

Pos	Bib	Firstname	LastName	Club	Category	Finish	ChipTime	Race
1	1055	Stephen	O'Gorman	Dromore AC	MO	00:36:06	00:36:05	10K
2	1115	Aaron	Woodman	Pace	MO	00:36:57	00:36:56	10K
3	766	Oliver	Cook	Pace Running Club	MO	00:38:36	00:38:33	10K
4	1088	Cathy	McCourt		F40	00:39:11	00:39:08	10K
5	1081	Sam	Linton	Acorns AC	M35	00:39:11	00:39:07	10K
6	756	Darragh	Carolan		MO	00:39:12	00:38:40	10K
7	764	Matthew	Collins	Portmarnock AC	MO	00:39:26	00:39:25	10K
8	1148	Dave	Slater	Enniskillen RC	M40	00:39:38	00:39:37	10K
9	922	Jonny	Gregg		M45	00:40:00	00:39:58	10K
10	1137	Judith	Lennen	Citty of Lisburn	F35	00:40:02	00:40:00	10K
11	946	Philip	Hunter		M40	00:40:02	00:40:00	10K
12	1058	Aidan	O'Neill	Run-Anon	M50	00:40:55	00:40:50	10K
13	1000	Gavin	McCaffrey	BAAC	MO	00:40:56	00:40:53	10K
14	908	Jonathan	Francey		MO	00:41:38	00:41:36	10K
15	935	Paul	Hartley		MO	00:41:46	00:41:41	10K
16	1142	John	Farrelly	Rock Runners	M40	00:42:12	00:42:07	10K
17	770	Martin	Coyne		MO	00:42:24	00:42:21	10K
18	1139	Malcolm	Browne	1zero1	M50	00:42:25	00:42:21	10K
19	1018	Jimmy	McFadden	Team Runwell	M50	00:42:39	00:42:36	10K
20	900	Michael	Faloon		M40	00:42:42	00:42:39	10K
21	977	martin	lundy		M55	00:42:46	00:42:43	10K
22	1122	William	Kells		MO	00:42:48	00:42:44	10K
23	123	Graeme	Black		MO	00:42:55	00:42:52	10K
24	114	Stephen	Austin		M45	00:43:14	00:43:13	10K
25	1124	Aaron	McKenny Lappin		MO	00:43:34	00:43:27	10K
26	1021	Paul	McGirr		M35	00:44:05	00:44:03	10K
27	915	Peter	Glass		M40	00:45:09	00:45:05	10K
28	710	Colm	O'Hare		M35	00:45:32	00:45:19	10K
29	747	Reggie	Campbell	Eml jumbo	M55	00:46:07	00:46:06	10K
30	1146	Micharl	Walsh	Enniskillen RC	M45	00:46:19	00:46:15	10K
31	931	Neil	Hanley		MO	00:46:26	00:46:17	10K
32	1141	Brian	Johnston	1zero1	M50	00:46:38	00:46:33	10K
33	980	Andrew	Lynch		MO	00:46:41	00:46:31	10K
34	968	Kieran	Lappin		M35	00:46:57	00:46:54	10K
35	789	Kathleen	Diver		F35	00:46:58	00:46:54	10K
36	998	Keith	McBride		M35	00:47:20	00:47:16	10K
37	742	Patricia	Brown	Newry City Runners	F55	00:47:25	00:47:18	10K
38	964	Jonny	Kinney	Scrabo striders	M45	00:47:31	00:47:21	10K
39	1052	John	Nelson	Belfast Running Club	M50	00:47:46	00:47:39	10K
40	727	KEITH	ALLEN		M45	00:47:52	00:47:44	10K
41	750	Norman	Campbell	Dromore Athletic Club	M60	00:47:55	00:47:54	10K
42	1060	Conor	O'Neill		M35	00:48:03	00:48:02	10K
43	719	Jose Pedro	Tome		M40	00:48:08	00:48:02	10K
44	1045	Cathal	McEhill	Mughogs	M50	00:48:13	00:48:06	10K
45	1083	mel	slaine		F45	00:48:15	00:48:08	10K
46	779	david	cunningham		M40	00:48:17	00:48:10	10K
47	799	Martin	Duggan	Newcastle AC	M35	00:48:27	00:48:21	10K
48	975	Andy	Liggett		M50	00:48:29	00:48:18	10K
49	1096	NICOLA	SWINSON	PACE	F45	00:48:29	00:48:22	10K

50	1097	Paul	Taggart		M35	00:48:42	00:48:37	10K
51	924	Mervyn	Gregson		M45	00:48:55	00:48:48	10K
52	711	Daniel	O'Neill	BST	MO	00:49:02	00:48:57	10K
53	741	Sean	Browes		M45	00:49:04	00:48:54	10K
54	1066	Neill	Radford		M35	00:49:20	00:49:10	10K
55	776	Mark	Crothers		M40	00:49:22	00:49:11	10K
56	720	Richard	Watt		M40	00:49:25	00:49:23	10K
57	735	PETER	BELL		M40	00:49:35	00:49:24	10K
58	794	Niamh	Donnelly		FO	00:49:36	00:49:30	10K
59	795	Noel	Donnelly		MO	00:49:39	00:49:32	10K
60	1022	Aidan	McGowan		M40	00:49:42	00:49:29	10K
61	746	Alan	campbell	Fitness Factory Lurgan	M45	00:49:43	00:49:37	10K
62	979	Phelim	Lundy	None	M50	00:49:49	00:49:41	10K
63	1131	Kevin	Donnelly		M45	00:50:03	00:49:59	10K
64	961	Glenn	King	Fitness Factory	M35	00:50:17	00:50:06	10K
65	768	Mark	Coughlan		MO	00:50:17	00:50:11	10K
66	767	Colin	Cooney		M45	00:50:18	00:50:08	10K
67	932	Christopher	Hannon		MO	00:50:21	00:50:02	10K
68	760	Irene	Clements	Enniskillen	F55	00:50:23	00:50:18	10K
69	929	David	Hamilton		MO	00:50:24	00:50:18	10K
70	798	Colm	Doyle		M35	00:50:25	00:50:21	10K
71	926	TONY	Guy	Team Runwell	M55	00:50:25	00:50:13	10K
72	1109	Nigel	Wethers		M55	00:50:32	00:50:21	10K
73	1143	Niall	McGuigan		M40	00:50:33	00:50:28	10K
74	1105	Mark	Todd	Larne AC	M40	00:50:56	00:50:49	10K
75	164	Cahal	Campbell		M55	00:50:59	00:50:44	10K
76	1033	Cherry	McVeigh	Team Dog	FO	00:51:19	00:51:01	10K
77	1079	Nathaniel	Shelton		M40	00:51:26	00:51:14	10K
78	786	Michael	Devlin	Buffalo	MO	00:51:39	00:51:29	10K
79	1015	Anthony	Mccullough		MO	00:51:41	00:51:36	10K
80	1155	Chris	Weeks		M30	00:51:43	00:51:04	10K
81	1134	Raymond	Kelly		M50	00:52:06	00:51:58	10K
82	1101	Geoff	Thomas		M55	00:52:14	00:51:54	10K
83	459	Iain	Johnston	N/A	M40	00:52:16	00:51:59	10K
84	906	Alison	Foster	Ballymena Runners	F40	00:52:19	00:51:58	10K
85	744	Stuart	Burnside		M35	00:52:22	00:52:13	10K
86	728	michael	allen		M40	00:52:25	00:52:12	10K
87	1085	Robert	Smyth	NWOC	M40	00:52:34	00:52:11	10K
88	930	RICHARD	HAND	DROMORE AC	M50	00:52:39	00:52:23	10K
89	1036	Brendan	Miskelly		M40	00:52:41	00:52:30	10K
90	1077	David	Scullion	Ballymena Runners	M40	00:52:44	00:52:27	10K
91	990	Niall	Malone		M40	00:52:44	00:52:27	10K
92	631	Joanne	Major		F55	00:52:48	00:52:41	10K
93	1034	Steven	Dornan		M45	00:52:50	00:52:18	10K
94	903	Sarah	Feeney	PACE Running Club	F45	00:52:52	00:52:44	10K
95	1145	Linda	Walsh	Enniskillen RC	F45	00:52:53	00:52:48	10K
96	994	Nigel	Martin	Scrabo Striders	M50	00:52:54	00:52:35	10K
97	905	Kevin	Fogarty	Run-Anon	M35	00:52:54	00:52:30	10K
98	1038	Simon	Moffett	Belfast Running Club	M40	00:52:57	00:52:50	10K
99	708	Aaron	Newell		M40	00:52:57	00:52:49	10K

100	1154	Bill	Devlin		M65	00:53:01	00:52:47	10K
101	1001	Barry	Mccann		M35	00:53:02	00:52:53	10K
102	205	Hannah	Clancy		FO	00:53:03	00:52:18	10K
103	959	VICTOR	KERR		M35	00:53:06	00:52:53	10K
104	1113	Mark	Wilson		M40	00:53:09	00:52:54	10K
105	707	Paddi	Mulholland		F40	00:53:11	00:53:04	10K
106	898	Robert	Elliott		MO	00:53:12	00:53:06	10K
107	925	Joel	Gregson		MO	00:53:15	00:53:09	10K
108	759	Lorraine	Cartmill		FO	00:53:18	00:53:02	10K
109	763	Gerard	Cochrane		MO	00:53:18	00:53:14	10K
110	1003	Sinead	McCary		F35	00:53:19	00:53:13	10K
111	730	Sarah	Arnold		FO	00:53:19	00:52:59	10K
112	706	Debbie	Mingout		F40	00:53:20	00:53:12	10K
113	1127	Colm	Devlin	Murlough AC	M45	00:53:27	00:53:11	10K
114	1087	Trevor	Somerville		MO	00:53:30	00:53:18	10K
115	788	Jefferene	Dickson		F35	00:53:32	00:53:22	10K
116	787	Hugh	Dickson		M55	00:53:32	00:53:21	10K
117	1039	Patrick	Montgomery		MO	00:53:32	00:53:25	10K
118	1068	Brian	Reed		M50	00:53:37	00:53:29	10K
119	1135	Pat	Maguire		M60	00:53:38	00:53:32	10K
120	953	Clifford	Jones		M45	00:53:38	00:53:26	10K
121	914	Graham	Glass		M40	00:53:40	00:52:58	10K
122	1112	Richard	Wilson		M35	00:53:41	00:53:28	10K
123	1108	adrian	walker	N/a	MO	00:53:43	00:53:28	10K
124	739	Nigel	Bonar	Ballymena Runners	M45	00:53:43	00:53:32	10K
125	954	Al	Jones		M45	00:53:46	00:53:31	10K
126	1059	Rory	O'Neill		MO	00:53:47	00:53:23	10K
127	724	Christopher	Addis		MO	00:53:48	00:53:34	10K
128	910	Bansky	Tamas		FO	00:53:52	00:53:43	10K
129	1005	Stephen	Quinn		MO	00:53:58	00:53:50	10K
130	721	Sonia	Wilson	Fitness factory	F35	00:54:03	00:53:26	10K
131	703	Marty	Mccullough	Fitness factory	M60	00:54:04	00:53:26	10K
132	1002	Eamon	McCann	everton	M35	00:54:05	00:53:41	10K
133	1114	Lesley	Wilson		F40	00:54:05	00:53:49	10K
134	1009	Jonathan	McCormick		M40	00:54:09	00:53:59	10K
135	1144	Gerard	Magee		M50	00:54:10	00:53:56	10K
136	941	Julie	Henry		F40	00:54:14	00:53:59	10K
137	1110	George	Whyte		M50	00:54:17	00:53:55	10K
138	1013	Colin	McCrum	Seapark AC	M50	00:54:22	00:54:13	10K
139	785	Mark	Devlin	Buffalo	M35	00:54:26	00:54:17	10K
140	1147	Patrica	mcmullan	NCR	F30	00:54:28	00:54:21	10K
141	955	Katarzyna	Kazmierska		FO	00:54:30	00:53:55	10K
142	701	Eileen	Fegan	None	FO	00:54:32	00:54:17	10K
143	978	patrick lundy	lundy		MO	00:54:32	00:54:05	10K
144	1116	Aine	Woodman	Pace	FO	00:54:32	00:54:18	10K
145	962	Sarah	Kinnear	County Antrim Harriers	FO	00:54:37	00:54:11	10K
146	1082	David	Simpson		M40	00:54:37	00:54:23	10K
147	956	kevin	kearns	muckhogs	M40	00:54:37	00:54:19	10K
148	927	Peter	Guy		M55	00:54:41	00:54:18	10K
149	923	Claire	Gregory		FO	00:54:43	00:54:24	10K

150	952	Simon	Jenkinson		MO	00:55:00	00:54:49	10K
151	733	darren	ballentine		M45	00:55:02	00:54:45	10K
152	999	Andree	Mccaffrey	Pace Running Club	F45	00:55:06	00:54:50	10K
153	743	Lorraine	Burns		F45	00:55:07	00:54:45	10K
154	972	Richard	Lennon		MO	00:55:14	00:55:08	10K
155	773	james	Crawford		M50	00:55:18	00:55:01	10K
156	934	Simon	Hart		MO	00:55:28	00:55:15	10K
157	725	Sarah	Addis		FO	00:55:29	00:55:13	10K
158	463	Trevor	Kennedy		M35	00:55:31	00:55:13	10K
159	939	Nichola	Henderson		F40	00:55:41	00:55:33	10K
160	960	David	Kilner		M45	00:55:42	00:55:19	10K
161	359	Olivia	Godfrey		FO	00:55:43	00:55:28	10K
162	902	GRAEME	FARRINGTON		M35	00:55:48	00:55:25	10K
163	751	Norma	Campbell	Dromore AC	FO	00:55:49	00:55:43	10K
164	1140	Graham	Sergent		M50	00:55:50	00:55:44	10K
165	945	Patrick	Hughes		M45	00:55:51	00:55:37	10K
166	1024	Lee	McGready		M35	00:55:51	00:55:39	10K
167	937	oonagh	Haughey		F35	00:55:52	00:55:22	10K
168	732	Tim	Baker		MO	00:55:54	00:55:50	10K
169	752	Reuben	Carlisle		MO	00:56:00	00:55:39	10K
170	754	Benjamin	Carlisle		MO	00:56:01	00:55:42	10K
171	995	John	Mcallister	Corrigan AC	M45	00:56:11	00:55:58	10K
172	963	Jane	Kinnear	County antrim harriers	FO	00:56:15	00:55:51	10K
173	133	Alan	Black	Run-Anon	M40	00:56:19	00:55:54	10K
174	1136	Jimmy	Finnegan		M40	00:56:24	00:56:18	10K
175	1138	Katherine	Hanratty		F40	00:56:44	00:56:34	10K
176	1128	Malachy	Coyle		M50	00:56:47	00:56:11	10K
177	899	Hannah	Esler		FO	00:56:50	00:56:21	10K
178	1026	Kathy	McKenna		FO	00:56:50	00:56:22	10K
179	967	Jason	Lanyon		M45	00:56:52	00:56:38	10K
180	1102	Debbie	Thompson		F40	00:57:06	00:56:44	10K
181	1011	John	McCreight		MO	00:57:06	00:56:41	10K
182	1095	Garry	Swann		M45	00:57:10	00:56:52	10K
183	1104	Lynne	Todd		FO	00:57:17	00:57:04	10K
184	1048	colin	murdy		M40	00:57:21	00:56:35	10K
185	1030	Joe	McMahon	Murlough A C	M55	00:57:29	00:57:00	10K
186	1118	Nicholas	Boyle		M50	00:57:30	00:57:11	10K
187	1016	Nicola	McDermott		F35	00:57:35	00:57:07	10K
188	1042	Irvine	Moorehead		M65	00:57:39	00:57:15	10K
189	1025	shanna	mcgready		FO	00:57:40	00:57:26	10K
190	1129	Anne	Delaney	Pace	F35	00:57:41	00:57:22	10K
191	938	Joanne	Hayden		F40	00:57:47	00:57:12	10K
192	1031	Nigel	McMorris		M50	00:58:02	00:57:38	10K
193	1032	declan	mcmullan		M40	00:58:11	00:57:51	10K
194	917	Dominic	Fanthorphe		M55	00:58:11	00:58:01	10K
195	940	Paula	Hennessy	PACE Running Club	F35	00:58:16	00:58:01	10K
196	1037	nichola	moffett		F40	00:58:16	00:57:55	10K
197	762	Niall	Cochrane	Marathon Club Ireland	MO	00:58:18	00:57:58	10K
198	1019	Karen	McGarvey		F40	00:58:25	00:57:48	10K
199	1056	roisin	O'Hare		F45	00:58:25	00:58:04	10K

200	714	Brian	Prior		M45	00:58:27	00:58:11	10K
201	1091	Sharon	Stephens	Ballymena runners	F50	00:58:27	00:57:52	10K
202	1090	Norman	Stephens	Ballymena runners	M55	00:58:27	00:57:53	10K
203	1132	Heather	Kennedy	Lisburn Running Club	F35	00:58:31	00:58:15	10K
204	1149	Michael	Blaney	Ballymena	M49	00:58:33	00:58:04	10K
205	958	Iryna	Kennedy	Lagan Valley AC	F50	00:58:37	00:58:21	10K
206	1007	Linda	McClurkin	Sixmile bootcamp	F50	00:58:38	00:58:09	10K
207	797	Judith	Dowey		FO	00:58:46	00:58:19	10K
208	901	david	fannin	Craigavon Lakers	M45	00:58:48	00:58:26	10K
209	989	Renata	malone		F45	00:58:49	00:58:30	10K
210	1153	Eileen	Pollock	Scrabo Striders	F35	00:58:50	00:58:33	10K
211	723	Martin	Adams		M35	00:58:51	00:58:10	10K
212	909	Karen	Fullerton		F45	00:58:56	00:58:32	10K
213	712	Andrew	Parker	Jog Moira	M35	00:59:01	00:58:31	10K
214	1078	Kevin	Sharkey		M50	00:59:01	00:58:29	10K
215	1076	Diarmuid	Sands		M35	00:59:01	00:58:27	10K
216	755	Mel	Carney		M55	00:59:01	00:58:34	10K
217	988	Ann	Mallon		F55	00:59:08	00:58:49	10K
218	991	Teresa	Mark	Ballymena runners	F45	00:59:08	00:58:43	10K
219	1069	Sinead	Reel	Slieve Gullion Runners	F35	00:59:09	00:58:43	10K
220	984	Robert	Magee		M55	00:59:13	00:58:49	10K
221	1029	Jenny	McLeigh		F40	00:59:14	00:58:34	10K
222	1006	Vincent	McCloyey		M35	00:59:15	00:58:51	10K
223	1098	Paula	Tavares		F35	00:59:16	00:57:28	10K
224	1119	Steven	Magennis	Corrigan AC	M40	00:59:22	00:59:08	10K
225	1071	Niall	Robinson		M45	00:59:29	00:59:08	10K
226	731	William	Baird		M60	00:59:30	00:59:09	10K
227	780	Ashleigh	Currie		FO	00:59:39	00:59:17	10K
228	1010	Paul	McCorry	Team GASP	M35	00:59:39	00:59:16	10K
229	771	Thomas	Craig	Larne AC	MO	00:59:41	00:59:27	10K
230	772	Thomas	Craig (snr)	Larne AC	M55	00:59:41	00:59:27	10K
231	1040	Jill	Montgomery		FO	00:59:54	00:59:24	10K
232	1012	Paul	McCrink		M35	01:00:07	00:59:43	10K
233	1062	Helen	Osborn		F55	01:00:09	00:59:49	10K
234	947	Sandra	Hunter	Acorns AC	F40	01:00:11	00:59:49	10K
235	1117	Daniel	Wren		MO	01:00:16	00:59:56	10K
236	290	Jonathan	Fairley		M40	01:00:18	01:00:07	10K
237	790	Andrea	Dobson	Jog Lisburn Running Club	FO	01:00:29	01:00:10	10K
238	796	Amy	Dornan		FO	01:00:32	00:59:47	10K
239	913	Joan	Gilmore		F40	01:00:34	01:00:13	10K
240	378	Diane Laverne	Inns	Banbridge Athletics	F50	01:00:41	01:00:21	10K
241	341	Mark	Gaskin	Club pulse newry	MO	01:00:42	01:00:26	10K
242	920	Victoria	Green		F35	01:00:43	01:00:31	10K
243	970	Richard	Lee		M55	01:00:45	01:00:21	10K
244	1100	Roisin	Tennyson		FO	01:01:01	01:00:51	10K
245	1093	michael	stubberfield		M55	01:01:05	01:00:32	10K
246	942	Ruth	Herron		F40	01:01:06	01:00:51	10K
247	737	David	Billings		M45	01:01:10	01:00:47	10K
248	933	katherine	harkness		FO	01:01:13	01:01:06	10K
249	1049	joanne	murdy		M40	01:01:26	01:00:40	10K

250	919	Michael	Grant		M45	01:01:35	01:01:17	10K
251	1061	sharon	orr	Ballymena running club	F45	01:01:50	01:01:23	10K
252	1051	Chris	Nelson		MO	01:02:02	01:01:58	10K
253	1035	tony	Miller		M45	01:02:06	01:01:42	10K
254	791	Adrian	dodds	Ballymena running club	M40	01:02:08	01:01:41	10K
255	987	Andrea	Maguire		FO	01:02:30	01:01:55	10K
256	1020	Catherine	McGeown		F35	01:02:33	01:02:11	10K
257	704	Jaimie	McGrath		F35	01:02:34	01:02:08	10K
258	950	Tom	Hyndman		M65	01:02:39	01:02:17	10K
259	783	Deana	Harvey		F35	01:02:40	01:02:25	10K
260	95	Sharon	Anderson	Fitness Factory	F40	01:02:41	01:02:04	10K
261	1070	Susie	Robinson		F40	01:02:42	01:02:22	10K
262	1130	Matthew	Johnston		M40	01:03:11	01:02:54	10K
263	981	Sonya	Mac		FO	01:03:23	01:02:44	10K
264	1075	Ruth	Sanders		F35	01:03:24	01:02:44	10K
265	974	adrian	leonard		M50	01:03:26	01:02:43	10K
266	745	Mandy	Campbell	Fitness Factory Lurgan	F40	01:03:55	01:03:19	10K
267	928	Benjamin	Guyomard		M35	01:03:59	01:03:30	10K
268	748	Jason	Campbell		MO	01:04:10	01:03:44	10K
269	749	Elaine	Campbell		F35	01:04:10	01:03:45	10K
270	1050	laura	murdy		FO	01:04:14	01:03:29	10K
271	948	Karen	Hunter	Ballymena Runners	F45	01:04:15	01:03:49	10K
272	717	Rebecca	Tester	Seapark AC	FO	01:04:31	01:04:13	10K
273	1120	Conor	Sheridan	East Coast Athletic Club	MO	01:04:31	01:04:13	10K
274	758	Michael	Carson		M50	01:04:49	01:04:22	10K
275	736	Dawn	Bell	Crossgar Harriers	FO	01:04:50	01:04:30	10K
276	993	Christine	Martin		F50	01:04:56	01:04:18	10K
277	1103	Roisin	Toal		F50	01:05:01	01:04:22	10K
278	1133	Doreen	McKeown		F55	01:05:10	01:04:48	10K
279	965	Scot	Knight	Scrabo Striders	M45	01:05:18	01:04:49	10K
280	911	Shauna	Gibson	Run-Anon	F35	01:05:18	01:04:46	10K
281	918	Gary	Graham		MO	01:05:22	01:04:52	10K
282	734	Kathryn	Beirne	Whitehead Runners	F35	01:05:25	01:04:56	10K
283	792	HELEN	DOLOUGHAN		F55	01:05:33	01:04:56	10K
284	782	Claire	Day		F40	01:05:35	01:05:03	10K
285	973	Zoe	Lennon	PACE	F50	01:05:42	01:05:24	10K
286	1053	ann	NIBLOCK		F50	01:05:47	01:05:08	10K
287	1044	Kate	Morgan		F60	01:06:07	01:05:34	10K
288	1054	Nicolas	North		M55	01:06:07	01:05:32	10K
289	1107	Simon	Trimble	Seapark AC	MO	01:06:07	01:05:41	10K
290	718	Jill	Todd		FO	01:06:17	01:06:05	10K
291	702	Ruth	McAlister		FO	01:06:24	01:05:47	10K
292	1073	Gemma	Roddy	Ballygalget AC	F35	01:06:26	01:06:04	10K
293	753	Kelly	Carlisle	Mallusk harriers	FO	01:06:29	01:06:04	10K
294	729	Trevor	Allen	Acorns AC	M35	01:06:31	01:06:07	10K
295	1099	Fiona	Teague	Belfast Running Club	F55	01:06:33	01:06:01	10K
296	613	Pat	Leneghan		M50	01:06:43	01:06:19	10K
297	943	Carol	Hill	Belfast Running Club	F50	01:06:52	01:06:20	10K
298	1043	Emma	Morgan		F35	01:07:09	01:06:49	10K
299	793	Therese	Donnelly		F45	01:07:19	01:06:42	10K

300	582	EMMA	LARMOUR	Ballydrain Harriers	FO	01:07:29	01:07:06	10K
301	740	Paul	Brannigan		M60	01:07:33	01:07:22	10K
302	757	Liz	Carson		F50	01:07:44	01:07:19	10K
303	1023	Alan	McGowan	Murlough AC	MO	01:07:46	01:07:16	10K
304	1094	Fiona	Swann	East Coast Athletic Club	F45	01:08:08	01:07:48	10K
305	722	Jonathan	Adams		MO	01:08:08	01:07:47	10K
306	769	Ruth	Cousins		F45	01:08:09	01:07:42	10K
307	944	Ruth	Hosty	Fitness Factory Lurgan	F40	01:08:10	01:07:34	10K
308	1014	Fiona	Mccullagh	R Running Club	F35	01:08:11	01:07:39	10K
309	976	Christine	Lougheed	Scrabo Striders	F35	01:08:22	01:08:05	10K
310	784	Kate	Dempsey	Ballymena runners AC	F40	01:08:41	01:08:09	10K
311	1111	Janice	Wilkins	Ballymena Runners	F45	01:08:41	01:08:09	10K
312	726	mairead	agnew	Ballymena runners	F40	01:08:42	01:08:09	10K
313	1028	Ronnie	MCKEOWN		M60	01:09:22	01:08:50	10K
314	1065	Lynn D M	Phun	Kernan Run Club	F40	01:09:44	01:09:13	10K
315	983	Rachel	Madine		FO	01:09:53	01:09:18	10K
316	1151	Edel	Cafferky	Antrim Harriers	F30	01:10:01	01:09:22	10K
317	716	Andrea	Stafford		F45	01:10:03	01:09:42	10K
318	936	David	Harvey		M35	01:10:14	01:09:50	10K
319	1125	Mary	Gates		F40	01:10:20	01:09:50	10K
320	775	Angie	Crone	Scrabo Striders	F40	01:11:18	01:10:51	10K
321	738	Jacqueline	Blair		F40	01:11:34	01:11:00	10K
322	982	Cathy	Macpherson	Ormeau Runners	F50	01:11:36	01:10:43	10K
323	778	Lindsay	Cunningham		F35	01:11:48	01:11:22	10K
324	781	Violet	Davidson	Ballydrain Harriers	F70	01:12:17	01:11:53	10K
325	1057	Lorna	O'Murchu		FO	01:12:18	01:10:27	10K
326	1123	Grace	Shields		F40	01:12:18	01:12:07	10K
327	1121	Brain	McCoulagh	Acorns AC	M50	01:12:36	01:11:58	10K
328	897	Claire	Eakin		FO	01:12:40	01:11:59	10K
329	996	Jennifer	McAteer	Newry City Runners	FO	01:12:41	01:12:07	10K
330	1089	Jeyan	Sreekumar		MO	01:12:52	01:12:25	10K
331	992	Catherine	Marmion	Slieve Gullion Runners	F35	01:14:32	01:14:04	10K
332	1047	David	Mullan	Mallusk Harriers	M40	01:14:54	01:14:21	10K
333	777	Laura	Crothers		F35	01:14:55	01:14:22	10K
334	1126	Eileen	Stewart	Co.Antrim Harriers	F60	01:16:00	01:15:26	10K
335	997	Leanne	McAuley		FO	01:16:28	01:15:50	10K
336	896	Dermot	Dunne		MO	01:16:28	01:15:50	10K
337	1046	Paula	Mulholland	Bst	FO	01:17:15	01:16:42	10K
338	969	Paula	Latewood-kidney	BST	F40	01:17:16	01:16:42	10K
339	966	denise	Knight	Scrabo Striders	F40	01:17:29	01:17:01	10K
340	957	Nikki	Keery	Scrabo striders	F35	01:17:29	01:16:59	10K
341	1072	Donna	Roddy	Ballygalget AC	FO	01:18:17	01:17:48	10K
342	1080	Roisin	Sherlock	Run-Anon	F40	01:18:18	01:17:45	10K
343	971	Penny	Lees		F35	01:18:19	01:17:53	10K
344	904	Niamh	Fogarty	Run-Anon	F35	01:19:19	01:18:47	10K
345	1027	Deirdre	McKenny	Run Anon	F50	01:19:21	01:18:49	10K
346	1067	Sheila	Rafferty		F45	01:20:04	01:19:56	10K
347	391	Judith	Irwin	Ballymena Runners	F45	01:20:30	01:19:55	10K
348	709	Colman	O'Hagan	Ballymena runners	M65	01:20:34	01:19:57	10K
349	268	Kevin	Duffy	Ballymena Runner	M50	01:20:35	01:19:59	10K

350	700	Susan	McElroy		F45	01:20:47	01:20:07	10K
351	985	Rhonda	magowan		F40	01:21:28	01:20:58	10K
352	1152	Padraigin	Bingham		F40	01:24:48	01:24:14	10K
Pos	Bib	Firstname	LastName	Club	Category	Finish	ChipTime	Race
1	1334	Anne	Paul	city of derry	F50	00:23:28	00:23:28	5K
2	1360	Paul	Clements		M40	00:24:44	00:24:45	5K
3	1321	Juliane	Keane	Larne AC	F45	00:24:51	00:24:51	5K
4	1355	Eva	Winters	Slieve Gullion Runners	FO	00:28:52	00:28:49	5K
5	1315	Ronald	Gardiner		M40	00:28:55	00:28:51	5K
6	1363	Gabby	Gardiner		FO	00:28:56	00:28:49	5K
7	1352	Ciara	McVicker		F35	00:28:57	00:28:57	5K
8	1308	Andrew	Cousins		MO	00:29:46	00:29:42	5K
9	1350	Barbara	Fleming-Ovens	Newry City Runners	F45	00:30:34	00:30:32	5K
10	1340	Tanya	Smith	County Antrim Harriers	F50	00:30:36	00:30:37	5K
11	1337	Samantha	Sands		F35	00:30:57	00:30:53	5K
12	1300	Ben	Aspell		MO	00:31:35	00:31:35	5K
13	1354	Peter James	Shields		MO	00:32:12	00:32:12	5K
14	1335	Gemma	Payne		F35	00:32:14	00:32:14	5K
15	1343	Sophie	Storey		F35	00:32:14	00:32:10	5K
16	1361	Mary	Callaghan		F50	00:32:22	00:32:22	5K
17	1307	Cara	Caskey		FO	00:32:43	00:32:38	5K
18	1336	Shirley	Quinn		F35	00:33:11	00:33:11	5K
19	1316	Nora	Gilbody	Ormeau Runners	F45	00:33:17	00:33:11	5K
20	949	Eileen	Hunter	Murlough AC	F40	00:33:19	00:33:19	5k
21	1359	Ellen	Mitchell		F40	00:33:28	00:33:28	5K
22	1362	Shane	Duffy		MO	00:33:40	00:33:37	5K
23	1342	Robert	Stockley		M45	00:33:44	00:33:39	5K
24	1314	Melannie	Edmondson		F35	00:33:59	00:33:53	5K
25	1318	Rachel	Hall		FO	00:34:07	00:34:06	5K
26	1347	S	Watt		F35	00:34:14	00:34:08	5K
27	1341	Janet	Sproule	Ormeau Runners	F45	00:34:33	00:34:26	5K
28	1325	emma	mccartney		F35	00:34:43	00:34:38	5K
29	1303	Sarah	Bowskill		F35	00:34:46	00:34:38	5K
30	1310	Senga	Craig	Larne AC	F50	00:35:00	00:34:54	5K
31	638	Peter James	Brown		M40	00:35:07	00:34:48	5k
32	1084	James	Smith		M35	00:35:23	00:35:09	5k
33	1312	Sarah	Cuming		FO	00:35:44	00:35:40	5K
34	1150	Tricia	Blaney	Ballymena Runners	F52	00:36:04	00:35:35	5k
35	1320	Micky	Kavanagh		M55	00:36:27	00:36:23	5K
36	1304	Pamela	Burke		F40	00:36:30	00:36:24	5K
37	1313	Anne	Devlin	Orangetown AC	F50	00:36:43	00:36:38	5K
38	1311	Simone	Cully		FO	00:37:10	00:37:04	5K
39	1349	Rachael	Whyte		FO	00:37:41	00:37:34	5K
40	1306	Eleanor	Campbell		F35	00:37:47	00:37:42	5K
41	1348	Mandy	Wethers		F50	00:38:31	00:38:26	5K
42	1329	Michael	Millar		MO	00:38:37	00:38:30	5K
43	1319	Jonathan	Harbinson	Fitness factory Lurgan	MO	00:39:10	00:39:06	5K
44	1305	Rachael	Campbell	Fitness Factory Lurgan	FO	00:39:10	00:39:06	5K
45	1328	Danielle	McLaughlin	Whitehead Runners	FO	00:39:34	00:39:29	5K
46	1353	Bernice	Englishby		F45	00:40:00	00:39:57	5K

47	1333	Siobhan	Murphy		F50	00:40:01	00:39:58	5K
48	1356	Emma	McAlister		FO	00:40:09	00:40:00	5K
49	1332	Fintan	Murphy		MO	00:41:37	00:41:30	5K
50	1345	Mary	Toal		FO	00:42:56	00:42:49	5K
51	1344	Anna	Toal		FO	00:42:56	00:42:49	5K
52	1357	Jane	McAlister		FO	00:43:35	00:43:26	5K
53	1326	Clare	McCreight		FO	00:43:54	00:43:46	5K
54	1327	Kiava	McGuckin		FO	00:44:16	00:44:11	5K
55	1331	Ashley	Morren		FO	00:44:22	00:44:22	5K
56	1330	Briege	Morren		FO	00:44:23	00:44:23	5K
57	1339	Chris	Sheehan		MO	00:44:42	00:44:34	5K
58	1358	Emma	Manton		F35	00:45:15	00:45:06	5K
59	951	Stacey	Jackson		FO	00:45:17	00:45:17	5k
60	1317	Joanne	haddock	mallusk harriers	F40	00:48:04	00:47:55	5K
61	1351	Arlene	Hamilton		F60	00:48:13	00:48:05	5K
62	1301	Neil	McCormick	Ballydrain Harriers	M40	00:51:34	00:51:29	5K
63	1346	Catherine	Todd	Larne AC	F35	01:00:58	01:00:49	5K
64	1309	Gillian	Craig	Larne AC	F35	01:00:58	01:00:49	5K
65	1323	ciara	lundy		FO	01:01:17	01:01:10	5K
66	1322	Cherith	Logan		FO	01:03:58	01:03:54	5K
67	1302	Vicki	Anderson		FO	01:03:58	01:03:54	5K