

Pos	Bib	Firstname	Lastname	Cat	Club	Finish	Chiptime	Race
1	343	Martin	Melville	MO	Newcastle AC	00:37:13	00:37:12	10K
2	342	Dermot	Mathers	M35	The Running Coaches	00:38:06	00:38:05	10K
3	691	Stephen	O'Gorman	MO	Dromore A.C	00:38:27	00:38:26	10K
4	530	Conor Kelly	Gorman	MO	Lagan College	00:39:46	00:39:43	10K
5	702	Tony	Pfaff	MO	Willowfield Harriers	00:41:20	00:41:19	10K
6	358	Stephen	Garland	MO	Belfast Running Club	00:41:56	00:41:53	10K
7	613	John	McConnell	M40	North Belfast harriers	00:42:20	00:42:18	10K
8	443	Ray	Buckley	M40	Dublin Frontrunners	00:43:28	00:43:23	10K
9	365	Bobbie	Irvine	M50	Seapark AC Carrickfergus	00:44:50	00:44:39	10K
10	503	Lee	Dougherty	M40		00:45:17	00:45:14	10K
11	682	Miguel	Navarrete	M40	Ballydrain Harrier	00:45:17	00:45:15	10K
12	783	George	Wilson	M50		00:45:18	00:45:13	10K
13	725	Sean	Rowan	M45		00:45:30	00:45:27	10K
14	575	Clifford	Kingston	MO	Belfast Running Club	00:45:59	00:45:54	10K
15	453	Reggie	Campbell	M55		00:46:29	00:46:29	10K
16	576	Jonny	Kinney	M45		00:46:44	00:46:34	10K
17	720	Mark	Robinson	MO		00:47:21	00:47:13	10K
18	594	Declan Michael	Magee	M35		00:47:40	00:47:25	10K
19	792	Renato	Couto	MO		00:47:40	00:47:32	10K
20	528	Richard	Good	M40		00:47:41	00:47:21	10K
21	689	Niamh	O'Connell	F40	Murlough AC	00:47:47	00:47:45	10K
22	704	Phil	Poag	M40	Seapark AC	00:49:03	00:49:03	10K
23	730	jim	simons	M40		00:49:04	00:48:22	10K
24	781	Mark	Williamson	M40	Orangetown	00:49:05	00:48:52	10K
25	759	Jennifer	Teeney	FO	Jog Lisburn Running Club	00:49:06	00:48:59	10K
26	727	Jessica	Scott	FO	Lagan College	00:49:08	00:49:05	10K
27	692	Graeme	O'Hara	M40	County Antrim Harriers	00:49:11	00:48:26	10K
28	604	Tonya	Dornan	F35		00:49:13	00:49:09	10K
29	612	paul	mconkey	M55	grove running club	00:49:17	00:49:14	10K
30	494	Declan	Derby	M35		00:49:19	00:49:07	10K
31	610	Niall	McClean	MO		00:49:40	00:49:28	10K
32	641	Gerard	McKenna	M40		00:49:42	00:49:34	10K
33	669	ian	morrow	M50	Jog Lisburn Running Club	00:49:57	00:49:48	10K
34	433	Jonathan	Bloomfield	M35	KMPC Runners	00:50:04	00:49:42	10K
35	700	Stephen	Patton	M40		00:50:04	00:49:04	10K
36	449	Norman	Campbell	M60		00:50:10	00:50:09	10K
37	336	Christopher	Teggarty	MO		00:50:12	00:50:08	10K
38	567	Clare	Kennedy	F40		00:50:17	00:49:57	10K
39	417	Ronan	Barr	MO		00:50:19	00:50:15	10K
40	778	Richard	Watt	M35	N/A	00:50:30	00:50:25	10K
41	660	Ralf	Meier	M45		00:50:35	00:50:30	10K
42	577	THOMAS	KIRK	M45	Beverley Massive	00:50:52	00:50:45	10K
43	625	BRIAN	MCDONALD	MO	mallusk harriers	00:51:00	00:50:16	10K
44	777	David	Wallace	M35		00:51:11	00:50:43	10K
45	532	Joanne	Graham	FO		00:51:23	00:50:56	10K
46	481	Gareth	Craig	MO		00:51:49	00:51:06	10K
47	435	harry	bowles	M35		00:51:56	00:50:59	10K
48	726	Anna	Scott	FO	Lagan College	00:52:16	00:52:14	10K
49	649	Ben	McMackin	MO		00:52:24	00:52:19	10K

50	651	Mark	McMullan	MO	Crossgar Harriers	00:52:25	00:51:34	10K
51	629	Gerard	McGarry	MO		00:52:27	00:51:57	10K
52	711	Neill	Radford	M35		00:52:27	00:52:07	10K
53	341	Jim	Pow	M40	Jog lisburn running club	00:52:36	00:52:29	10K
54	789	Sylwester	Zmuda Trzebiatowski	M35	Almost Irish	00:53:09	00:53:02	10K
55	506	SAM	DUNN	M60		00:53:17	00:53:13	10K
56	606	Jane	McCann	FO	Dub Runners	00:53:24	00:53:04	10K
57	372	Joanne	Major	F50		00:53:34	00:53:30	10K
58	751	Steven	Surgenor	MO		00:53:37	00:53:24	10K
59	364	Anna	Hicks	FO	Dub runners	00:53:39	00:53:20	10K
60	774	william	wallace	M40	BARF	00:53:39	00:53:06	10K
61	353	John	Crawford	M40		00:53:47	00:53:10	10K
62	645	Gareth	Mckinstry	M35	Team fit	00:53:49	00:53:34	10K
63	496	Julie	Devlin	FO		00:53:53	00:53:19	10K
64	611	Helen	McClements	FO	Belfast Running Club	00:53:53	00:53:19	10K
65	502	aidan	donnely	M50		00:53:54	00:53:29	10K
66	674	stephen	mulvenna	M50	NDAC	00:53:54	00:53:30	10K
67	533	Lynsey	Grant	F35		00:53:55	00:53:42	10K
68	619	Cathal	McCoy	M40	SGR	00:53:57	00:53:24	10K
69	673	Peter	Mulholland	M40		00:54:04	00:53:45	10K
70	738	Gerard	Sowney	MO	Lagan College	00:54:04	00:53:43	10K
71	538	RICHARD	HAND	M50	DROMORE AC	00:54:10	00:53:45	10K
72	445	Conleth	Burns	MO		00:54:13	00:53:44	10K
73	723	Janeet	Rondon-Sulbaran	F50		00:54:18	00:54:14	10K
74	434	Katie	Bloomfield	F35		00:54:24	00:54:01	10K
75	616	Jonathan	McCormick	M40	Art to the max	00:54:35	00:54:23	10K
76	527	Hazel	Glenn	F35		00:54:36	00:54:33	10K
77	469	John	Clarkin	M40		00:54:39	00:54:29	10K
78	793	Late	Entry			00:54:43	00:54:15	10K
79	566	Paul	Kelly	MO		00:54:47	00:54:21	10K
80	746	Eileen	Stewart	F60	Co antrim harriers	00:54:57	00:54:29	10K
81	355	Chris	Downey	M35		00:55:03	00:54:47	10K
82	745	Michael	Stevenson	M50		00:55:14	00:55:09	10K
83	782	Deborah	Wilson	F35		00:55:31	00:55:10	10K
84	744	brian	Stevenson	MO		00:55:32	00:55:16	10K
85	767	Andrew	Topping	M50		00:55:39	00:55:36	10K
86	535	Matt	Hail	M35		00:55:41	00:54:54	10K
87	608	Maria	McCarter	F55	Omagh Harriers	00:55:45	00:55:41	10K
88	559	Diana	Johnston	M40		00:55:49	00:55:21	10K
89	482	Kenneth	Cromie	M50		00:55:55	00:55:37	10K
90	478	Kevin	Corrigan	M40	Murlough AC	00:56:04	00:55:07	10K
91	632	Martin	McGoran	M40		00:56:04	00:55:07	10K
92	541	Keith	Harbinson	M40		00:56:11	00:56:02	10K
93	799	John	McGill	M35		00:56:14	00:55:43	10K
94	771	diane	vance	F55		00:56:15	00:56:12	10K
95	732	Alister	Simpson	M35		00:56:16	00:55:56	10K
96	361	Simon	Hart	MO		00:56:21	00:56:14	10K
97	446	Joanne	Busch	F35	Belfast running club	00:56:23	00:55:49	10K
98	571	Victor	Kerr	M35		00:56:23	00:56:00	10K
99	339	Geoff	Loane	M55		00:56:26	00:55:59	10K

100	544	Ruth	Haugh	FO	Mourne Runners	00:56:33	00:56:31	10K
101	701	Luis Felipe	Pena Callejas	MO		00:56:43	00:55:54	10K
102	447	Alister	Bushe	M40		00:56:48	00:56:08	10K
103	685	Lindsay	Nicholson	FO		00:56:54	00:56:31	10K
104	411	John	Austin	MO		00:56:57	00:56:22	10K
105	550	Catherine	Hood	F45		00:57:03	00:56:23	10K
106	633	Paul	McGovern	MO		00:57:04	00:56:52	10K
107	609	David	McClean	MO		00:57:11	00:57:00	10K
108	340	Kevin	Loane	MO		00:57:16	00:56:49	10K
109	410	Andrea	Armstrong	F35	Dromore	00:57:16	00:56:36	10K
110	696	Victoria	Orr	F35	Dub Runners	00:57:19	00:56:59	10K
111	624	Ruth	McDade	FO	Team Gazelle	00:57:26	00:56:45	10K
112	387	Norman	Stephens	M55	Ballymena Runners	00:57:33	00:57:07	10K
113	699	Melanie	Patton	F40	North Down Athletics Club	00:57:37	00:57:20	10K
114	377	Gary	McKinney	MO		00:57:40	00:57:11	10K
115	588	Richard	Lennon	MO		00:57:40	00:56:48	10K
116	467	Noel	Clarke	M35		00:57:45	00:57:12	10K
117	510	Owen	Fitzpatrick	M45		00:57:50	00:57:33	10K
118	749	ann	strain	F40		00:57:57	00:57:36	10K
119	795	Sarah	Williamson			00:58:05	00:57:31	10K
120	380	Aaron	Newell	M40		00:58:13	00:57:55	10K
121	498	Fiona	Dickson	F45		00:58:14	00:57:42	10K
122	553	Trevor	Hull	M40		00:58:17	00:57:36	10K
123	359	Kate	Hanratty	F40		00:58:29	00:58:03	10K
124	605	Mary	McArdle	F55		00:58:31	00:58:29	10K
125	697	Robert	Park	M45		00:58:34	00:58:27	10K
126	574	Laura	King	FO		00:58:37	00:58:31	10K
127	338	Ciaran	Loane	MO		00:58:40	00:58:12	10K
128	389	Richard	Willis	M35		00:58:40	00:57:42	10K
129	665	Robbie	Milliken	M35		00:58:40	00:57:41	10K
130	335	Phil	Duffield	M50		00:58:44	00:58:24	10K
131	431	Ciara	Bingham	F40		00:58:45	00:58:40	10K
132	483	Andrew	Cromie	M35		00:58:51	00:58:26	10K
133	331	Banszky	Tamas	M40		00:58:52	00:58:45	10K
134	639	Diane	McKeag	F35		00:58:54	00:58:12	10K
135	414	Tim	Baker	MO		00:59:08	00:58:50	10K
136	683	Chris	Nelson	MO		00:59:10	00:58:51	10K
137	537	Sinead	Hamill	F40	Jog Lisburn Running Club	00:59:12	00:59:01	10K
138	631	Barney	McGinnis	M50		00:59:18	00:58:34	10K
139	333	Joy	Watson	F30		00:59:20	00:58:51	10K
140	584	Trevor	Lamb	M40	Seapark AC	00:59:24	00:59:14	10K
141	462	Ken	Casey	M50		00:59:29	00:58:44	10K
142	363	Kirsty	Henderson	FO	Jog lisburn running club	00:59:32	00:59:26	10K
143	672	rosanna	mulholland	F45		00:59:42	00:59:30	10K
144	667	Emer	Moore	FO	Murlough Athletic Club	00:59:45	00:59:35	10K
145	786	Katherine	Yarr	FO		00:59:46	00:59:26	10K
146	765	Lynne	Todd	FO		00:59:55	00:59:04	10K
147	444	Jill	Burgess	F45	Ballydrain Harriers	01:00:00	00:59:17	10K
148	468	Gary	Clarke	M45		01:00:04	00:59:28	10K
149	710	Anthony	Quinn	MO		01:00:05	00:59:39	10K

150	716	John	Reid	M40		01:00:05	00:59:57	10K
151	547	Darren	Herron	M35	Mourne Runners	01:00:07	01:00:04	10K
152	488	Christopher	Day	M40		01:00:08	00:59:00	10K
153	546	Pamela	Herron	FO	Mourne Runners	01:00:08	01:00:05	10K
154	620	Ian	McCracken	M60	East Down Athletic club	01:00:11	00:59:50	10K
155	728	Graham	Sergeant	M50		01:00:12	00:59:48	10K
156	630	Karen	McGarvey	F40		01:00:17	01:00:02	10K
157	585	Damien	Langan	M45	Dublin Frontrunners	01:00:20	00:59:55	10K
158	524	Fiona	Gilmore	F50		01:00:22	00:59:58	10K
159	556	Peter	Jackson	MO		01:00:22	01:00:07	10K
160	568	Heather	Kennedy	F35	Jog Lisburn Running Club	01:00:24	01:00:18	10K
161	517	Karen	Fullerton	F45		01:00:34	00:59:53	10K
162	623	Emma	McDade	F35	Gazelle Runners Belfast	01:00:36	00:59:48	10K
163	784	Carol	Woods	F45	Seapark ac	01:00:40	01:00:29	10K
164	662	Michelle	Messom	F35	Ballydrain harriers	01:00:44	01:00:01	10K
165	369	Pauline	Livingston	F35	Pace	01:00:46	01:00:20	10K
166	402	Sarah	Addis	FO		01:00:54	01:00:41	10K
167	493	Gary	Denvir	MO		01:00:57	01:00:26	10K
168	643	Barry	McKermitt	M50		01:01:04	01:00:36	10K
169	378	Emma	Millar	F35		01:01:12	01:00:47	10K
170	334	Brian	McLaughlin	M45		01:01:17	01:00:48	10K
171	615	Linda	McConnell	F40		01:01:17	01:01:11	10K
172	525	Joan	Gilmore	F40		01:01:30	01:00:57	10K
173	454	Janet	campbell	F45	Team Gazelle Belfast	01:01:31	01:00:44	10K
174	426	Kellie	Bell	F40	Ballydrain harriers	01:01:34	01:01:27	10K
175	348	Sabrina	McCullough	FO		01:01:35	01:01:05	10K
176	391	Sharon	Stephens		ballymena runners	01:01:38	01:01:12	10K
177	797	Rosie	Bird			01:01:44	01:01:27	10K
178	583	Kathy	Knox	F45	Jog Lisburn	01:01:45	01:01:28	10K
179	768	Simon	Trimble	MO		01:01:46	01:01:34	10K
180	368	Gillian	Kirkpatrick	FO	Acorns AC	01:01:54	01:01:32	10K
181	466	Charlene	Clarke	FO		01:01:54	01:01:23	10K
182	425	Conall	Bell	MO	Crossgar Harriers	01:02:00	01:01:10	10K
183	366	Nicola	Irvine	F50	Jog Carrickfergus	01:02:02	01:01:44	10K
184	656	John	MCS Shane	M40		01:02:02	01:01:40	10K
185	564	Elaine	Kelly	F40		01:02:03	01:01:39	10K
186	350	Kathryn	Potterton	FO		01:02:06	01:01:23	10K
187	580	Peter	Knaggs	M45	Sportsworld	01:02:07	01:01:22	10K
188	437	Rachel	Boyle	FO		01:02:10	01:01:49	10K
189	599	Sarah	Malcolmson	F35	Orangetown AC	01:02:13	01:01:55	10K
190	698	Kevin	Patterson	M50	parkrun	01:02:15	01:01:48	10K
191	486	Neil	Curran	M40		01:02:18	01:01:28	10K
192	543	Colett	Hasson	FO		01:02:18	01:01:49	10K
193	775	Emma	wallace	F35		01:02:19	01:01:47	10K
194	349	Rachel	Keys	FO		01:02:29	01:01:51	10K
195	675	colin	murdy	M40		01:02:30	01:01:20	10K
196	603	neil	mcallister	M40		01:02:42	01:02:33	10K
197	422	Stephen	Beattie	M45	Ballydrain Harriers	01:02:44	01:02:00	10K
198	756	Caroline	Taylor	F40	Seaforde Rookies	01:02:51	01:02:43	10K
199	773	Ed	Vernon	M55		01:03:03	01:02:31	10K

200	724	Dawn	Ross	F45		01:03:08	01:02:06	10K
201	561	Kelly	Jones	F35	Craigavon Lakers / Team Skye Fltn	01:03:09	01:02:23	10K
202	635	Lee McGready	McGready	M35		01:03:13	01:02:06	10K
203	715	Darryl	Redman	MO		01:03:19	01:02:59	10K
204	762	ROISIN	TENNYSON	FO		01:03:19	01:02:57	10K
205	475	Talitha	Collins	FO		01:03:46	01:02:57	10K
206	362	Vera	Heaslip	F55		01:03:47	01:03:24	10K
207	413	Sarah	Baird	FO		01:03:47	01:02:55	10K
208	705	Glynis	Poots	F40		01:03:51	01:02:55	10K
209	519	Margaret	Furst	F55		01:03:54	01:03:31	10K
210	642	Jennifer	McKeown	F40	Pace	01:03:59	01:03:03	10K
211	687	MAIRE	NUGENT	F40	PACE	01:03:59	01:03:03	10K
212	385	Neal	Skelton	M50	Marathon Club Ireland	01:04:04	01:03:29	10K
213	770	Teresa	Twene	F45		01:04:05	01:04:03	10K
214	412	MELANIE	BAILEY	FO		01:04:07	01:03:48	10K
215	562	MICHAEL	KANE	M50		01:04:09	01:03:07	10K
216	515	Breige	Flynn	FO	Gazelles	01:04:11	01:03:22	10K
217	536	Rachel	Hall	FO		01:04:11	01:03:44	10K
218	655	Aine	mcShane	F40		01:04:11	01:03:49	10K
219	471	Dawn	Clive	FO		01:04:13	01:03:47	10K
220	791	Allison	Irwin	F35		01:04:14	01:03:44	10K
221	501	Laura	Donnelly	FO		01:04:22	01:03:29	10K
222	458	Alice	Carson	F40	Ballydrain harriers	01:04:24	01:04:17	10K
223	638	Danielle	McIlroy	F35		01:04:30	01:04:10	10K
224	718	Jenny	Robinson	FO	Seapark ac	01:04:39	01:04:20	10K
225	490	Noelle	Dean	F55	Jog Lisburn Running Club	01:04:41	01:04:23	10K
226	332	Andrew	Campbell	M40		01:04:49	01:04:33	10K
227	456	Denise	Campbell	F40		01:04:49	01:04:34	10K
228	680	Leana	Myls	F40		01:04:55	01:03:55	10K
229	572	Leanne	kerr	FO	Gazelles Belfast	01:04:57	01:04:09	10K
230	337	Sean	Devlin	M50	Banbridge CC	01:05:04	01:04:33	10K
231	684	Ann	Niblock	F50		01:05:04	01:05:02	10K
232	743	Catherine	Steele	F50	Jog Carrickfegus	01:05:06	01:04:51	10K
233	428	Wendy	Bennett	F45		01:05:08	01:04:41	10K
234	388	Katharine	Strain	F45		01:05:14	01:04:45	10K
235	733	Beata	Slawecka-Barr	FO		01:05:15	01:04:35	10K
236	796	Nicola	Ferguson			01:05:15	01:05:13	10K
237	582	Scot	Knight	M45		01:05:20	01:04:32	10K
238	648	Louise	McLean	FO		01:05:25	01:04:44	10K
239	578	traceyanne	KIRK	F35	Beverley Massive	01:05:44	01:05:37	10K
240	709	Mirek	Pyrsz	MO		01:05:50	01:05:35	10K
241	558	Iwona	Jaworska	F35		01:05:52	01:05:37	10K
242	573	David	Kilner	M45		01:05:55	01:05:23	10K
243	657	Nuala	McVeigh	F45	Ormeau Runners	01:05:55	01:05:22	10K
244	442	Arturas	Bucas	M40		01:05:56	01:05:42	10K
245	695	sharon	orr	F45	ballymena running club	01:05:57	01:05:19	10K
246	354	Adrian	Dodds	M40	ballymena runners	01:05:58	01:05:20	10K
247	386	Michael	Smyth	M50		01:05:58	01:04:55	10K
248	740	Colin	Spence	M60		01:05:58	01:05:45	10K
249	787	Keith	Young	M35		01:05:58	01:05:45	10K

250	419	Joanne	Bassett	F40		01:06:00	01:05:15	10K
251	640	Isobel	McKee	F45	ORMEAU RUNNERS	01:06:01	01:05:28	10K
252	654	Susan	McQuillan	F40		01:06:02	01:05:16	10K
253	347	Charles	Denvir	MO		01:06:15	01:05:40	10K
254	470	sharon	clements	F45		01:06:21	01:05:40	10K
255	586	Richard	Lee	M55		01:06:21	01:05:39	10K
256	379	Simon	Moody	M40		01:06:27	01:05:18	10K
257	790	Leanne	East	FO		01:06:33	01:05:50	10K
258	460	Michael	Carson	M50		01:06:34	01:05:47	10K
259	409	Patricia	Arguello Rojo	F35		01:06:47	01:05:56	10K
260	511	Tracy	Fitzpatrick	F40	Mullaghbawn Road Runners	01:06:57	01:06:42	10K
261	772	Rose	Vernon	F55		01:06:59	01:06:50	10K
262	330	Alex	Huey	FO		01:07:03	01:06:26	10K
263	371	Sarah	Luce	F35		01:07:06	01:06:19	10K
264	776	Andrea	Wallace	F35		01:07:08	01:06:32	10K
265	406	Julie-Anne	Andrews	F40		01:07:09	01:06:06	10K
266	634	Jaimie	McGrath	F35		01:07:16	01:06:34	10K
267	763	Kathryn	Thompson	FO		01:07:24	01:07:01	10K
268	647	Diane	McKissick	F45	Seaforde Rookies	01:07:25	01:07:16	10K
269	512	Seamus	Fitzsimons	M45	Crossgar Harriers	01:07:26	01:06:32	10K
270	737	Ausra	Sniokaite	F35		01:07:30	01:07:17	10K
271	395	Patrick	Kearney	MO		01:07:35	01:06:34	10K
272	514	Aoife	Flett	FO		01:07:36	01:06:29	10K
273	474	Sarah	Coffey	F35		01:07:43	01:07:10	10K
274	352	Stephen	Campbell	M45		01:07:48	01:07:11	10K
275	758	Fiona	Teague	F55	Belfast Running Club	01:07:50	01:07:40	10K
276	579	Allyson	Klein	F45		01:07:52	01:06:49	10K
277	508	Maxine	Dynes	FO		01:07:54	01:07:23	10K
278	706	Zara	Porter	FO		01:08:00	01:07:36	10K
279	676	joanne	murdy	F40		01:08:11	01:07:00	10K
280	521	Shauna	Gibson	F35	Run-anon	01:08:12	01:07:23	10K
281	416	Roisin	Barr	FO		01:08:14	01:07:35	10K
282	480	Ruth	Cousins	F45		01:08:17	01:07:26	10K
283	455	Norma	Campbell	FO	City of Lisburn AC	01:08:21	01:08:04	10K
284	477	Caitriona	Connolly	FO		01:08:23	01:07:45	10K
285	459	Liz	Carson	F50		01:08:32	01:07:45	10K
286	637	Shanna	McGready	FO		01:08:32	01:07:25	10K
287	492	Clare	Denvir	F45		01:08:35	01:08:02	10K
288	779	Lauren	Whitehouse	FO	Mallusk Harriers	01:08:54	01:08:08	10K
289	780	Melissa	Whiteside	F45	Larne AC	01:09:03	01:08:12	10K
290	664	Tony	Miller	M45		01:09:12	01:08:37	10K
291	764	Anita	Thompson	F40	Team fit	01:09:16	01:08:48	10K
292	761	Donna	Teggarty	F45		01:09:21	01:09:17	10K
293	497	Philip	Dick	M35		01:09:24	01:08:26	10K
294	345	Brian	Miskelly	M50		01:09:26	01:08:50	10K
295	614	Karen	Mcconnell	F45	Ormeau Runners	01:09:28	01:08:54	10K
296	401	SHARON	ADAMS	F35		01:09:30	01:08:58	10K
297	539	Naomi	Hanlon	FO		01:09:30	01:08:58	10K
298	360	Marlene	Harrison	F40		01:09:33	01:08:57	10K
299	542	Donna	Harrison	F45		01:09:33	01:08:57	10K

300	552	Sonia	Houston	FO	Ballydrain harriers	01:09:34	01:08:51	10K
301	408	Jennifer	Ard	F50		01:09:35	01:09:18	10K
302	741	Szymon	Spychalski	MO	Almost Irish	01:09:39	01:09:32	10K
303	491	Katy	Denkowski	FO		01:09:53	01:09:30	10K
304	489	Claire	Day	F40		01:09:57	01:08:49	10K
305	450	Eleanor	Campbell	F35		01:09:58	01:09:04	10K
306	465	Joanne	Chong kwan	F45	Ormeau Runners	01:10:11	01:09:37	10K
307	592	Rachel	Madine	FO		01:10:16	01:09:20	10K
308	396	Marc	Kearney	MO		01:10:18	01:09:18	10K
309	596	Paul	Magee	MO		01:10:21	01:09:56	10K
310	677	laura	murdy	FO		01:10:25	01:09:15	10K
311	719	thomas	robinson	MO		01:10:25	01:09:15	10K
312	688	Tara	O'Conboirne	F50		01:10:29	01:09:22	10K
313	754	Lilly	Takoor	FO	Ballydrain	01:10:34	01:09:48	10K
314	509	Judith	Erwee-Townsend	F50	Road Runners Club	01:10:44	01:09:47	10K
315	593	Clare-Anne	Magee	F35		01:10:46	01:10:13	10K
316	548	David	Hollywood	MO	Team Gazelle	01:11:08	01:10:27	10K
317	346	Kasha	McCullough	FO		01:11:12	01:10:39	10K
318	420	Karen	Beattie	F40	Ballydrain Harriers	01:11:13	01:10:29	10K
319	581	Denise	Knight	F40		01:11:21	01:10:33	10K
320	522	Nora	Gilbody	F45	Ormeau runners	01:11:27	01:10:21	10K
321	753	Michelle	Sweeney	FO	Ormeau Runners	01:11:27	01:10:21	10K
322	750	Carly	Sung	F40	Usual suspects	01:11:59	01:11:06	10K
323	618	Ashley	McCoubrey	FO	Jog Carrickfergus	01:12:11	01:11:55	10K
324	703	Deirdre	Phillips	F55	Gazelle runners belfast	01:12:23	01:11:34	10K
325	563	Nikki	Keery	F35		01:12:30	01:11:42	10K
326	607	Elaine	McCann	F40		01:12:31	01:12:17	10K
327	351	Esther	Bell	F35		01:12:32	01:12:23	10K
328	367	Geraldine	Kane	F40	Seapark AC	01:12:38	01:12:25	10K
329	708	Shona	Pryde	FO	Orangetown AC	01:12:44	01:12:05	10K
330	589	Zoe	Lennon	F50	PACE Antrim	01:12:46	01:11:51	10K
331	707	Brian	Prior	M40		01:12:57	01:12:22	10K
332	373	Yvette	McClellan	F35	Team McClellan	01:12:58	01:12:23	10K
333	398	Amie	McClellan	FO	Team McClellan	01:12:58	01:12:23	10K
334	399	Stacey	McGerty	FO	Team McClellan	01:12:58	01:12:23	10K
335	785	Geraldine	Workman	F50	Ormeau Runners	01:12:59	01:11:55	10K
336	678	Clare	Murnin	FO	Murlough AC	01:13:06	01:12:55	10K
337	421	Allyson	Beattie	F45	Ballydrain Harriers	01:13:08	01:12:25	10K
338	602	Gillian	McAleer	F45	Ormeau Runners	01:13:58	01:12:56	10K
339	628	Caroline	McFarland	F45		01:13:59	01:12:58	10K
340	549	Clare	Holmes	F35		01:14:26	01:13:46	10K
341	690	Nuala	Oconnor	FO		01:14:26	01:13:46	10K
342	748	Hannah	Strain	FO		01:14:27	01:13:37	10K
343	439	Sharon	bridge	F35		01:14:33	01:13:48	10K
344	463	Marine	Chalanqui	FO		01:14:33	01:14:26	10K
345	407	Stephanie	Annett	FO		01:14:43	01:14:36	10K
346	432	monica	blaney	F50		01:14:44	01:14:26	10K
347	384	Mollie	simpson	F55		01:14:45	01:14:02	10K
348	681	Mairead	Napier	F40	Orange grove ax	01:14:47	01:14:08	10K
349	627	Colin	McEvoy	M50	Peninsula Triathlon	01:14:48	01:14:02	10K

350	441	Julie	Brown	F40	Jog lisburn	01:14:52	01:14:13	10K
351	736	Frances	Smyth	F55	Ormeau Runners	01:14:55	01:13:49	10K
352	534	Siobhan	Grant	FO		01:15:09	01:14:58	10K
353	729	Roisin	Sherlock	F40	Run-Anon	01:15:11	01:14:21	10K
354	717	kim	Reid	FO		01:15:23	01:14:29	10K
355	429	GILLIAN	BEST	F45		01:15:33	01:14:39	10K
356	405	Sally	Anderson	F40	Ballydrain Harriers	01:15:36	01:14:49	10K
357	747	Chris	Strain	M50		01:15:38	01:14:47	10K
358	418	Patricia	barry	F45		01:15:45	01:15:38	10K
359	666	Heather	Molloy	FO		01:15:46	01:15:39	10K
360	591	Cathy	Macpherson	F50	Ormeau runners	01:15:57	01:15:20	10K
361	652	Jill	McPeak	F45		01:15:57	01:15:20	10K
362	461	Sinead	Carville	FO		01:16:03	01:15:49	10K
363	427	Ally	Bennett	F35	County Antrim Harriers	01:16:17	01:15:28	10K
364	595	Sara	Magee	F40	Ormeau runners	01:16:24	01:15:28	10K
365	485	Gemma	Cunningham	F45	Ormeau Runners	01:16:35	01:15:38	10K
366	344	Ann	Burrows	F40	Crossgar Harriers	01:16:43	01:15:51	10K
367	742	Jeyan	Sreekumar	MO		01:16:51	01:16:22	10K
368	557	Gillian	Jackson	FO		01:16:54	01:16:39	10K
369	382	REGINALD	RANKIN	M50		01:16:57	01:16:05	10K
370	622	Julie	Mccullough	F45		01:17:02	01:15:54	10K
371	646	Christine	Mckinstry	FO	Team fit	01:17:04	01:16:36	10K
372	376	Dawn	McEvoy	F40		01:17:14	01:16:19	10K
373	565	Nancy	Kelly	F55	Ormeau Runners	01:17:19	01:16:46	10K
374	798	Donna	Roddy	FO		01:17:35	01:16:45	10K
375	397	Marea-Louise	Martin	FO		01:17:41	01:16:40	10K
376	721	Fiona	Roddy	FO		01:17:46	01:17:07	10K
377	403	WESLEY	AGNEW	M40		01:18:30	01:17:49	10K
378	714	Sheila	Rafferty	F45		01:18:50	01:18:28	10K
379	712	Nick	Rafferty	M50		01:19:13	01:18:44	10K
380	713	Deirdre	Rafferty	F50		01:19:13	01:18:43	10K
381	668	Natasha	Moroney	F40	Ormeau Runners	01:19:30	01:18:25	10K
382	653	Nuala	McQuaid	F45	Ormeau Runners	01:19:40	01:18:36	10K
383	457	Caitriona	Carr	FO	Murlough AC	01:19:54	01:19:41	10K
384	554	Eileen	Hunter	F40	Murlough AC	01:19:58	01:19:43	10K
385	448	Vicki	Caddy	F40		01:20:01	01:19:32	10K
386	400	Gillian	Abraham	FO		01:20:09	01:19:23	10K
387	464	Stephen	Chambers	MO		01:20:27	01:19:32	10K
388	513	Rachel	Fleetwood	FO		01:20:27	01:19:32	10K
389	438	Ruth	Boyle	FO		01:20:57	01:19:54	10K
390	555	Judith	Irwin	F45	Ballymena Runners	01:21:37	01:20:59	10K
391	504	Kevin	Duffy	M50	Ballymena Runners	01:21:38	01:20:59	10K
392	516	LAWRENCE	FOX	M55		01:22:00	01:21:21	10K
393	394	Carol	Downey	F40	Seapark AC	01:22:14	01:22:03	10K
394	679	Fiona	Murphy	F45	Ballydrain Harriers	01:22:21	01:21:32	10K
395	531	Kathryn	Gormley	F40	Ormeau Runners	01:22:30	01:21:34	10K
396	739	Noel	Spence	MO		01:22:31	01:21:55	10K
397	545	Ann	Hawkswood	F60		01:22:37	01:22:19	10K
398	479	Leona	Coulter	F35		01:23:00	01:22:30	10K
399	436	Elaine	Boyd	F40		01:23:21	01:22:15	10K



400	686	joyce	nickell	F40		01:23:21	01:22:15	10K
401	569	jennifer	kenny boyd	FO		01:23:44	01:22:40	10K
402	370	Caroline	Kearney	F35		01:25:29	01:24:29	10K
403	600	Alan	Marsh	MO		01:25:37	01:25:17	10K
404	598	Rhonda	Magowan	F35		01:25:59	01:25:01	10K
405	484	Andrea	Crossan	F45		01:27:04	01:26:01	10K
406	505	Anne	Duffy	F40	Ormeau Runners	01:27:04	01:26:00	10K
407	597	Claire	Magee	F40	Ormeau Runners	01:27:04	01:26:00	10K
408	694	Sharon	O'Neill	F35		01:27:17	01:26:52	10K
409	722	John	Rodgers	M50		01:27:17	01:26:52	10K
410	374	Neil	McCormick	M40		01:29:08	01:28:18	10K
411	587	Penny	Lees	F35		01:29:09	01:28:15	10K
412	507	Brenda	Durkin	FO	Murlough AC	01:30:22	01:30:10	10K
413	769	Rachel	Tully	F35	BALLYDRAIN HARRIERS	01:33:19	01:32:26	10K
414	650	Lilly	McMaster	F55	Ormeau Runners	01:33:28	01:32:23	10K
415	424	Michele	Bell	F45	Crossgar Harriers	01:36:54	01:36:02	10K
416	430	Padraigin	Bingham	F40	North Belfast Harriers	01:38:08	01:37:08	10K
417	670	Marion	Morrow	F55	County Antrim Harriers	01:38:08	01:37:07	10K
418	523	rollo	gillespie	M35	Abbys Runners	01:38:10	01:37:09	10K
<b>Pos</b>	<b>Bib</b>	<b>Firstname</b>	<b>Lastname</b>	<b>Cat</b>	<b>Club</b>	<b>Finish</b>	<b>Chiptime</b>	<b>Race</b>
1	275	Don	Travers	M40	Newry City Runners	01:24:36	01:24:36	HM
2	118	Colum	Gaile	MO	Albertville Harriers	01:26:02	01:26:00	HM
3	73	Richard	Coey	M40	Ballydrain Harriers	01:26:20	01:26:19	HM
4	245	Martin	Rea	M40		01:28:00	01:27:58	HM
5	67	Jonathan	Caughey	M35		01:28:21	01:28:20	HM
6	247	Roger	Pannell	M40	Ballydrain Harriers	01:28:46	01:28:45	HM
7	71	Ian	Cleland	MO	Seapark AC	01:32:07	01:32:04	HM
8	231	Aidan	O'Neill	M50	Run-anon	01:33:46	01:33:42	HM
9	197	David	McGaffin	M45	Springwell RC	01:34:59	01:34:45	HM
10	250	Peter	Robinson	MO		01:35:05	01:35:00	HM
11	264	Barry	Spence	M40		01:35:17	01:35:03	HM
12	207	Gerard	Mcnamara	M40	Nbh	01:37:08	01:37:05	HM
13	95	Conor	Diver	M40		01:38:10	01:38:09	HM
14	61	DANIEL	CAMPBELL	M45		01:38:53	01:38:47	HM
15	132	Patrick	Hamill	M40	Mallusk Harriers	01:39:56	01:39:55	HM
16	258	Mark	Simmons	MO		01:40:46	01:40:29	HM
17	60	URSULA	CAMPBELL	F45		01:41:08	01:41:06	HM
18	194	jimmy	mcfadden	M45	Team Runwell	01:41:21	01:41:18	HM
19	204	Michael	McKeown	M50	East Down AC	01:41:31	01:41:25	HM
20	259	Michael	Skelcher	M40		01:41:32	01:41:27	HM
21	225	Daniel	Murray	M35		01:43:21	01:43:17	HM
22	29	phil	young	MO	Murlough A.C.	01:43:39	01:43:37	HM
23	126	Robin	Gillespie	M40	N/A	01:43:46	01:43:43	HM
24	117	Joanne	Foster	FO	East Down AC	01:43:49	01:43:38	HM
25	133	Neil	Hanley	MO		01:43:49	01:43:30	HM
26	98	peter	donnelly	M35		01:44:45	01:44:41	HM
27	228	John	Nelson	M50	Belfast Running Club	01:45:11	01:45:10	HM
28	40	Adrian	Bennett	M45		01:45:48	01:45:43	HM
29	161	conor	lavery	MO		01:46:37	01:46:03	HM
30	164	Andy	Leathem	M45	USUAL SUSPECTS	01:46:53	01:46:33	HM

31	283	Janice	White	F40	Usual Suspects	01:46:53	01:46:33	HM
32	42	Jonathan	Bingham	M40		01:47:45	01:47:33	HM
33	122	Ben	Gearey	M45		01:47:46	01:47:29	HM
34	156	Phillip	Kerr	M55	Sportsworld Running Club	01:48:00	01:47:53	HM
35	104	Stephen	Dunn	M45	St Peters ac	01:48:27	01:48:24	HM
36	279	Jim	Warnock	M55		01:49:01	01:48:39	HM
37	172	Jonathan	Macauley	M35		01:49:07	01:48:54	HM
38	155	andrea	Kennedy	F40	enniskillen rc	01:49:19	01:49:14	HM
39	41	Sarah	Benton	F45	North Down AC	01:50:00	01:49:50	HM
40	77	Chris	Conville	MO		01:50:07	01:49:59	HM
41	140	Anne	Havern	F35	Newry City Runners	01:50:07	01:49:58	HM
42	208	Richard	McNeill	M40	Milford AC	01:50:10	01:50:03	HM
43	9	Paul	Duncan	M40		01:50:13	01:50:08	HM
44	69	Aaron	Clarke	MO		01:50:25	01:50:21	HM
45	94	Alan	Dew	M35		01:50:33	01:50:30	HM
46	3	Erica	Calder	F45	DSDAC	01:50:42	01:50:18	HM
47	291	Davy	Garvey	M	Team Dog	01:50:59	01:50:49	HM
48	278	Phillip	Vint	M45	East Down AC	01:52:06	01:51:54	HM
49	215	Philip	Mone	MO	Seapark AC	01:52:07	01:51:37	HM
50	24	Anita	Pollin	F35		01:52:16	01:52:10	HM
51	134	Andrew	Hanna	M35		01:52:22	01:52:14	HM
52	70	Shannon	Clegg	F35	Peninsula Panthers	01:52:39	01:52:23	HM
53	188	Michael	McCartney	M50	Usual Suspects	01:52:47	01:52:26	HM
54	191	Mark	McConnell	M40		01:52:54	01:52:42	HM
55	265	Aaron	Spence	MO		01:53:28	01:52:55	HM
56	210	Dermot	Meehan	MO		01:53:40	01:53:20	HM
57	266	Brian	Stevenson	M45	Rathfriland Runners	01:53:41	01:53:32	HM
58	80	Mark	Coughlan	MO		01:53:42	01:53:08	HM
59	18	John	McCartney	M50		01:54:05	01:53:59	HM
60	88	mark	crothers	M40		01:54:09	01:53:54	HM
61	55	Sean	Burke	M40		01:54:11	01:53:46	HM
62	44	Natalie	Bowbanks	FO		01:54:12	01:54:05	HM
63	47	gerald	boyle	M35	newry city runners	01:54:12	01:54:03	HM
64	48	Paul	Bracken	M35	Jog Moira	01:54:48	01:54:18	HM
65	65	steven	carruthers	MO		01:54:48	01:54:42	HM
66	293	Cecelia	McCUTCHEON	F		01:55:12	01:55:01	HM
67	152	Clifford	Jones	M45		01:55:22	01:55:09	HM
68	58	Helen	Byers	F35	NDAC	01:55:35	01:55:25	HM
69	154	Arkadiusz	Kamyk	MO		01:55:35	01:55:28	HM
70	282	Nigel	Wethers	M55		01:55:45	01:55:21	HM
71	45	Jacqui	Boyd	F50		01:55:49	01:55:28	HM
72	230	Paul	O'Hare	M50	NICS AC	01:56:10	01:55:47	HM
73	196	Simon	McFarland	MO		01:56:18	01:56:08	HM
74	62	Jim	Campbell	M40		01:56:47	01:56:42	HM
75	169	Phelim	Lundy	M45		01:56:48	01:56:36	HM
76	274	Thomas	Trainor	M35		01:56:53	01:56:48	HM
77	263	Michael	Snoddy	M55	Jog Moira	01:57:33	01:57:01	HM
78	190	Richard	McCLean	M50		01:57:38	01:57:19	HM
79	170	Noel	Lynam	M45	Sportsworld	01:57:42	01:57:19	HM
80	147	Claire	Ingram	F35	ballydrain Harriers	01:57:49	01:57:38	HM

81	213	Simon	Moffett	M40	Belfast Running Club	01:57:55	01:57:52	HM
82	115	emma	forde	FO		01:57:56	01:57:49	HM
83	141	Grainne	Heaney	F35	Rathfriland Runners	01:57:59	01:57:51	HM
84	166	vlad	len	M35		01:58:15	01:58:02	HM
85	87	paul	cromie	M40		01:58:41	01:58:20	HM
86	145	Proinnsias	Howell	M35		01:58:41	01:58:18	HM
87	257	Barry	Shields	M55	n/a	01:58:53	01:58:48	HM
88	51	Paul	Brannigan	M55	Team Veda	01:58:55	01:58:31	HM
89	107	Mark	Englefield	M40		01:58:56	01:58:42	HM
90	223	Eddie	Murnin	MO		01:59:00	01:58:53	HM
91	178	Niall	Malone	M40		01:59:01	01:58:46	HM
92	217	Ian	Montgomery	M55		01:59:01	01:58:56	HM
93	254	Harry	Russell	M45	Crossgar Harriers	01:59:05	01:58:55	HM
94	83	John	Craig	M40	Lifford ac	01:59:21	01:58:24	HM
95	246	Roisin	Redmond	FO		01:59:28	01:59:10	HM
96	125	Andy	Gibsonandy	MO	Marathon Club Ireland	01:59:33	01:59:19	HM
97	199	Roisin	McGrath	F35		01:59:43	01:59:19	HM
98	206	Leon	McLaughlin	M35		01:59:43	01:59:19	HM
99	129	Tony	Guy	M55		01:59:44	01:59:24	HM
100	150	Simon	Jenkinson	MO		02:00:04	02:00:04	HM
101	209	Danny	McVicker	M45	N/A	02:00:13	02:00:13	HM
102	137	Rosemary	Hargan	F55	Acorns AC	02:00:14	02:00:07	HM
103	159	JOHN	KNOCKER	M60	Acorns AC	02:00:14	02:00:08	HM
104	30	Geoff	Thomas	M55		02:00:29	02:00:17	HM
105	142	Julie	Henry	F40		02:00:31	02:00:20	HM
106	174	Conan	Magee	M45	Dub Runners	02:00:35	02:00:22	HM
107	75	Chris	Connolly	M45	Monaghan Town Runners	02:00:37	02:00:18	HM
108	198	Michael	McGashon	MO		02:00:41	02:00:23	HM
109	124	Andrew	Gibson	MO	Dromore AC	02:00:51	02:00:48	HM
110	268	Darren	Taggart	MO	Mallusk Harriers	02:00:53	02:00:34	HM
111	33	Adrian	Baron			02:01:07	02:00:49	HM
112	288	Helen	Wyse	F35	North Down AC	02:01:07	02:00:35	HM
113	248	Trevor	Reid	M40		02:01:26	02:00:47	HM
114	295	Conor	Sheridan			02:01:28	02:00:56	HM
115	233	Dermot	Ormsby	M35		02:01:38	02:01:33	HM
116	216	Patrick	Montgomery	MO		02:02:06	02:01:40	HM
117	8	Gerry	Drake	M40	Pace Running Club	02:02:21	02:01:55	HM
118	151	David	Jennings	M45		02:02:22	02:02:09	HM
119	281	Mark	Welsh	M40	Seapark AC	02:02:25	02:02:19	HM
120	136	Lyn	Hardie	F45	co antrim harriers	02:02:28	02:01:55	HM
121	66	Emma	Casey	F45		02:02:30	02:02:07	HM
122	201	Gerry	McGuckin	M55		02:02:30	02:02:08	HM
123	236	Trevor	Patterson	M45	North Down Athletic Club	02:02:37	02:02:27	HM
124	162	Neil	Lavery	M40		02:02:43	02:02:37	HM
125	13	Gareth	Kitson	MO		02:02:45	02:02:19	HM
126	25	Alice	Scott	FO		02:03:04	02:02:34	HM
127	37	JAMES	BARR	M45	north down ac	02:03:10	02:02:59	HM
128	200	peter	mcgrath	M35		02:03:30	02:02:54	HM
129	165	Paul	Lees	M45		02:03:37	02:03:11	HM
130	224	Brian	Murray	M35	Team Abby	02:03:41	02:03:08	HM

131	271	Marty	Timlin	M45	St Peters AC	02:03:48	02:03:39	HM
132	53	Adam	Brown	M40		02:03:55	02:03:29	HM
133	184	Jennifer	McBride	F35		02:04:42	02:04:30	HM
134	108	triona	faapito	F35		02:04:43	02:04:29	HM
135	90	Johanna	Cunningham	FO		02:04:45	02:04:34	HM
136	102	Sandra	Drysdale	F35	Ballydrain Harriers	02:05:04	02:04:52	HM
137	235	Tamsin	Paterson	FO		02:05:06	02:04:54	HM
138	261	rodney	smyth	M45		02:05:12	02:04:59	HM
139	290	Gemma	Barr	F	Crossgar Harriers	02:05:21	02:05:11	HM
140	72	Gerard	Cochrane	MO		02:05:55	02:05:16	HM
141	1	Gavin	Boyle	M35		02:06:13	02:05:56	HM
142	52	Susan	Brennan	F55		02:06:18	02:05:55	HM
143	46	Catherine	Boyd	F35	Mallusk Harriers	02:06:23	02:06:04	HM
144	123	michael	gibson	M40		02:06:37	02:06:24	HM
145	130	Peter	Guy	M55		02:06:49	02:06:21	HM
146	21	Gareth	Nethercott	M45		02:07:05	02:06:53	HM
147	202	Gareth	McKenna	M40	Monaghan Town Runners	02:07:26	02:07:07	HM
148	7	Lisa	Corbett	FO		02:07:31	02:07:23	HM
149	76	Gary	Connolly	M50		02:07:40	02:07:15	HM
150	79	Gillian	Cordner	F40	Seapark ac	02:07:40	02:07:15	HM
151	139	Michael	Harte	MO		02:08:05	02:07:51	HM
152	35	Lorna	Annett	FO	Murlough Athletics Club	02:08:11	02:07:41	HM
153	277	Keith	Vennard	MO		02:08:32	02:07:55	HM
154	219	Irvine	Moorehead	M65		02:08:46	02:08:31	HM
155	286	Richard	Wilson	M35		02:08:53	02:08:19	HM
156	86	Grainne	Crilly	F45	st peters ac lurgan	02:09:55	02:09:33	HM
157	127	Michael	Grant	MO		02:10:10	02:09:54	HM
158	192	Gwen	McCracken	F35	St Peters Lurgan	02:10:14	02:09:38	HM
159	128	Peter	Grimes	M45		02:10:16	02:09:55	HM
160	110	craig	falls	MO		02:11:15	02:10:59	HM
161	179	stephen	martin	MO		02:11:15	02:10:57	HM
162	4	Rachael	Castle	F35		02:11:18	02:10:58	HM
163	97	Gavin	Doherty	M45		02:11:19	02:11:03	HM
164	84	Cherith	Craig	F35		02:11:23	02:10:52	HM
165	242	Michael	Power	M50	Murlough	02:11:23	02:10:46	HM
166	68	Nichola	Caughey	F35		02:11:43	02:11:22	HM
167	96	David	Doey	M35		02:11:43	02:11:24	HM
168	99	CHRIS	DONNELLY	M40		02:11:49	02:11:11	HM
169	78	Mark	Copeland	MO		02:12:03	02:11:55	HM
170	2	COLIN	BRANNIGAN	M45	Ballydrain	02:12:08	02:11:28	HM
171	243	John	Pryce	M60	Doha Bay Running Club	02:12:18	02:11:49	HM
172	195	mandy	mcfadden	F40		02:12:32	02:11:56	HM
173	114	Jason	Fisher	M45		02:12:34	02:11:58	HM
174	59	leah	calvert	FO	Murlough A C	02:12:36	02:12:07	HM
175	285	Lesley	Wilson	F40		02:12:41	02:12:16	HM
176	239	Karen	Poag	F35	Seapark AC	02:12:46	02:12:20	HM
177	212	Peter	Moffett	M40		02:13:15	02:12:37	HM
178	244	Grainne	Quinn	F35		02:13:17	02:13:07	HM
179	185	Tara	McBride	F45	NICSAC	02:13:29	02:12:57	HM
180	15	Nigel	McAreavey	M35		02:13:39	02:13:33	HM

181	85	Lloyd	Crawford	M50	FBRC	02:13:39	02:13:03	HM
182	276	Chris	Vassallo	M35		02:13:39	02:13:35	HM
183	39	Jennifer	Beckett	F45		02:13:40	02:13:05	HM
184	81	Jonathan	Adams	MO		02:13:41	02:13:01	HM
185	116	Alison	Foster	F40	Ballymena Runners	02:14:05	02:13:43	HM
186	36	William	Baird	M60		02:14:33	02:13:52	HM
187	111	david	fannin	M45		02:14:33	02:13:52	HM
188	251	Mark	Rocks	M50	Belfast Running Club	02:14:38	02:13:54	HM
189	229	Jim	O'Hagan	M35		02:14:57	02:14:23	HM
190	17	Phil	McCabe	M35		02:14:58	02:14:09	HM
191	143	Mary Rose	Holman	F40	Belfast Running Club	02:15:01	02:14:31	HM
192	227	Tony	Nellis	M45		02:15:50	02:15:26	HM
193	109	hilary	faith	F35	lisburn Triathlon Club	02:16:16	02:15:48	HM
194	121	simon	gardiner	M35		02:16:27	02:16:04	HM
195	177	Renata	malone	F45		02:16:41	02:16:25	HM
196	175	karen	maguire	F45		02:16:49	02:16:24	HM
197	240	ian	pollard	F40	lisburn Triathlon Club	02:17:12	02:16:45	HM
198	100	Stephen	Dowds	M45	Craigavon Lakers / Team Skye Fitn	02:17:20	02:17:03	HM
199	221	Catherine	Mullan	F35		02:17:31	02:16:53	HM
200	157	Paul	Killough	MO		02:17:39	02:17:24	HM
201	23	Helen	Osborn	F55		02:18:04	02:17:27	HM
202	297	Yusuf	Ahmed	MO		02:18:04	02:17:29	HM
203	5	Julie	Clyde	F45	Seapark	02:18:45	02:18:17	HM
204	119	Rachel	Galbraith	F40	Ballymena Runners	02:18:55	02:18:16	HM
205	269	Patricia	Thompson	F45	St Peter's AC	02:19:06	02:18:45	HM
206	270	David	Thompson	M40	Team fit	02:19:25	02:19:11	HM
207	49	Judith	Bracken	F40	Jog Moira	02:19:30	02:18:59	HM
208	82	Denise	Cowan	FO		02:19:37	02:19:03	HM
209	19	Thomas	McDonald	M60	Sperrin Harriers	02:19:45	02:19:31	HM
210	131	Steven	Hadley	M45		02:19:51	02:19:19	HM
211	296	Paul	Mutengu	M35		02:19:55	02:19:19	HM
212	203	Rachael	McKenry	F45	St Peters Lurgan	02:19:59	02:19:38	HM
213	173	Rachel	Macauley	FO	Rathfriland Runner	02:20:07	02:19:57	HM
214	138	Joanne	Harris	F40		02:20:08	02:19:28	HM
215	256	Patrick	Savage	MO		02:20:27	02:20:02	HM
216	211	William	Mercer	M50		02:20:43	02:20:02	HM
217	168	David	Iorimer	M50	craigavon lakers	02:20:49	02:20:30	HM
218	187	Joanne	McCandless	F35		02:20:52	02:20:10	HM
219	234	Patrick	OSullivan	M45		02:21:04	02:20:50	HM
220	218	Jacqueline	Moore	F45	Murlough Ac	02:21:10	02:20:57	HM
221	43	Jill	BOAL	F55		02:21:46	02:21:06	HM
222	260	Aileen	Smith	F35		02:22:43	02:22:26	HM
223	167	Darren	Little	MO		02:23:06	02:22:33	HM
224	262	James	Smyth	M60		02:23:54	02:23:32	HM
225	56	Stuart	Burnside	M35		02:24:42	02:24:33	HM
226	32	Michael	Ogilby	M45	Country Antrim Harriers	02:25:49	02:25:20	HM
227	255	Ruth	Sanders	FO		02:25:56	02:25:24	HM
228	135	KAREN	HANSON	F45	Seapark AC	02:25:59	02:25:30	HM
229	89	Linda	Cunningham	F50	East down athletic club	02:26:06	02:25:53	HM
230	74	Jacqui	Coghlan	F50	Seapark	02:26:58	02:26:31	HM

231	280	Alison	Welsh	F35	Seapark AC	02:26:59	02:26:32	HM
232	12	Sara	Johnston	FO	Seapark AC	02:27:00	02:26:33	HM
233	34	Lyndsay	Adams	FO		02:27:03	02:26:42	HM
234	267	Lance	Swarbrick	M45		02:27:03	02:26:43	HM
235	64	Reuben	Carlisle	MO		02:27:08	02:26:30	HM
236	10	Ruth	Fitzsimons	F35		02:27:41	02:27:01	HM
237	232	Sean	O'Neill	MO		02:27:57	02:27:21	HM
238	222	David	Mullan	M40		02:28:16	02:27:40	HM
239	6	Laura	Cooke	FO		02:28:57	02:28:36	HM
240	160	Gabriel	Laverty	M45		02:29:04	02:28:36	HM
241	182	Josephine	Mcalister	F35	Seapark AC	02:32:28	02:32:00	HM
242	238	Lynn D M	Phun	F40	Kernan Run Club	02:33:08	02:32:45	HM
243	63	Martin	Carlin	M35		02:34:30	02:34:05	HM
244	220	Sonia	Morgan	F40		02:36:08	02:35:51	HM
245	252	Gemma	Roddy	F35		02:36:53	02:36:35	HM
246	148	Christine	Lynn	F		02:38:03	02:37:19	HM
247	158	Jacqueline	King	F40	Usual Suspects	02:38:03	02:37:19	HM
248	205	Paula	MCKIBBIN	F45	Murlough ac	02:38:25	02:37:55	HM
249	105	Late	Entry			02:38:29	02:38:05	HM
250	101	Jenny	Downey	FO		02:38:49	02:38:26	HM
251	26	Chris	Sheehan	MO		02:39:37	02:39:08	HM
252	28	Andrea	Woolsey	F45		02:40:25	02:39:45	HM
253	249	Ruth	Reid	F35		02:40:25	02:39:45	HM
254	106	EVELYN	ELLISON	F55	Ormeau Runners	02:41:22	02:40:39	HM
255	27	Janet	Sproule	F45	Ormeau Runners	02:41:23	02:40:40	HM
256	93	KIERAN	DEVLIN	M55		02:41:44	02:41:36	HM
257	163	Orla	Lawson	FO		02:41:46	02:41:38	HM
258	181	Wilson	McAlister	M55	Jog Moira	02:41:52	02:41:20	HM
259	57	Tony	Barclay	M55	Co Antrim Harriers	02:49:44	02:49:13	HM
260	214	Caroline	Mone	FO	Seapark AC	02:50:15	02:49:46	HM
261	16	Jennifer	McAteer	FO	Newry City Runners	02:51:51	02:51:17	HM
262	113	Colm	Fearon	M50		02:58:48	02:57:53	HM
263	272	Martina	Toal	F40	CAH	02:58:48	02:58:14	HM
264	292	Eileen	Stewart	F		02:58:48	02:58:12	HM
265	237	Helena	Perry	F40	Seapark AC	02:59:49	02:59:20	HM
266	22	Lorraine	Ogilby	F45	Jog Carrickfergus	02:59:54	02:59:25	HM
267	294	John	McGill	M70		03:35:18	03:34:40	HM