marathon Club Ireland	M40	00:55:47	00:54:58
413	3855	Gareth	Mckinstry	Team fit	M35	00:55:48	00:55:01
414	3701	Jennifer	Jackson	Seapark AC	FO	00:55:50	00:55:08
415	3578	Rionach	Devlin		F35	00:55:54	00:55:36
416	3541	Jacqui	Coghlan	Seark AC	F50	00:55:59	00:55:08
417	4117	Jill	Boal		M55	00:56:00	00:55:02
418	3501	Andy	Bridge	BARF	M50	00:56:03	00:55:24
419	3560	Ruth	Crampton		F35	00:56:03	00:55:51
420	3857	Brian	McLaughlin		M50	00:56:04	00:55:33
421	3732	Kathy	Knox	Jog Lisburn	F45	00:56:06	00:55:38
422	3539	Niall	Cochrane		MO	00:56:12	00:55:27
423	3643	Joan	Gilmore		F40	00:56:16	00:55:21
424	3747	Adrian	Leonard		M45	00:56:16	00:55:31
425	3769	Andrea	Maguire		FO	00:56:16	00:55:36
426	4097	Brigid	Quinn	Ballymena Runners	F70	00:56:17	00:56:10
427	3613	Rodney	Farrelly		M45	00:56:18	00:56:06
428	3708	Iain	Johnston		M40	00:56:20	00:55:17
429	3911	Alan	Napier		M50	00:56:20	00:55:18
430	3695	Jeff	Hull		M50	00:56:31	00:55:34
431	4045	Emma	Wallace		M35	00:56:32	00:56:16
432	3897	Karen	Mulholland		F45	00:56:34	00:55:42
433	3819	Sara	McCulla		F40	00:56:37	00:56:20
434	3942	Tommy	Patterson		M50	00:56:37	00:55:57
435	3445	Glenn	Adair	Belfast running club	M45	00:56:38	00:55:33
436	4018	Bronagh	Taggart		FO	00:56:39	00:56:20
437	3468	Tim	Baker		MO	00:56:40	00:56:35
438	3494	Judith	Bracken	Jog Moira	F40	00:56:42	00:56:02
439	3495	Paul	Bracken	Jog Moira	M35	00:56:43	00:56:01
440	3546	Talitha	Collins	County Antrim harriers	FO	00:56:43	00:56:07
441	3889	Caroline	Morris		F40	00:56:44	00:55:50

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
442	3612	David	Fannin		M45	00:56:45	00:55:56
443	3604	Lee	Emerson		FO	00:56:46	00:56:00
444	3575	Noelle	Dean	Jog Lisburn running club	F55	00:56:47	00:56:19
445	3593	Stephen	Dowds		M45	00:56:47	00:56:24
446	3974	Lynne	Rowlinson		FO	00:56:47	00:56:03
447	3875	William	Mercer		M50	00:56:48	00:56:15
448	3809	John	Mccollum		M50	00:56:49	00:55:59
449	3917	Chris	Nelson		MO	00:56:50	00:56:45
450	3863	Patricia	McMullen		FO	00:56:54	00:55:57
451	3881	Martin	Moore		MO	00:56:54	00:55:55
452	3983	Emma	Shaw	Emma Shaw	FO	00:56:54	00:56:30
453	3239	Michelle	Sweeney	Springwell Running Club	F45	00:56:55	00:56:48
454	3899	Stephen	Mullan		M40	00:57:01	00:55:49
455	3564	Andrew	Cromie		M35	00:57:04	00:56:37
456	3959	Darryl	Redman	Gvrt	MO	00:57:05	00:56:12
457	3723	Amanda	Kenny	Lagan Valley AC	F45	00:57:08	00:56:35
458	3919	Ann	Niblock		F50	00:57:08	00:56:30
459	3794	Kerry-Anne	McAlynn		F40	00:57:09	00:56:15
460	3442	Malachy	Doyle	Pace running club	M50	00:57:11	00:57:08
461	4025	Ciara	Thompson	belfast running club	F35	00:57:16	00:56:28
462	4109	Marina	McGurragh		F45	00:57:18	00:56:57
463	3978	James	Scott		MO	00:57:23	00:56:44
464	3562	Robert	Creagmile		M40	00:57:27	00:56:58
465	3654	Michael	Grant		MO	00:57:29	00:57:07
466	3481	Wendy	Bennett		F50	00:57:38	00:56:49
467	3738	Siobhan	Larkin	Belfast running club	F45	00:57:39	00:56:48
468	3601	Leanne	East		FO	00:57:41	00:57:08
469	3478	Jennifer	Beckett		F45	00:57:44	00:57:07
470	3584	Terry	Dineen		M45	00:57:45	00:57:08
471	4063	Emmett	Woods	Larne AC	M45	00:57:46	00:57:00
472	4064	Michele	Woods	Larne AC	F45	00:57:46	00:57:00
473	3505	Alan	Brown	Belfast Running Club	M50	00:57:47	00:57:25
474	4014	Katharine	Strain		F45	00:57:50	00:57:16
475	3605	Judith	Erwee-Townsend	Road Runners Club	F50	00:57:55	00:56:52
476	3840	Shanna	McGready		FO	00:57:55	00:57:22
477	4047	Karen	Waring	Seapark AC	F45	00:57:56	00:57:07
478	3484	Alan	Black	Run-Anon	M40	00:57:57	00:57:01
479	4054	Amy	Wethers		FO	00:58:00	00:57:33
480	3707	Laura	Johnston	Jog Lisburn Running Club	FO	00:58:04	00:57:35
481	3740	Siobhan	Lauder		F35	00:58:10	00:57:04
482	3087	Neal	Skelton	Marathon Club Ireland	M50	00:58:11	00:57:30
483	4119	Rosemary	Baird		F55	00:58:12	00:57:13
484	3491	Shelley	Boyle		F35	00:58:19	00:57:43
485	3993	Elizabeth	Smit		F55	00:58:21	00:57:42
486	3186	Joy	Johnston		F35	00:58:23	00:58:05
487	3913	Drew	Neill		MO	00:58:26	00:58:05
488	3615	Alison	Ferris	Kernan Running Club	F35	00:58:27	00:58:02
489	3924	Aoife	O'Boyle	RunAnon	FO	00:58:27	00:57:32
490	3586	ADRIAN	DODDS	Ballymena runners	M40	00:58:28	00:58:21

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
491	3969	Jenny	Robinson	Seapark AC	FO	00:58:40	00:57:49
492	4082	Seamus	Fitzsimons	Crossgar Harries	m45	00:58:43	00:58:08
493	3532	Liz	Carson		F50	00:58:44	00:57:51
494	3988	Ian	Simpson	Mallusk Harriers	M55	00:58:46	00:57:49
495	4022	Clare	Teer	Mallusk harriers	FO	00:58:46	00:57:49
496	3665	Rachel	Hall		FO	00:58:48	00:58:11
497	3459	Farzan	Anjomani		F45	00:58:52	00:58:50
498	3437	David	Betts		MO	00:58:55	00:58:32
499	3577	Lisa	Devine	ACORNS AC	FO	00:58:56	00:58:18
500	3961	Timothy	Redmond		M35	00:59:02	00:57:58
501	3545	Nuala	Collins		F35	00:59:06	00:58:18
502	3739	Patricia	Larkin	Run Anon	F35	00:59:07	00:58:13
503	3582	Kieran	Devlin		M55	00:59:09	00:58:11
504	3490	Derrick	Boyd		M75	00:59:10	00:58:57
505	3980	Graham	Sergeant	Team Abby	M50	00:59:13	00:58:09
506	3508	Caroline	Brown	Jog lisburn	F35	00:59:14	00:58:44
507	3438	George	Morrow	Jog Lisburn Running Club	M70	00:59:15	00:58:46
508	4037	Tracey	Tucker		F35	00:59:16	00:58:47
509	3487	Patricia	Blaney		F50	00:59:18	00:58:55
510	3873	Lesley	Mcwhirter		F50	00:59:18	00:58:55
511	3617	Donna	Field		F40	00:59:22	00:59:02
512	3763	Robert	Magee		M55	00:59:25	00:59:06
513	3530	Dianne	Cargin		F50	00:59:28	00:59:01
514	4090	Clare	Okane		F45	00:59:29	00:59:21
515	3717	Julie	Kelly	Seapark AC	F35	00:59:32	00:58:43
516	4036	Mark	Trowlen		MO	00:59:33	00:58:36
517	3700	Allison	Irwin	jog moira	F35	00:59:34	00:59:18
518	3803	Michael	Mccartan		MO	00:59:38	00:58:39
519	4019	Jennifer	Taylor	Kernan Run Club	F40	00:59:39	00:59:11
520	3896	DEIRDRE	MULHOLLAND	RunAnon	F55	00:59:43	00:58:47
521	3513	Andrew	Burns		M40	00:59:50	00:59:30
522	3823	Tara	Mccullough	Boyne AC	F40	00:59:50	00:58:49
523	3754	Simon	Lockhart		M40	00:59:52	00:59:15
524	3962	Kim	Reid		FO	00:59:55	00:59:10
525	3948	Zara	Porter		FO	01:00:01	00:59:03
526	3429	Diane	Spence	PACE	F40	01:00:08	00:59:33
527	3866	Cara	McShane		FO	01:00:14	00:59:28
528	3078	Alison	Falls	PACE Running Club	F35	01:00:17	00:59:34
529	3556	Lorraine	Corrigan	PACE	F35	01:00:17	00:59:34
530	3792	Emma	McAlister		FO	01:00:19	00:59:19
531	2932	Jaimie	McGrath		F35	01:00:20	00:59:16
532	3709	Julie	Johnston	Rathfriland Runners	F35	01:00:22	00:59:47
533	3741	Vicky	Lawson		F35	01:00:26	00:59:27
534	3827	Joanne	Mcdonald		F40	01:00:26	00:59:26
535	3752	Andrea	Lloyd		FO	01:00:28	00:59:37
536	4027	Gareth	Thompson		M40	01:00:32	00:59:37
537	3635	Shauna	Gibson	Run-anon	F35	01:00:35	00:59:41
538	4041	Rose	Vernon		F55	01:00:40	00:59:50
539	4031	Martina	Toal		F40	01:00:45	01:00:08

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
540	3558	Ruth	Cousins		F45	01:00:58	01:00:04
541	3920	Nichola	Nickels	Pace running club	F40	01:01:00	01:00:25
542	3488	Catherine	Boyd	Mallusk Harriers	F35	01:01:04	01:00:07
543	3684	Paula	Hennessy		FO	01:01:07	01:00:32
544	3361	Bryan	McFarland		M45	01:01:14	01:00:24
545	3343	Caroline	McFarland		F45	01:01:15	01:00:25
546	3876	Tony	Miller		M45	01:01:19	01:00:18
547	3944	Jane	Patton	Acorns	F35	01:01:24	01:00:46
548	3642	Sean	Gilligan		MO	01:01:28	01:00:45
549	3815	Mary	McCormick		FO	01:01:28	01:01:04
550	3781	Julie	Marshall	Seapark AC	F35	01:01:31	01:00:41
551	3649	Kim	Gleave	County Antrim harriers	F55	01:01:32	01:00:32
552	3780	Evelyn	Marsh	Newry City Runners	F35	01:01:32	01:00:36
553	3319	Joanne	Brown Kerr		F40	01:01:37	01:00:58
554	2999	Karen	Fullerton		F40	01:01:39	01:00:35
555	3639	Amy	Gilbride		F35	01:01:40	01:00:44
556	3050	Helen	Blakley		F40	01:01:47	01:00:51
557	4021	Fiona	Teague	Befast Running Club	F55	01:01:51	01:00:58
558	3520	Meadhbh	Caldwell		FO	01:01:52	01:01:02
559	3745	Zoe	Lennon	PACE	F50	01:01:53	01:01:18
560	3446	Kathryn	Adams		F35	01:01:55	01:01:09
561	3461	Jennifer	Ard		F50	01:02:03	01:01:19
562	3804	DIANE	MCCARTNEY	County Antrim Harriers	F50	01:02:05	01:01:30
563	3698	Sandra	Hunter		F40	01:02:09	01:01:32
564	3412	Katy	Denkowski		FO	01:02:14	01:01:50
565	3533	Michael	Carson		M50	01:02:22	01:01:29
566	3443	Lorraine	Abernethy	Springwell	F45	01:02:23	01:01:35
567	3776	Gemma	Malone		F35	01:02:24	01:01:54
568	3526	Mandy	Campbell	Fitness Factory Lurgan	F40	01:02:25	01:01:19
569	3692	Ruth	Hosty	Fitness Factory	F35	01:02:26	01:01:19
570	3756	David	Lorimer	craigavon lakers	M50	01:02:29	01:01:27
571	3506	Zoë	Brown		FO	01:02:32	01:02:07
572	3791	Ruth	McAlister		FO	01:02:35	01:01:35
573	3971	Gemma	Roddy		F35	01:02:41	01:02:15
574	3624	Gillian	Francis	PACE	F40	01:02:43	01:02:04
575	3851	David	McKeown	PACE	M45	01:02:47	01:02:01
576	3538	Dawn	Clive		FO	01:02:48	01:02:10
577	3749	Jennifer	Liggett	Jog Lisburn Running Club	F45	01:02:48	01:02:20
578	3941	Jane	Patterson	Dub Runners of Belfast	F65	01:02:52	01:01:47
579	3882	Mark	Moore		MO	01:03:01	01:02:17
580	3862	KAREN	MCMASTER	Seapark AC	F40	01:03:02	01:02:44
581	3933	Eilish	O'Kane	Train 2 Run 10K and Beyond	FO	01:03:05	01:02:26
582	3316	Jackie	McGirr		F35	01:03:06	01:02:33
583	3637	Patricia	Gilbert		F40	01:03:06	01:02:34
584	3483	Gillian	Best		F45	01:03:07	01:02:22
585	3553	Charmaine	Cooke		F40	01:03:07	01:02:31
586	3853	Jacqueline	McKeown		F50	01:03:07	01:02:31
587	4056	Anne	Williams		FO	01:03:09	01:02:35
588	3888	Nigel	Morris		M45	01:03:11	01:02:23

Pos	Bib	Firstname	LastName	Club	Cat	Finish	Chiptime
589	3890	Marion	Morrow	County Antrim Harriers	F55	01:03:16	01:02:16
590	3059	Aoife	McKibbin		FO	01:03:18	01:02:37
591	3808	Linda	McClurkin		F50	01:03:28	01:02:25
592	3902	Kerry	Murdock		F35	01:03:28	01:02:25
593	3482	Ally	Bennett	Co Antrim Harriers	F35	01:03:36	01:03:21
594	3826	Bernie	McCusker		F55	01:03:41	01:02:51
595	3762	Rachel	Madine		FO	01:03:42	01:03:06
596	3839	Alan	McGowan	Murlough AC	MO	01:03:50	01:02:47
597	4065	Siobhan	Wright	Belfast Running Club	F55	01:03:54	01:03:33
598	4086	James	Miskelly		M45	01:03:56	01:03:27
599	3053	Linda	Martin	Jog Moira	F40	01:04:01	01:03:00
600	3590	Lynn	Donnelly	Dub Runners	F45	01:04:01	01:02:56
601	3852	doreen	mckeown	bosco	F55	01:04:02	01:03:14
602	3567	Laura	Crothers		F35	01:04:11	01:03:57
603	2752	Michael	Kane	Seapark AC	M45	01:04:20	01:03:35
604	3958	Sam	Ray		MO	01:04:31	01:04:05
605	4061	Gemma	Winter		FO	01:04:32	01:04:06
606	3439	Becki	Tester		FO	01:04:33	01:03:46
607	3469	Tony	Barclay	County Antrim Harriers	M55	01:04:33	01:03:53
608	3810	Kathy	McCullum		F50	01:04:33	01:04:04
609	3935	Andrea	O'neill		F40	01:04:40	01:03:58
610	3937	Julia	Orr	Belfast Runing Club	FO	01:04:48	01:04:09
611	3912	Mairead	Napier	Orangetown AC	F40	01:04:49	01:04:13
612	3510	Shona	Brydson		F40	01:05:03	01:04:55
613	3821	Fiona	Mccullagh	R Running Club	F35	01:05:06	01:04:11
614	3795	Jennifer	McAteer	Newry City Runners	FO	01:05:16	01:04:19
615	3787	Norman J	Mawhinney		M65	01:05:20	01:04:12
616	2715	Geraldine	Kane	Seapark AC	F40	01:05:21	01:04:33
617	4002	Grace	Startin	Co Antrim Harriers	F55	01:05:22	01:04:23
618	3820	Brian	Mccullagh		M50	01:05:26	01:04:22
619	3968	Jackie	Robinson		F50	01:05:27	01:04:36
620	3571	Violet	Davidson	Ballydrain Harriers	F70	01:05:29	01:04:36
621	3966	Sharon	Rennison		F35	01:05:32	01:05:05
622	3471	Rebecca	Barclay		F35	01:05:38	01:04:51
623	3631	Mary	Gates		F40	01:05:39	01:04:46
624	4118	Aileen	McShane		F35	01:05:46	01:05:16
625	3746	Louise	Lennox	BST	FO	01:05:50	01:04:50
626	3525	Eleanor	Campbell		F35	01:05:52	01:05:18
627	3730	Scot	Knight		M45	01:05:55	01:04:55
628	4085	Sarah	Winters	Rathfriland Runners	F35	01:06:07	01:05:32
629	2773	Alyn	McChesney		M35	01:06:13	01:05:09
630	3979	Caroline	Semple		FO	01:06:17	01:05:32
631	3841	Kelly	McGready		FO	01:06:22	01:05:47
632	3458	Linda	Andrews	Ballydrain Harriers	F50	01:06:27	01:06:07
633	3784	Valerie	Martin	ballydrain	F40	01:06:27	01:06:07
634	3886	Emma	Morgan		F35	01:06:35	01:05:41
635	3677	Lorraine	Hanvey		F40	01:06:36	01:06:14
636	3450	Lorraine	Alexander		F45	01:06:39	01:05:44
637	3589	Elaine	Donnelly		F35	01:07:00	01:05:59

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638	3714	Deirdre	Kearns		FO	01:07:00	01:05:59
639	3972	Donna	Roddy		FO	01:07:02	01:06:26
640	3743	Patrick	Leneghan		M50	01:07:04	01:06:21
641	3460	Ellen	Annette		F35	01:07:15	01:06:35
642	3632	Carolyn	Geddis	Belfast Running Club	F40	01:07:16	01:06:37
643	3716	Nikki	Keery		F35	01:07:19	01:06:17
644	3731	Denise	Knight		F40	01:07:19	01:06:17
645	3952	Shona	Pryde		FO	01:07:19	01:06:43
646	3507	Julie	Brown	jog lisburn	F40	01:07:36	01:07:05
647	3735	Alexis	Lamont		F45	01:07:39	01:06:31
648	4011	Chris	Strain		M50	01:07:50	01:06:44
649	4012	Hannah	Strain		FO	01:07:50	01:06:43
650	3448	Karen	ADAMSON		F45	01:07:53	01:07:07
651	3619	Laura	Fleming		FO	01:07:57	01:07:10
652	3939	Ruth	Patrick		FO	01:07:57	01:07:10
653	3227	Andrea	Stafford		F45	01:08:04	01:07:03
654	4032	Catherine	Todd		F35	01:08:12	01:07:52
655	4004	Joanne	Stewar		F45	01:08:18	01:07:10
656	3918	Kelly	Nelson	Mallusk harriers	FO	01:08:31	01:07:37
657	3418	Peter	Gorman	Rise	M40	01:08:37	01:08:20
658	3440	Janice	King	Rise running club	FO	01:08:37	01:08:20
659	4030	Mary	Toal		FO	01:08:45	01:07:53
660	4029	Anna	Toal		FO	01:08:46	01:07:54
661	2759	Megan	Kane	Seapark AC	FO	01:09:32	01:08:50
662	3850	Deirdre	McKenny	Run-Anon	F50	01:09:38	01:08:42
663	3653	Siobhan	Grant		FO	01:09:52	01:09:12
664	3062	Rebecca	Henderson		F35	01:10:32	01:09:30
665	4101	Claire	Thmpson		F35	01:10:46	01:09:52
666	3943	Helen	Patterson		FO	01:10:49	01:10:00
667	3473	Rachel	Bates		FO	01:10:53	01:10:19
668	3535	Ruth	Charles		F35	01:10:59	01:10:00
669	4001	Szymon	Spychalski		MO	01:12:39	01:11:46
670	2760	Carol	Downey	Seapark AC	F40	01:12:58	01:12:16
671	3415	Wes	Agnew		M40	01:13:00	01:12:16
672	4068	Anna	Zmuda Trzebiatowska	Almost Irish	F35	01:13:02	01:12:07
673	4069	Sylwester	Zmuda Trzebiatowski	Almost Irish	M35	01:13:04	01:12:12
674	3422	Yvonne	McVarnock		F45	01:13:19	01:12:37
675	3531	Caitriona	Carr	Murlough AC	FO	01:13:20	01:12:18
676	3751	Avril	Lloyd		F45	01:13:23	01:12:19
677	3796	Siobhan	McAteer	Newry City Runners	F45	01:13:27	01:12:45
678	3955	Sheila	Rafferty		F45	01:13:56	01:13:14
679	3585	Paul	Dodds		M50	01:14:00	01:13:17
680	3663	Joanne	Haddock		F40	01:14:16	01:13:21
681	3600	Brenda	Durkin	Murlough AC	FO	01:14:18	01:13:15
682	3984	Roisin	Sherlock		F40	01:14:21	01:13:25
683	3742	Penny	Lees		F35	01:14:26	01:13:53
684	3641	Rollo	Gillespie		M35	01:14:28	01:13:20
685	3453	Denise	Allely	Running Coaches	F40	01:17:04	01:16:15
686	3909	Brian	Murray	Team Abby	M35	01:17:09	01:16:04

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687	4039	Elise	Tynan		FO	01:17:30	01:16:26
688	3793	Jane	McAlister		FO	01:17:53	01:17:33
689	3996	Courtney	Smyth	Team Jog Carrickfergus	FO	01:17:56	01:17:09
690	3905	Fiona	Murphy	Ballydrain Harriers	F45	01:18:11	01:17:51
691	3766	Rhonda	Magowan		F35	01:18:24	01:17:22
692	3869	Orla	McShane		F35	01:19:09	01:18:04
693	3833	Lisa	Mceneaney		F45	01:20:28	01:19:30
694	3646	Debbie	Girvan		FO	01:21:02	01:20:03
695	3645	Lynne	Girvan		F35	01:21:40	01:20:42
696	3621	Maureen	Ford		F55	01:24:41	01:23:36
697	3432	Deirdre	Mc Shane		F50	01:25:35	01:24:31