

Pos	Bib	Firstname	LastName	Club	Gender	Cat	Finish	ChipTime	Race
1	611	Stephen	O'Gorman	Dromore AC	Male	MO	00:35:32	00:35:31	10K
2	689	David	McKee	Mourne Runners	Male	MO	00:36:00	00:35:59	10K
3	677	Wesley	McDowell	Dromore AC	Male	M35	00:37:50	00:37:49	10K
4	607	John	Neill	larne ac	Male	M35	00:40:14	00:40:14	10K
5	697	Ronan	Doran		Male	M35	00:41:03	00:41:02	10K
6	612	Stephen	O'hare	Burren ac	Male	MO	00:41:59	00:41:56	10K
7	616	Gareth	Owens		Male	M35	00:42:02	00:41:59	10K
8	441	Robert	Murray	Seapark AC	Male	M45	00:42:03	00:41:59	10K
9	401	Stephen	Austin		Male	M45	00:43:26	00:43:25	10K
10	481	Reggie	Campbell		Male	M55	00:43:31	00:43:30	10K
11	431	James mark	McClements		Male	M35	00:43:47	00:43:42	10K
12	599	Sean	Mooney		Male	M35	00:44:00	00:43:58	10K
13	688	John Patrick	Gilroy	John Thomas Gilroy	Male	MO	00:44:07	00:44:04	10K
14	674	Ross	Chapa		Male	MO	00:44:07	00:44:00	10K
15	601	Donal	Murdock	Burren AC	Male	M45	00:44:21	00:44:16	10K
16	520	Joanne	Graham	Mourne Runners	Female	FO	00:44:21	00:44:16	10K
17	565	David	McAlister		Male	MO	00:44:25	00:44:09	10K
18	653	David	Wallace	Mourne runners	Male	M35	00:44:45	00:44:39	10K
19	679	Bethany	Haugh	Mourne Runners	Female	FO	00:45:01	00:45:00	10K
20	687	Eamonn	Mallon		Male	M50	00:45:18	00:45:16	10K
21	478	Norman	Campbell	Dromore Athletics Club	Male	M60	00:45:23	00:45:22	10K
22	485	Alice	Clarkson	Cambridge Canoe Club	Female	FO	00:45:38	00:45:19	10K
23	637	jim	simons	Dub Runners	Male	M40	00:45:52	00:45:37	10K
24	622	Neill	Radford		Male	M35	00:46:15	00:46:03	10K
25	579	MARTY	MCCULLOUGH		Male	M45	00:46:17	00:45:59	10K
26	596	Philip	Mone	Seapark A.C	Male	MO	00:46:53	00:46:45	10K
27	524	Paul	gunn		Male	MO	00:47:05	00:46:59	10K
28	685	Paul	Quinn		Male	MO	00:47:09	00:46:57	10K
29	410	steven	carruthers		Male	MO	00:47:19	00:47:05	10K
30	537	Hannah	Irvine		Female	FO	00:47:21	00:47:12	10K
31	488	Gareth	Craig		Male	MO	00:47:25	00:47:19	10K
32	662	Vici	Winters		Female	F35	00:47:28	00:47:09	10K
33	610	Peter	North		Male	M40	00:47:54	00:47:38	10K
34	693	Sam	Graham	Mourne Runners	Male	M35	00:47:59	00:47:48	10K
35	570	keith	mcbride		Male	M35	00:48:04	00:47:59	10K
36	567	Joe	McAnearney	Roxy`s Runners Banbridge	Male	M50	00:48:19	00:48:17	10K
37	444	michael	neeson		Male	M35	00:48:24	00:48:12	10K
38	604	Eddie	Murnin		Male	MO	00:48:29	00:48:19	10K
39	564	Richard	McAlister		Male	MO	00:48:38	00:48:22	10K
40	418	Martin	Duggan		Male	M35	00:48:40	00:48:33	10K
41	550	MARTIN	LARKIN	GYM-TECH RUNNING CLUB	Male	M40	00:48:45	00:48:28	10K
42	594	Cherry	McVeigh		Female	FO	00:48:54	00:48:41	10K
43	686	Martin	McGoran		Male	M40	00:48:57	00:48:30	10K
44	609	CLIFFORD	NETTLESHIP		Male	M50	00:48:58	00:48:48	10K
45	513	Aidan	Farry		Male	M35	00:49:16	00:49:09	10K
46	606	Gerard	Murray	selieve gullion runners	Male	MO	00:49:24	00:49:16	10K
47	589	Stuart	McNeilly	Mourne runners	Male	MO	00:49:24	00:49:15	10K
48	429	Joanne	Major		Female	F50	00:49:41	00:49:39	10K
49	574	Alison	McConnell	Olympian	Female	F45	00:49:45	00:49:42	10K

50	644	Jenna	stevenson		Female	FO	00:50:02	00:49:54	10K
51	506	Thomas	Dunlop	Seapark AC	Male	MO	00:50:04	00:50:01	10K
52	572	Sam	McCallum		Male	MO	00:50:05	00:49:40	10K
53	533	katherine	harkness		Female	FO	00:50:11	00:50:10	10K
54	583	John	McGreevy		Male	M35	00:50:15	00:50:12	10K
55	702	Marek	Merlewski		Male	M40	00:50:22	00:50:12	10K
56	516	Graham	Glass		Male	M40	00:50:30	00:50:07	10K
57	461	Michael	Allen		Male	M40	00:50:31	00:50:19	10K
58	560	Pat	Maguire		Male	M60	00:50:39	00:50:32	10K
59	654	William	Wallace	BARF	Male	M40	00:50:44	00:50:32	10K
60	446	Cliona	O'Boyle	Murlough AC	Female	F35	00:50:45	00:50:37	10K
61	544	Gary	Kernaghan		Male	MO	00:50:46	00:50:25	10K
62	437	Vincent	Mears		Male	M45	00:50:53	00:50:36	10K
63	569	Ciaran	McAvoy		Male	MO	00:50:59	00:50:48	10K
64	445	Aaron	Newell		Male	M40	00:51:01	00:50:48	10K
65	676	Chris	Brock		Male	M30	00:51:09	00:50:52	10K
66	464	Amy	Beatson	Seapark AC	Female	FO	00:51:12	00:51:08	10K
67	557	trina	maginn		Female	F35	00:51:15	00:51:04	10K
68	666	Dagmar	Wuest		Female	F40	00:51:16	00:51:13	10K
69	541	Clifford	Jones		Male	M45	00:51:16	00:51:09	10K
70	409	adam	campbell		Male	MO	00:51:28	00:51:28	10K
71	549	Chris	Lamb		Male	M50	00:51:35	00:51:18	10K
72	641	Andrew	Smyth	Seapark A.C.	Male	M55	00:51:37	00:51:33	10K
73	588	Sherie	Mcnamara	Ballygalget	Female	FO	00:51:41	00:51:40	10K
74	536	Julie	Houston		Female	FO	00:51:47	00:51:41	10K
75	419	Pauric	FARRY		Male	M40	00:51:48	00:51:42	10K
76	566	john	mcallister	Corrigan AC	Male	M45	00:51:54	00:51:46	10K
77	538	Wesley	Murdoch	None	Male	M50	00:51:55	00:51:54	10K
78	470	Alison	Brand		Female	FO	00:51:55	00:51:36	10K
79	500	Fiona	Dickson		Female	F45	00:51:58	00:51:51	10K
80	630	Barry	Rodgers		Male	M35	00:52:02	00:51:42	10K
81	456	Ash	Taylor		Male	MO	00:52:08	00:51:56	10K
82	617	William	Patterson		Male	MO	00:52:09	00:51:57	10K
83	455	David	Strutt	Seapark Athletic Club	Male	MO	00:52:12	00:52:09	10K
84	584	Kevin	McKernan		Male	M45	00:52:12	00:51:46	10K
85	626	marty	rawlinson	murlough ac	Male	M50	00:52:16	00:52:06	10K
86	440	Mark	Morrison		Male	M45	00:52:17	00:52:03	10K
87	468	Noel	Bloomfield	Mallusk Harriers	Male	M50	00:52:53	00:52:34	10K
88	525	Patrick	Hamill	Mallusk Harriers	Male	M50	00:52:55	00:52:50	10K
89	476	Jennifer	Butler	Mallusk Harriers	Female	F40	00:52:59	00:52:40	10K
90	497	Kate	Delaney	Sea park AC	Female	F35	00:53:07	00:53:03	10K
91	499	Julie	Devlin		Female	FO	00:53:08	00:53:00	10K
92	578	Cathal	Mccoy	Slieve gullion runners	Male	M40	00:53:08	00:52:59	10K
93	542	Jen	Jones		Female	F35	00:53:11	00:53:00	10K
94	452	Catherine	Rosselin		Female	F50	00:53:17	00:52:59	10K
95	577	Angela	McCormick	Seapark AC	Female	F45	00:53:25	00:53:20	10K
96	633	David	Rushe	Slieve Gullion Runners	Male	MO	00:53:36	00:53:27	10K
97	412	John	Clarkin		Male	M40	00:53:48	00:53:36	10K
98	400	Kerri	Anderson		Female	F35	00:53:53	00:53:42	10K
99	462	John	Austin		Male	M35	00:53:54	00:53:42	10K

100	413	Anna	Clugston	Jog Lisburn Running Club	Female	FO	00:54:09	00:54:05	10K
101	678	Colin	Scott	Dromore AC	Male	M45	00:54:14	00:54:07	10K
102	474	Steve	Burgess		Male	M45	00:54:28	00:54:12	10K
103	700	Joy	Watson		Female	F30	00:54:30	00:54:06	10K
104	631	Richard	Rogers	North Belfast Harriers	Male	M45	00:54:37	00:54:28	10K
105	672	Leah	Calvert	Murlough	Female	F35	00:54:44	00:54:36	10K
106	496	Neil	Curran		Male	M40	00:54:44	00:54:21	10K
107	463	William	Baird		Male	M60	00:54:51	00:54:42	10K
108	665	CAROL	WOODS	seapark ac	Female	F45	00:54:52	00:54:48	10K
109	585	Joe	McMahon	Murlough AC	Male	M55	00:55:04	00:54:54	10K
110	472	Gordon	Brown		Male	M45	00:55:06	00:54:54	10K
111	670	Jan	Brown		Female	F45	00:55:07	00:54:56	10K
112	498	Mark	Devenney		Male	MO	00:55:13	00:54:48	10K
113	509	Team	Ellen	Team Ellen	Female	F35	00:55:21	00:55:21	10K
114	414	Bethany	Coulter	Dromore AC	Female	FO	00:55:26	00:55:19	10K
115	651	Ed	Vernon		Male	M55	00:55:30	00:55:24	10K
116	454	Kieran	Sloan		Male	MO	00:55:43	00:55:32	10K
117	450	Sarah	Rea	Seapark	Female	FO	00:55:45	00:55:40	10K
118	621	Gareth	Preston		Male	MO	00:55:58	00:55:40	10K
119	608	Tony	Nellis	Murlough AC	Male	M45	00:56:04	00:55:54	10K
120	490	Sinead	Crawley	Shore to Shore Runners	Female	F40	00:56:04	00:55:48	10K
121	543	neville	kelso		Male	M40	00:56:05	00:55:39	10K
122	619	ewa	pluzyczka		Female	FO	00:56:05	00:55:36	10K
123	54	Faye	Sergeant	Newry City Runners	Female	FO	00:56:11	00:55:57	10k
124	512	GRAEME	FARRINGTON		Male	MO	00:56:21	00:56:03	10K
125	561	Sarah	Malcolmson	Orangetown AC	Female	F35	00:56:26	00:56:13	10K
126	595	Gregory	Middleton		Male	M45	00:56:43	00:56:38	10K
127	562	Scott	Maunders		Male	M40	00:56:47	00:56:31	10K
128	467	Kathryn	Blomley	North down athletics club	Female	F45	00:57:00	00:56:45	10K
129	432	Ian	Mccreary		Male	M50	00:57:00	00:56:44	10K
130	602	colin	murphy		Male	M40	00:57:02	00:56:38	10K
131	559	Gerry	Maguire		Male	M55	00:57:10	00:57:02	10K
132	527	Richard	Hand	DROMORE AC	Male	M50	00:57:19	00:56:59	10K
133	492	Victoria	McFeeters		Female	FO	00:57:21	00:57:01	10K
134	449	Catherine	Patterson		Female	F35	00:57:22	00:57:13	10K
135	423	Diane	Inns	Banbridge Athletics club	Female	F50	00:57:29	00:57:19	10K
136	701	Brian	McLaughlin		Male	M50	00:57:33	00:57:12	10K
137	466	Alan	Bell	Just Active	Male	M50	00:57:35	00:57:13	10K
138	675	Michael	Green		Male	M40	00:57:38	00:57:18	10K
139	576	Beth	Mccormick	Seapark AC	Female	FO	00:57:39	00:57:34	10K
140	634	Ruth	Sanders		Female	F35	00:57:39	00:57:21	10K
141	575	MARIE	MCCONVILLE	Sole mates	Female	F45	00:57:43	00:57:29	10K
142	592	Robert	McShane	Sole Mates	Male	M55	00:57:45	00:57:30	10K
143	655	Emma	Wallace		Female	F40	00:57:46	00:57:35	10K
144	438	Simon	Moody		Male	M40	00:57:47	00:57:30	10K
145	486	Claire	Connery		Female	F35	00:57:49	00:57:31	10K
146	618	Matthias	Pesold		Male	MO	00:57:51	00:57:33	10K
147	581	Lee	McGready		Male	M35	00:57:51	00:57:26	10K
148	519	melanie	graham		Female	FO	00:57:53	00:57:42	10K
149	652	Andrea	Wallace	Mourne Runners	Female	F35	00:57:56	00:57:49	10K

150	451	Orla	Rooney		Female	FO	00:58:15	00:58:07	10K
151	453	tracey	ruane	newry city runners	Female	F45	00:58:21	00:58:05	10K
152	628	John	Reid		Male	M40	00:58:24	00:58:10	10K
153	620	Glynis	Poots		Female	F40	00:58:24	00:58:06	10K
154	682	Charles	Burns	DED Runners	Male	M45	00:58:30	00:58:03	10K
155	683	David	Burns	DED Runners	Male	MO	00:58:32	00:58:05	10K
156	443	Nikita	Murray	Seapark AC	Female	FO	00:58:38	00:58:32	10K
157	495	Ceire	Cudden		Female	FO	00:58:41	00:58:25	10K
158	661	Donna	Wills hughes		Female	F35	00:58:41	00:58:24	10K
159	681	Anthony	Ruby		Male	M35	00:58:42	00:58:31	10K
160	522	Kate	Greenan	Kilcoo GAC	Female	F60	00:58:44	00:58:36	10K
161	403	shelley	bell		Female	FO	00:58:57	00:58:52	10K
162	517	Kate	Goodman		Female	FO	00:58:58	00:58:42	10K
163	645	Robert	Stockley		Male	M45	00:58:59	00:58:42	10K
164	699	Aisling	McElroy		Female	F35	00:59:00	00:58:51	10K
165	667	Heather	Lown	Seapark	Female	F40	00:59:01	00:58:54	10K
166	597	Jill	Montgomery		Female	FO	00:59:08	00:58:52	10K
167	671	George	Morrow	Jog lisbon running club	Male	M70	00:59:09	00:59:01	10K
168	529	Carol	Hanna		Female	F40	00:59:14	00:58:53	10K
169	484	Alistair	Carson		Male	M45	00:59:36	00:59:15	10K
170	483	Clare	Carson		Female	FO	00:59:37	00:59:16	10K
171	420	Jonathan	Gamble		Male	MO	01:00:14	00:59:57	10K
172	694	laura	McAuley		Female	FO	01:00:15	01:00:12	10K
173	640	Liam	Sloan		Male	MO	01:00:22	01:00:17	10K
174	703	John	Hamilton		Male	M40	01:00:22	01:00:10	10K
175	539	Iwona	Jaworska		Female	F35	01:00:39	01:00:35	10K
176	547	Allyson	Klein		Female	F45	01:00:43	01:00:37	10K
177	593	Wendy	McShane	Sole Mates	Female	F50	01:00:47	01:00:34	10K
178	603	joanne	murdy		Male	M40	01:00:56	01:00:34	10K
179	656	Rebecca	Walsh		Female	FO	01:01:19	01:01:12	10K
180	638	Neal	Skelton	Marathon Club Ireland	Male	M50	01:01:31	01:01:21	10K
181	460	SHARON	ADAMS		Female	F40	01:01:50	01:01:28	10K
182	528	Naomi	Hanlon		Female	FO	01:01:51	01:01:29	10K
183	698	Denise	Maguere		Female	F50	01:01:53	01:01:44	10K
184	459	Farzan	Anjomani	Ni mountain running associa	Female	F45	01:01:54	01:01:54	10K
185	530	Chris	Hannon		Male	MO	01:01:56	01:01:37	10K
186	518	Kylie Ann	Gordon		Female	FO	01:02:06	01:01:55	10K
187	582	shanna	mcgreedy		Female	FO	01:02:12	01:01:47	10K
188	650	Rose	Vernon	N/A	Female	F55	01:02:13	01:02:06	10K
189	627	Darryl	Redman		Male	MO	01:02:19	01:02:08	10K
190	505	Nicola	Dunlop	Seapark AC	Female	F40	01:02:20	01:02:10	10K
191	623	Keith	Rafferty	No	Male	M35	01:02:26	01:01:57	10K
192	480	Mandy	Campbell	Fitness Factory Lurgan	Female	F40	01:02:35	01:02:35	10K
193	545	Team	Kerr	Team Kerr	Male	M40	01:02:39	01:02:39	10K
194	648	Nicola	Thompson		Female	F35	01:02:45	01:02:27	10K
195	471	Joanne	Brittain		Female	FO	01:02:51	01:02:32	10K
196	442	Glenda	Murray	Seapark AC	Female	F45	01:03:13	01:03:08	10K
197	680	Mary	McMurrough		Female	F45	01:03:31	01:03:31	10K
198	629	Jenny	Robinson		Female	FO	01:03:38	01:03:27	10K
199	614	Paul	O'shea	none	Male	M40	01:03:43	01:03:39	10K

200	615	Bronagh	O'shea	none	Female	F35	01:03:54	01:03:50	10K
201	552	Cherith	Logan		Female	FO	01:04:10	01:03:49	10K
202	639	Leeanne	Skillen	Mallusk Harriers	Female	FO	01:04:36	01:04:16	10K
203	696	Aoibhin	O'Hare		Female	FO	01:04:43	01:04:35	10K
204	433	Heather	Mccreary		Female	F45	01:04:46	01:04:30	10K
205	573	laura	mccartan	Murlough AC	Female	FO	01:05:00	01:04:36	10K
206	673	Dena	jones		Female	F35	01:05:07	01:04:50	10K
207	669	Sonia	Morgan		Female	F40	01:05:07	01:04:50	10K
208	448	Ryan	O'Toole		Male	MO	01:05:11	01:05:02	10K
209	642	Joanne	Smyth		Female	F35	01:05:15	01:04:54	10K
210	482	Irene	Carlin	Kilcoo GAC	Female	F50	01:05:25	01:05:17	10K
211	647	Donna	Teggarty		Female	F45	01:05:33	01:05:14	10K
212	635	Susan	Sealey		Female	F45	01:05:36	01:05:25	10K
213	657	andrea	walsh	murlough	Female	F35	01:05:39	01:05:16	10K
214	556	Rachel	Madine		Female	FO	01:05:47	01:05:20	10K
215	691	Declan	McKeown	SGR	Male	M40	01:05:52	01:05:41	10K
216	692	Stephen	McKeown		Male	MO	01:05:52	01:05:41	10K
217	475	Alison	Busby		Female	FO	01:05:53	01:05:34	10K
218	489	Katy	Crawford		Female	FO	01:05:59	01:05:43	10K
219	507	Rhona	Dunne		Female	FO	01:06:01	01:05:40	10K
220	632	Tanya	Rooney	Gym Tech Newry	Female	FO	01:06:02	01:05:45	10K
221	408	Laura	Campbell	Mallusk Harriers	Female	F35	01:06:21	01:06:01	10K
222	434	Laura	McDonald	Sole Mates	Female	F35	01:06:30	01:06:15	10K
223	457	antoinette	thornbury	solemates	Female	F45	01:06:30	01:06:15	10K
224	605	Fiona	Murphy	Ballydrain Harriers	Female	F50	01:06:46	01:06:30	10K
225	458	Catherine	Vennard		Female	FO	01:07:01	01:06:44	10K
226	411	CAROLINE	CLARKE		Female	FO	01:07:02	01:07:00	10K
227	501	AIDY	DODDS	ballymena runners	Male	M40	01:07:08	01:06:47	10K
228	613	Sharon	Orr	Ballymena runners	Female	F45	01:07:09	01:06:48	10K
229	439	Emma	Morgan		Female	F35	01:07:22	01:07:03	10K
230	424	Geraldine	Kane	Seapark AC	Female	F40	01:07:42	01:07:32	10K
231	404	Joanne	Boness	SoleMates	Female	F40	01:08:03	01:07:50	10K
232	425	Michael	Kane	Seapark AC	Male	M40	01:08:05	01:07:59	10K
233	571	Joanne	McBrien		Female	F45	01:08:57	01:08:35	10K
234	415	Lynn	Cowan		Female	FO	01:09:09	01:08:56	10K
235	526	Luke	Hamill		Male	MO	01:09:25	01:09:18	10K
236	504	Anne	Duffy	Ormeau Runners	Female	F40	01:09:35	01:09:10	10K
237	643	JEYAN	SREEKUMAR		Male	MO	01:09:45	01:09:23	10K
238	534	Mary	Harris	Ormeau Runners	Female	F50	01:10:05	01:09:43	10K
239	407	Anne	Brownlow		Female	F55	01:10:08	01:09:50	10K
240	469	Ruth	Boyle		Female	FO	01:10:19	01:09:56	10K
241	580	Dawn 'FIBROCAT'	McEvoy		Female	F40	01:10:21	01:10:03	10K
242	491	Lynn	Cromie		Female	FO	01:10:24	01:10:05	10K
243	636	Beth	Sealey		Female	FO	01:11:30	01:11:20	10K
244	600	Natasha	Moroney	Ormeau Runners	Female	F45	01:11:50	01:11:25	10K
245	591	Nuala	McQuaid	Ormeau Runners	Female	F45	01:12:19	01:11:55	10K
246	563	Gillian	Mcaleer	Ormeau runners	Female	F45	01:12:31	01:12:08	10K
247	598	Janet	Mooney		Female	F35	01:12:40	01:12:38	10K
248	553	Joy	Logan		Female	FO	01:12:40	01:12:20	10K
249	535	Tina	Hewitt		Female	F35	01:13:27	01:13:09	10K

250	465	Margarite	Beatson	Jog Carrickfergus	Female	F50	01:13:45	01:13:39	10K
251	664	Diane	Woods	Craigavon lakers	Female	F50	01:13:45	01:13:32	10K
252	568	Jennifer	McAteer	Newry City Runners	Female	FO	01:13:46	01:13:33	10K
253	548	Ellen	Knipe		Female	FO	01:13:46	01:13:33	10K
254	426	David	Lorimer	Craigavon Lakers	Male	M50	01:13:46	01:13:32	10K
255	510	david	fannin	craigavion lakers	Male	M45	01:13:46	01:13:32	10K
256	430	Linda	Martin	Jog Moira	Female	F40	01:13:46	01:13:31	10K
257	540	Kelly	Jones	Craigavon Lakers	Female	F40	01:13:46	01:13:31	10K
258	503	Stephen	Dowds	Craigavon Lakers	Male	M45	01:13:47	01:13:33	10K
259	493	Andrea	Crossan	Ormeau Runners	Female	F45	01:14:26	01:14:03	10K
260	684	Rebecca	Millar		Female	FO	01:14:49	01:14:37	10K
261	695	Isla	Curran		Female	F35	01:15:02	01:14:39	10K
262	532	Brenda	Harbinson		Female	F35	01:15:16	01:15:00	10K
263	531	Keith	Harbinson		Male	M40	01:15:16	01:15:00	10K
264	405	nuala jacqueline	Brady	Sole mates	Female	F50	01:15:27	01:15:12	10K
265	427	rita	loughran	sole mates	Female	F55	01:15:27	01:15:11	10K
266	546	Aveen	Killen		Female	F35	01:16:06	01:15:48	10K
267	417	Carol	Downey	Seapark AC	Female	F40	01:18:12	01:18:02	10K
268	690	Brian	Miskelly		Male	M50	01:23:13	01:22:58	10K
269	551	Penny	Lees		Female	F35	01:24:30	01:24:06	10K
270	515	rollo	gillespie	Abby Harding Memorial Four	Male	M35	01:24:30	01:24:06	10K
271	494	Laura	Crothers		Female	F35	01:24:31	01:24:08	10K
272	649	Rachel	Tully	Scrabo Striders	Female	F35	01:25:27	01:25:09	10K
273	704	Aiona	Williams		Female	FO	01:27:31	01:27:25	10K
274	705	Jason	Forsythe		Male	M35	01:27:33	01:27:24	10K
275	435	Leanne	McDowell		Female	F35	01:28:41	01:28:34	10K
279	587	Lilly	McMaster	Ormeau Runners	Female	F55	01:28:41	01:28:17	10K
Pos	Bib	Firstname	LastName	Club	Gender	Cat	Finish	ChipTime	Race
1	145	Danny	Mclaughlin	ST Malachys AC	Male	MO	01:19:24	01:19:24	HM
2	87	Laura	Graham	Mourne Runners	Female	FO	01:23:31	01:23:30	HM
3	160	David	Noble	Larne	Male	M40	01:26:17	01:26:16	HM
4	177	John	Robinson		Male	M40	01:28:59	01:28:58	HM
5	106	Ian	Keys	#TEAMKEYS	Male	MO	01:29:41	01:29:37	HM
6	13	Eric	Fairfield	Orangegroove AC	Male	M40	01:30:58	01:30:57	HM
7	73	Danny	Donaldson	Mallusk Harriers	Male	MO	01:31:06	01:30:59	HM
8	186	Barry	Spence		Male	M40	01:31:40	01:31:31	HM
9	180	Fabrice	Scoupe	Belfast Running Club	Male	M40	01:31:47	01:31:44	HM
10	168	Stephen	Pepper	Banbridge AC	Male	M40	01:32:38	01:32:36	HM
11	135	Paul	McCullagh	City of Lisburn AC	Male	M55	01:33:16	01:33:12	HM
12	131	Charlie	McCormick	Seapark AC	Male	M45	01:33:23	01:33:20	HM
13	7	Ian	Campton		Male	M50	01:33:30	01:33:27	HM
14	208	Peter	Donnelly		Male	M35	01:33:54	01:33:51	HM
15	192	Colin	Walker	North Down AC	Male	M40	01:34:28	01:34:27	HM
16	94	Martsje	Hell	North Belfast Harriers	Female	FO	01:35:03	01:34:59	HM
17	176	Catherine	Roberts	North Down AC	Female	F40	01:35:24	01:35:20	HM
18	138	jimmy	mcfadden	Team Runwell	Male	M50	01:35:44	01:35:41	HM
19	81	Anne	Fitzpatrick	North Belfast Harriers	Female	F35	01:36:03	01:35:57	HM
20	204	Michael	McKenna	Murlough ac	Male	M35	01:36:12	01:36:09	HM
21	189	Patrick	Thompson		Male	MO	01:36:49	01:36:40	HM
22	21	Sean	Haughian		Male	M35	01:36:57	01:36:53	HM

23	169	Amanda	Perry	Ballydrain Harriers	Female	F40	01:37:01	01:36:57	HM
24	75	Lee	Dougherty		Male	M40	01:37:02	01:36:50	HM
25	49	Allastair	Barron	PACE Running Club	Male	MO	01:37:13	01:37:04	HM
26	86	Gordon	Glass	none	Male	M45	01:38:48	01:38:41	HM
27	195	James	Wells		Male	MO	01:38:59	01:38:44	HM
28	109	Emmanuel	Le Fouler	St Peter's AC	Male	M35	01:39:34	01:39:26	HM
29	167	hugh	oram	Murlough ac	Male	M40	01:40:03	01:39:59	HM
30	84	Robin	Gillespie	N/A	Male	M40	01:40:10	01:40:05	HM
31	4	Johnny	Bradshaw	Ballydrain Harriers	Male	M40	01:40:14	01:40:09	HM
32	45	Adrian	Woolsey	Tuna Tri Club	Male	M40	01:40:34	01:40:32	HM
33	217	Peter	Glass		Male	M40	01:40:57	01:40:50	HM
34	159	John	Nelson	Belfast Running Club	Male	M50	01:41:00	01:40:56	HM
35	187	Eilean	Stevenson	St Peters	Female	F40	01:41:17	01:41:14	HM
36	199	James	Wilson	City of Lisburn AC	Male	M35	01:41:51	01:41:45	HM
37	157	PHILIP	MULLIGAN	North Down AC	Male	M50	01:41:52	01:41:46	HM
38	57	Paddy	Brennan		Male	MO	01:42:06	01:41:55	HM
39	32	Scott	Nelson	North Down AC	Male	M40	01:42:13	01:42:04	HM
40	127	Jonathan	McCauley		Male	M35	01:42:22	01:42:06	HM
41	27	Brian	Mcgovern	Burren AC	Male	M40	01:42:31	01:42:24	HM
42	92	Andrew	Hanna		Male	M35	01:44:17	01:44:08	HM
43	97	Amanda	Jackson	Ballydrain harriers	Female	F40	01:44:35	01:44:26	HM
44	104	Phillip	Kerr	Sportsworld AC	Male	M55	01:44:40	01:44:35	HM
45	113	Sean	Looby	Murlough AC	Male	M35	01:45:35	01:45:31	HM
46	71	Padraig	Cusack	Riyadh road runners	Male	M40	01:45:44	01:45:38	HM
47	76	jonathan	dunlop		Male	M40	01:45:44	01:45:37	HM
48	91	Mark	Hamill	Dub Runners	Male	M50	01:45:45	01:45:45	HM
49	14	John	Ferguson	North Down AC	Male	M40	01:46:01	01:45:47	HM
50	39	Brian	Stevenson	Rathfriland runners	Male	M45	01:46:02	01:45:47	HM
51	61	Jim	Campbell		Male	M40	01:46:35	01:46:30	HM
52	130	paul	mcconkey		Male	M55	01:46:56	01:46:43	HM
53	197	Mark	Welsh	Seapark AC	Male	M40	01:47:02	01:46:56	HM
54	115	Lyndsey Jayne	Magowan		Female	FO	01:47:10	01:46:54	HM
55	205	Neil	Campbell	Mallusk Harriers	Male	M40	01:47:19	01:47:08	HM
56	72	Colin	Dalton	Burren AC	Male	M40	01:47:43	01:47:37	HM
57	69	mark	crothers		Male	M40	01:47:52	01:47:42	HM
58	55	Paul	Bracken	Jog Moira	Male	M35	01:47:58	01:47:42	HM
59	172	karalee	porter	Mourne Runners	Female	F35	01:48:05	01:48:01	HM
60	142	josh	mckee	ballydrain Harriers	Male	MO	01:48:07	01:48:07	HM
61	198	Nigel	Wethers		Male	M55	01:48:13	01:48:03	HM
62	74	tonya	dornan		Female	F40	01:48:14	01:48:01	HM
63	114	Brian	Thom	Acorns AC	Male	M45	01:48:45	01:48:38	HM
64	112	Gillian	Logan	Orangegroove AC	Female	FO	01:49:24	01:49:20	HM
65	212	Gordon	Glenn	North Belfast Harriers	Male	M45	01:49:32	01:49:17	HM
66	203	Oliver	Murphy	Acorns AC	Male	M45	01:49:34	01:49:27	HM
67	151	PAUL	MOORE	St Peters AC Lurgan	Male	M50	01:49:35	01:49:16	HM
68	134	Angus	Mccready		Male	M45	01:49:49	01:49:41	HM
69	143	adam	mckee	ballydrain Harriers	Male	MO	01:49:54	01:49:54	HM
70	2	Jonathon	Bell	Seapark AC	Male	MO	01:49:58	01:49:52	HM
71	119	Alan	Massey	North Down AC	Male	M40	01:50:05	01:50:05	HM
72	24	Eamonn	McCaffrey	ACC	Male	MO	01:50:18	01:50:00	HM

73	139	Michael	McGahon		Male	MO	01:50:22	01:50:08	HM
74	149	Emma	Moley	Club pulse runners	Female	FO	01:50:23	01:50:10	HM
75	148	Kate	Moffett	Dub Running Club	Female	F35	01:50:24	01:50:19	HM
76	122	Anna	McArdle	Dub runners	Female	FO	01:50:24	01:50:18	HM
77	23	louise	jones	belfast running club	Female	FO	01:50:25	01:50:21	HM
78	30	Simon	Moffett	Belfast Running Club	Male	MO	01:50:30	01:50:27	HM
79	28	gerard	mckenna		Male	M50	01:50:30	01:50:10	HM
80	194	Emily	Waterworth		Female	F35	01:50:33	01:50:22	HM
81	62	Alan	Campbell	Fitness Factory Lurgan	Male	M40	01:50:43	01:50:33	HM
82	163	dwyer	o'connor	St.Peter's ac Lurgan	Male	M50	01:50:49	01:50:30	HM
83	70	Jim	mulholland		Male	M35	01:50:52	01:50:37	HM
84	118	Keren	Martin	Ballydrain Harriers	Female	F35	01:51:06	01:50:56	HM
85	43	David	Thompson	Rathfriland runners	Male	M40	01:51:06	01:50:50	HM
86	147	Catherine	Miskelly	Ballydrain Harriers	Female	FO	01:51:59	01:51:49	HM
87	1	Kieran	Anderson	Kernan Running Club	Male	MO	01:52:04	01:51:54	HM
88	207	Thomas	Trainor	Brona Trianor	Male	M35	01:52:45	01:52:40	HM
89	133	Martin	McCracken	St Peter's Lurgan	Male	M45	01:53:08	01:52:52	HM
90	214	Claire	Shields	Ballydrain Harriers	Female	F35	01:53:16	01:53:06	HM
91	201	Shauna	Young	Acorns AC	Female	F35	01:53:32	01:53:24	HM
92	209	Gary	Martin		Male	M50	01:53:43	01:53:30	HM
93	170	DOVYDAS	PLIAUGA		Male	MO	01:54:09	01:54:07	HM
94	41	Gillian	Strudwick	Seapark AC	Female	F40	01:54:17	01:54:12	HM
95	178	Rachael	Sands	QUBTRI	Female	F35	01:54:17	01:54:10	HM
96	210	Mark	Heary		Male	M35	01:54:23	01:54:10	HM
97	77	Mark	Englefield		Male	M40	01:54:59	01:54:50	HM
98	99	Simon	Jenkinson		Male	MO	01:55:28	01:55:23	HM
99	110	Stephen	lemon	St Peters ac	Male	M40	01:56:07	01:55:50	HM
100	190	Marty	Timlin	St. Peter's AC	Male	M45	01:56:07	01:55:48	HM
101	98	Vlad	jeljasevic		Male	M35	01:56:18	01:56:11	HM
102	117	Louise	Martin		Female	FO	01:56:36	01:56:23	HM
103	59	Andy	Burrows	Dub runners	Male	M35	01:56:36	01:56:23	HM
104	38	Michael	Stevenson	North Down AC	Male	M50	01:56:49	01:56:35	HM
105	34	Mark	Radcliffe		Male	M50	01:56:53	01:56:43	HM
106	82	Emma	Forde		Female	FO	01:57:15	01:57:15	HM
107	60	Stuart	Campbell	Albertville Harriers	Male	MO	01:57:17	01:57:12	HM
108	42	Darren	Taggart	Mallusk Harriers	Male	MO	01:57:20	01:57:07	HM
109	111	Michael	Lindon	North East Runners Ac	Male	M40	01:57:30	01:57:30	HM
110	53	Catherine	Boyd	Mallusk Harriers	Female	F35	01:57:48	01:57:36	HM
111	124	Jennifer	mcbride		Female	F35	01:57:52	01:57:41	HM
112	123	Kate	McAvoy		Female	FO	01:58:01	01:57:54	HM
113	83	MICHAEL	GIBSON		Male	M40	01:58:03	01:57:53	HM
114	173	Patrick	Power		Male	M45	01:58:17	01:58:09	HM
115	96	Holly	Hunniford	Ballydrain Harriers	Female	FO	01:58:45	01:58:35	HM
116	52	Gary	Bell		Male	M50	01:59:16	01:59:11	HM
117	95	Julie	Henry		Female	F40	01:59:16	01:59:06	HM
118	206	Paul	Edgar	Ballydrain Harriers	Male	M50	01:59:30	01:59:19	HM
119	140	Graeme	McGowan	Scrabo Striders	Male	MO	01:59:30	01:59:18	HM
120	165	colm	O'maille	gch	Male	M35	01:59:36	01:59:26	HM
121	191	keith	vennard		Male	MO	02:00:16	01:59:57	HM
122	3	Laura	Boden		Female	FO	02:01:03	02:00:58	HM

123	67	Paul	Coyle		Male	M45	02:01:10	02:01:03	HM
124	18	Claire	Garrad	NDAC	Female	F35	02:01:40	02:01:26	HM
125	33	Melanie	Patton	North Down AC	Female	F40	02:01:49	02:01:35	HM
126	64	Gerard	Cochrane		Male	MO	02:01:57	02:01:40	HM
127	136	Cathal	McEnhill	MUCK HOGS	Male	M50	02:02:16	02:02:00	HM
128	102	Kevin	Kearns	Muckhogs	Male	M40	02:02:17	02:02:01	HM
129	184	Alister	Simpson		Male	M35	02:02:26	02:02:08	HM
130	182	Aaron	Sergeant	Lisburn Triathlon Club	Male	MO	02:02:52	02:02:43	HM
131	183	David	Simpson		Male	M40	02:03:17	02:03:08	HM
132	11	Lisa	Corbett	Dromore AC	Female	F35	02:03:18	02:03:08	HM
133	171	Philip	Poag	Seapark AC	Male	M40	02:03:56	02:03:44	HM
134	44	Stephen John	Weatherup	Team Weavel	Male	M40	02:03:58	02:03:51	HM
135	108	Brendan	Laverty	Murlough AC	Male	M45	02:04:09	02:03:54	HM
136	156	Declan	Mulholland	Blood swear & tears	Male	MO	02:04:54	02:04:37	HM
137	10	Mark	Copeland	Rathfriland Runners	Male	MO	02:05:11	02:04:56	HM
138	152	Katie	MOORE	St Peters AC Lurgan	Female	FO	02:05:40	02:05:22	HM
139	8	Niamh	Clarke		Female	FO	02:06:01	02:05:56	HM
140	166	Susan	O'Neill	Blood, Sweat & Tears	Female	FO	02:06:25	02:06:08	HM
141	155	Paula	Mulholland	Blood sweat & tears	Female	FO	02:06:26	02:06:09	HM
142	20	David	Hamilton		Male	MO	02:06:27	02:06:18	HM
143	6	Steve	Campbell		Male	MO	02:06:39	02:06:22	HM
144	22	Cathy	Hill		Female	FO	02:06:41	02:06:24	HM
145	103	Elaine	Kennedy	Mallusk Harriers	Female	F40	02:06:49	02:06:37	HM
146	85	Steven	Gilliland	Larne AC	Male	MO	02:07:16	02:06:58	HM
147	80	Jason	Fisher		Male	M45	02:07:21	02:07:07	HM
148	181	Sean	Sealey	East Down AC	Male	M45	02:07:21	02:07:03	HM
149	153	Irvine	Moorehead		Male	M65	02:07:22	02:07:09	HM
150	50	Paul	Barry		Male	M35	02:07:23	02:07:09	HM
151	120	Declan	McAllister	The Barracudas	Male	M40	02:07:53	02:07:45	HM
152	9	Julie	Clyde	Seapark ac	Female	F45	02:08:09	02:07:58	HM
153	65	Jacqui	Coghlan	Seapark AC	Female	F50	02:08:47	02:08:35	HM
154	188	Lance	Swarbrick		Male	M45	02:08:53	02:08:46	HM
155	47	Lyndsay	Adams		Female	F35	02:08:53	02:08:46	HM
156	200	Katherine	Yarr		Female	FO	02:09:15	02:08:56	HM
157	26	Jacintha	McGahan	Newry sports centre running	Female	FO	02:09:21	02:09:07	HM
158	175	Julie	Rankin	Jog Lisburn Running Club	Female	F35	02:09:24	02:09:07	HM
159	126	Rachel	McCauley		Female	FO	02:09:37	02:09:21	HM
160	218	Matthew	O'Hare		Male	M50	02:10:13	02:10:08	HM
161	100	David	Jennings		Male	M45	02:10:14	02:10:02	HM
162	105	Lynn	Kerr		Female	F35	02:11:42	02:11:20	HM
163	196	Alison	Welsh	Seapark AC	Female	F35	02:12:47	02:12:36	HM
164	79	symon	ferguson	Bst	Male	M40	02:13:22	02:13:06	HM
165	51	Jennifer	Beckett		Female	F50	02:14:17	02:14:07	HM
166	116	Julie	Marshall	Seapark AC	Female	F35	02:14:40	02:14:29	HM
167	25	Gavin	McDonnell	North Down Athletics Club	Male	M40	02:14:40	02:14:26	HM
168	36	Norman	Stephens	ballymena runners	Male	M55	02:15:10	02:15:04	HM
169	37	sharon	Stephens	ballymena runners	Female	F50	02:15:11	02:15:04	HM
170	213	Sarah Ellen	Chapa		Female	FO	02:15:20	02:15:02	HM
171	78	Christopher	Farrington		Male	M35	02:15:28	02:15:20	HM
172	132	Paul	McCorry	Belfast Running Club	Male	M35	02:16:33	02:16:14	HM

173	56	Judith	Bracken	Jog Moira	Female	F40	02:16:47	02:16:32	HM
174	164	Catherine	O'Donnell		Female	F35	02:16:49	02:16:41	HM
175	107	Gareth	Kitson		Male	MO	02:17:02	02:16:48	HM
176	193	Karen	Waring	Seapark AC	Female	F45	02:17:19	02:17:07	HM
177	16	Rachel	Galbraith		Female	F40	02:17:28	02:17:09	HM
178	68	Robert	Creagmile		Male	M40	02:18:51	02:18:37	HM
179	216	Paul	Lees		Male	M40	02:19:34	02:19:20	HM
180	146	Louise	McLaughlin		Female	FO	02:19:55	02:19:42	HM
181	215	Jenny	Mullen	Dub Runners	Female		02:20:01	02:19:46	HM
182	66	noelene	coleman	olympian	Female	FO	02:21:34	02:21:14	HM
183	35	Joe	Rafferty		Male	MO	02:25:14	02:24:56	HM
184	158	Chris	Nelson		Male	MO	02:27:33	02:27:22	HM
185	48	Tim	Baker		Male	MO	02:27:34	02:27:23	HM
186	129	Team	McClellan	Team McClellan	Female	F35	02:32:06	02:32:06	HM
187	174	Brian	Prior	Team McClellan	Male	M45	02:32:06	02:32:06	HM
188	128	Andy	McClellan	Team McClellan	Male	M40	02:32:06	02:32:06	HM
189	121	Tiffany	McAllister	Mallusk Harriers	Female	FO	02:33:32	02:33:19	HM
190	58	Alan	Brown	Belfast Running Club	Male	M50	02:35:13	02:34:53	HM
191	46	Gillian	Abraham		Female	FO	02:35:13	02:34:53	HM
192	144	Paula	Mckibbin	Murlough AC	Female	F45	02:36:07	02:35:49	HM
193	154	Stephen	Morrison		Male	MO	02:37:07	02:36:47	HM
194	88	Siobhan	Grant	Murlough AC	Female	FO	02:44:55	02:44:38	HM
195	63	Caitriona	Carr	Murlough AC	Female	FO	02:53:14	02:52:57	HM
196	31	brian	mulholland		Male	M35	02:54:54	02:54:45	HM