

Pos	Bib	Firstname	Lastname	Category	Club	Finish	Chiptime	Race
1	1516	Domhnall	Murphy	MO		00:37:20	00:37:19	10k
2	1601	Terry	McCullum	M45		00:37:25	00:37:24	10k
3	1248	Oliver	Cook	MO	Pace Running Club	00:37:28	00:37:27	10k
4	1608	Gavin	Mccaffrey	MO	Ballymena	00:38:00	00:37:59	10k
5	1283	Colin	Drain	M40	Beechmount Harriers	00:38:00	00:37:59	10k
6	1379	David	Graham	M45	Armagh AC	00:38:04	00:38:01	10k
7	1396	Cathy	McCourt	F40		00:38:22	00:38:21	10k
8	1370	Jonathan	Francey	MO		00:38:30	00:38:28	10k
9	1384	Jonny	Gregg	M45		00:38:48	00:38:47	10k
10	1406	Philip	Hunter	MO		00:39:03	00:39:00	10k
11	1481	Colin	McDowell	M45		00:39:25	00:39:22	10k
12	1606	Aidan	Oneill	M50	Run-Anon	00:39:50	00:39:48	10k
13	1404	Conor	Creen	M30		00:39:52	00:39:48	10k
14	1539	Niall	Rankin	M40		00:39:55	00:39:53	10k
15	1468	Richard	Mccartney	M40	TUNA TRIATHLON	00:40:04	00:40:01	10k
16	1533	Stephen	Pepper	M40	Banbridge AC	00:40:17	00:40:15	10k
17	1423	Ian	Keys	MO	Lagan Valley AC	00:40:20	00:40:18	10k
18	1393	Paul	Hartley	MO		00:40:21	00:40:17	10k
19	1437	martin	lundy	M55		00:40:34	00:40:32	10k
20	1487	Paul	McGirr	M35		00:40:43	00:40:41	10k
21	1465	Vincent	Mccaffrey	M50	Pace Running Club	00:41:01	00:40:59	10k
22	1613	Paul	Floyd	M35		00:41:04	00:41:00	10k
23	1294	Michael	Faloon	MO		00:41:08	00:41:05	10k
24	1583	William	Kells	MO		00:41:20	00:41:15	10k
25	1429	Amy	Lavery	FO	Unaffiliated	00:41:21	00:41:18	10k
26	1416	Stephen	Kane	M45	Kernan Run Club	00:41:23	00:41:18	10k
27	1376	Peter	Glass	M40		00:41:28	00:41:24	10k
28	1558	jim	simons	M40	Dub Runners Belfast	00:41:37	00:41:34	10k
29	1218	James	Brannigan	M40		00:41:37	00:41:33	10k
30	1484	Jimmy	McFadden	M50	Team Runwell	00:41:52	00:41:49	10k
31	765	Stephen	Austin	M45		00:41:53	00:41:50	10k
32	912	Graeme	Black	MO		00:41:56	00:41:54	10k
33	1546	Catherine	Roberts	F40	North Down AC	00:42:05	00:42:02	10k
34	1210	Adrian	Bennett	M45		00:42:21	00:42:19	10k
35	1598	Reggie	Campbell	M60	EML Jumbo	00:42:23	00:42:22	10k
36	1412	Brian	Johnston	M50	1Zero1 Athletes	00:42:51	00:42:47	10k
37	1435	David	Lorimer	M50		00:43:09	00:42:53	10k
38	1008	Brendan	Connolly	M60		00:43:15	00:43:12	10k
39	1528	Colm	O'Hare	M35		00:43:19	00:43:14	10k
40	1534	Helen	Perry	FO	Belfast running club	00:43:41	00:43:36	10k
41	1508	Derek	Moorhead	M50	none	00:43:45	00:43:43	10k
42	1609	Donal	Teague	MO		00:43:59	00:43:53	10k
43	916	Seamus	Burke	M50		00:44:01	00:43:58	10k
44	1223	Patricia	Brown	F55	Newry City Runners	00:44:04	00:43:59	10k
45	1275	Kathleen	Diver	F35		00:44:33	00:44:30	10k
46	1633	Ian	Montgomery	M55		00:44:36	00:44:31	10k
47	1221	Rob	Brien	M45		00:44:42	00:44:37	10k
48	1063	John	Donaghue	M40		00:44:58	00:44:52	10k
49	1537	Neill	Radford	M35		00:45:00	00:44:52	10k

50	1403	Rory	Hoy	M45		00:45:16	00:45:04	10k
51	1517	David	Neill	MO		00:45:17	00:45:05	10k
52	1573	Paul	TAGGART	M35		00:45:19	00:45:17	10k
53	1222	Sean	Browes	M45		00:45:19	00:45:11	10k
54	1518	John	Nelson	M50	Belfast Running Club	00:45:23	00:45:18	10k
55	1806	Kris	Blakely	MO		00:45:25	00:45:12	10k
56	1532	Stephen	Patton	M40		00:45:34	00:45:09	10k
57	1483	Aaron	McEnhill	M35	OSE	00:45:39	00:45:33	10k
58	1264	Paul	Cullen	M35	buffalo	00:45:39	00:45:25	10k
59	1612	Jonathan	Elliott	M30	Jog Moira	00:45:44	00:45:36	10k
60	1369	?	?	F		00:45:46	00:45:43	10k
61	1490	Aidan	McGowan	M40		00:45:47	00:45:41	10k
62	1237	Norman	Campbell	M60	Dromore Athletic Club	00:45:49	00:45:48	10k
63	1261	Mark	Crothers	M40		00:45:49	00:45:43	10k
64	1485	Michael	McGahon	MO		00:45:53	00:45:49	10k
65	1299	Eoghan	Ferrie	M35		00:45:53	00:45:43	10k
66	1622	Niall	McGuigan	M40		00:46:04	00:45:59	10k
67	1440	Daniel	Macartney	MO		00:46:09	00:45:59	10k
68	1605	Cathal	McEnhill	M50	Muckhoses	00:46:12	00:46:05	10k
69	1205	ian	bailey	M55		00:46:19	00:46:15	10k
70	1592	Nigel	Wethers	M55		00:46:19	00:46:10	10k
71	1522	Dwyer	O'Connor	M50	St Peter's AC	00:46:25	00:46:16	10k
72	1386	TONY	Guy	M55	Team Runwell	00:46:26	00:46:20	10k
73	1168	Jonny	Bingham	M40		00:46:34	00:46:33	10k
74	1426	Glenn	King	M35	Fitness Factory	00:46:37	00:46:29	10k
75	1382	David	Gray	M40		00:46:37	00:46:24	10k
76	1588	Caroline	Wade	F35	City Of Lisburn AC	00:46:47	00:46:42	10k
77	1388	David	Hamilton	MO		00:46:51	00:46:47	10k
78	1280	Niamh	Donnelly	MO		00:46:54	00:46:48	10k
79	1245	Irene	Clements	F55	Enniskillen	00:46:57	00:46:53	10k
80	1476	Anthony	Mccullough	MO		00:47:03	00:46:56	10k
81	1600	declan	Carron	M30		00:47:05	00:46:43	10k
82	1263	Geraldine	Cullen	F35	Buffalo	00:47:07	00:46:59	10k
83	1244	Shannon	Clegg	F35	Scrabo Striders	00:47:09	00:47:02	10k
84	1227	Stuart	Burnside	M35		00:47:17	00:47:12	10k
85	1494	Anthony	McGuigan	M35		00:47:17	00:46:58	10k
86	1236	Patricia	Campbell	F50	Omagh Harriers	00:47:18	00:47:13	10k
87	1185	Louise	Simpson	FO		00:47:26	00:47:21	10k
88	1231	Alan	campbell	M45	Fitness Factory lurgan	00:47:28	00:47:15	10k
89	1291	Robert	Elliott	MO		00:47:29	00:47:23	10k
90	1408	Hannah	Irvine	FO		00:47:31	00:47:15	10k
91	986	Hannah	Clancy	FO		00:47:35	00:47:03	10k
92	1604	Chris	Brock	M30	Abbey	00:47:37	00:47:22	10k
93	1189	Richard	Watt	M40		00:47:42	00:47:37	10k
94	1183	Paul	Quinn	M40	Springwell	00:47:42	00:47:36	10k
95	1556	Nathaniel	Shelton	M40		00:47:47	00:47:39	10k
96	1463	Keith	McBride	M35		00:47:49	00:47:46	10k
97	1595	Victoria	Winters	F35		00:47:51	00:47:44	10k
98	1466	Barry	Mccann	M35		00:48:00	00:47:50	10k
99	1562	Robert	Smyth	M40		00:48:03	00:47:53	10k

100	1390	caroline	hannan	F40		00:48:04	00:47:48	10k
101	1610	Cecelia	Mayes	F38		00:48:12	00:48:02	10k
102	1624	Conor	Sheridan	MO	East coast ac	00:48:45	00:48:37	10k
103	1203	Ashley	Arnold	M55		00:48:48	00:48:36	10k
104	1536	Stephen	QUINN	MO		00:49:06	00:48:58	10k
105	1513	David	Mullan	M40	Mullusk Harriers	00:49:06	00:48:54	10k
106	1493	John	Mcgreevy	M35		00:49:07	00:49:03	10k
107	1177	Aaron	Newell	M40		00:49:11	00:48:57	10k
108	1167	Joanne	Major	F55		00:49:12	00:49:07	10k
109	1413	louise	jones	FO		00:49:14	00:49:09	10k
110	1247	Gerard	Cochrane	MO		00:49:15	00:49:09	10k
111	1286	Martin	Duggan	M35	Newcastle AC	00:49:16	00:49:11	10k
112	1467	sinead	McCarry	F35		00:49:17	00:49:11	10k
113	1589	ADRIAN	WALKER	MO	N/A	00:49:19	00:49:00	10k
114	1498	gary	Mclean	MO	Blood Sweat and Tears	00:49:24	00:49:10	10k
115	1480	Michael	McDonald	MO		00:49:25	00:49:13	10k
116	1366	Kevin	Fogarty	M35	Run-Anon	00:49:25	00:49:07	10k
117	1191	Raymond	Wilkinson	M40		00:49:26	00:49:20	10k
118	1367	Alison	Foster	F40	Ballymena Runners	00:49:28	00:49:19	10k
119	1373	Richard	Garrad	M35		00:49:34	00:49:20	10k
120	1187	Jose	Tavares	MO		00:49:38	00:49:27	10k
121	1629	Ian	Lewis	M45		00:49:41	00:49:26	10k
122	1542	DAVID	Reaney	M50		00:49:44	00:49:29	10k
123	1632	Francis	O'Neill	M45	Galbally Runners	00:49:45	00:49:38	10k
124	1625	Sean	Devlin	M50	Omagh Harriers	00:49:57	00:49:44	10k
125	1266	Padraig	Cusack	M40		00:49:58	00:49:44	10k
126	1214	Watson	Black	M55		00:49:58	00:49:43	10k
127	1591	Chris	Weeks	MO		00:50:01	00:49:25	10k
128	1504	Brendan	Miskelly	M40		00:50:04	00:49:51	10k
129	1560	Jim	Smiley	M45		00:50:07	00:49:55	10k
130	1176	John	Mulgrew	M40		00:50:08	00:49:53	10k
131	1505	Patrick	Montgomery	MO		00:50:09	00:49:51	10k
132	1631	Fearghal	Laverty	M35	Buffalo	00:50:09	00:49:44	10k
133	1559	David	Simpson	M40		00:50:10	00:50:03	10k
134	1298	Sarah	Feeney	F45	Pace Running Club	00:50:11	00:50:02	10k
135	1204	Sarah	Arnold	FO		00:50:12	00:50:00	10k
136	1544	Brian	Reed	M50		00:50:15	00:50:10	10k
137	1207	Tim	Baker	MO		00:50:19	00:50:16	10k
138	1190	Stephen John	Weatherup	M40	Team Weavel	00:50:19	00:49:50	10k
139	1496	Deirdre	McKenny	F50	Run Anon	00:50:30	00:50:20	10k
140	1225	Shane	Burdin	MO		00:50:35	00:50:14	10k
141	1389	RICHARD	HAND	M50	DROMORE AC	00:50:39	00:50:30	10k
142	1241	Reuben	Carlisle	MO		00:50:42	00:50:15	10k
143	1593	Lesley	Wilson	F40		00:50:43	00:50:35	10k
144	1165	JOHN	KIRK	MO		00:50:43	00:50:31	10k
145	1178	Sean	O'Connor	M40		00:50:46	00:50:22	10k
146	1442	Piotr	Macnar	M35		00:50:48	00:50:29	10k
147	1594	Richard	Wilson	M35		00:50:51	00:50:42	10k
148	1274	Jefferene	Dickson	F35		00:50:56	00:50:45	10k
149	1273	Hugh	Dickson	M55		00:50:56	00:50:45	10k

150	1271	Mark	Devlin	M35	Buffalo	00:50:56	00:50:35	10k
151	1410	Simon	Jenkinson	MO		00:51:02	00:50:54	10k
152	1575	Kenneth	Taylor	M45		00:51:03	00:50:41	10k
153	1620	Gerard	Magee	MO		00:51:09	00:50:42	10k
154	1193	sonia	wilson	F35	fitness factory	00:51:17	00:50:40	10k
155	1239	Benjamin	Carlisle	MO		00:51:18	00:51:03	10k
156	1462	Dominic	Mcavoy	M50		00:51:18	00:51:00	10k
157	1172	marty	mccullough	M45	fitness factory	00:51:18	00:50:41	10k
158	1464	andree	Mccaffrey	F45	Pace Running Club	00:51:22	00:51:13	10k
159	1414	Al	Jones II	M45		00:51:23	00:50:52	10k
160	1385	Peter	Guy	M55		00:51:35	00:51:23	10k
161	1474	John	McCreight	MO		00:51:47	00:51:24	10k
162	1215	Kate	Bowler	F35		00:51:47	00:51:21	10k
163	1453	Nigel	Martin	M50	Scrabo Striders	00:51:49	00:51:40	10k
164	1383	Jamie	Green	MO		00:51:51	00:51:31	10k
165	1235	Ian	Campbell	M35		00:51:58	00:51:47	10k
166	1226	Lorraine	Burns	F45		00:52:01	00:51:39	10k
167	1364	David	Fisher	M35	Newry City Runners	00:52:01	00:51:32	10k
168	1526	Colman	O'Hagan	M65	Ballymena Runner	00:52:14	00:51:38	10k
169	1431	Richard	Lennon	MO		00:52:20	00:52:13	10k
170	1420	Gareth	Kennedy	MO		00:52:24	00:52:04	10k
171	1438	patrick	lundy	MO		00:52:26	00:52:18	10k
172	1470	Vincent	McCloyey	M35		00:52:26	00:52:01	10k
173	1401	Catherine	Hood	F45		00:52:33	00:52:09	10k
174	1397	Oonagh	Kelly	F35		00:52:35	00:52:25	10k
175	1232	Norma	Campbell	FO	Dromore AC	00:52:43	00:52:32	10k
176	1486	Paul	McGimpsey	M40		00:52:43	00:52:10	10k
177	1555	Graham	Sergeant	M50		00:52:43	00:52:09	10k
178	1391	Christopher	Hannon	MO		00:52:44	00:52:30	10k
179	1417	Katarzyna	Kazmierska	FO		00:52:46	00:52:10	10k
180	1197	Christopher	Addis	MO		00:52:48	00:52:41	10k
181	1377	Graham	Glass	M40		00:52:50	00:52:35	10k
182	1196	Sarah	Addis	FO		00:52:53	00:52:46	10k
183	1619	Ursula	McConville	F50		00:52:54	00:52:31	10k
184	1621	Claire	Gregory	F30		00:53:10	00:52:57	10k
185	1567	Norman	Stephens	M55	Ballymena Runners	00:53:11	00:53:02	10k
186	1256	james	crawford	M50		00:53:12	00:52:59	10k
187	1399	Pamela	Herron	F35	Mourne Runners	00:53:16	00:53:10	10k
188	1418	Kevin	Kearns	M40	Mughogs	00:53:17	00:53:11	10k
189	1074	andy	fennell	M40	Corrigan AC	00:53:17	00:52:49	10k
190	1568	Sharon	Stephens	F50	Ballymena runners	00:53:18	00:53:08	10k
191	1424	David	Kilner	M45		00:53:19	00:52:54	10k
192	1585	Andrew	Topping	M50		00:53:22	00:53:07	10k
193	1213	Alan	Black	M40	Run-Anon	00:53:23	00:53:05	10k
194	1553	Geoff	Scott	MO		00:53:32	00:53:12	10k
195	1623	Colin	McCrum	M50	Seapark AC	00:53:37	00:53:28	10k
196	1444	Martina	Madden	F35		00:53:40	00:53:27	10k
197	1616	Maxine	Dynes	F30	Ballygalget AC	00:53:43	00:53:20	10k
198	1510	Mark	Morrison	M45		00:53:44	00:53:34	10k
199	1293	triona	faapito	F35	North East Runners	00:53:45	00:53:11	10k

200	1422	Iryna	Kennedy	F50	Lagan Valley AC	00:53:54	00:53:21	10k
201	1584	Mark	Todd	M40	Larne AC	00:53:56	00:53:43	10k
202	1272	Sean	Devlin	M50	Banbridge ac	00:54:00	00:53:41	10k
203	1627	Pamela	Thompson	F30		00:54:11	00:53:58	10k
204	1208	Darren	Ballentine	M45		00:54:21	00:53:51	10k
205	1229	Leah	Calvert	F35	Murlough Athletics Club	00:54:27	00:53:59	10k
206	1179	Dave	O'Hara	M40	Trident	00:54:31	00:53:56	10k
207	1501	Nigel	McMorris	M50		00:54:34	00:54:15	10k
208	1220	Andy	Bridge	M50		00:54:48	00:54:35	10k
209	1206	elaine	bailey	F45		00:54:50	00:54:39	10k
210	1277	David	Doey	M35	Orangethorne AC	00:54:59	00:54:48	10k
211	1292	Hannah	Esler	FO		00:55:01	00:54:44	10k
212	1455	connor	Martin	M35		00:55:02	00:54:37	10k
213	1628	Banszky	Tamas	M40		00:55:03	00:54:37	10k
214	1569	Brian	Stevenson	MO		00:55:07	00:54:52	10k
215	1597	Nicholas	Boyle	M50		00:55:07	00:54:40	10k
216	1296	Dominic	Fanthorpe	M55		00:55:09	00:54:55	10k
217	1502	declan	mcmullan	M40		00:55:11	00:54:53	10k
218	1428	Jason	Lanyon	M45		00:55:12	00:54:59	10k
219	1540	martin	rawlinson	M50	Murlough AC	00:55:15	00:54:44	10k
220	1092	Ian	Frazer	MO	Scrabo Striders	00:55:16	00:54:47	10k
221	1511	Gareth	Morrison	M40		00:55:20	00:54:52	10k
222	1246	Niall	Cochrane	MO	Marathon Club Ireland	00:55:22	00:54:52	10k
223	1495	Justin	Clegg	M35		00:55:24	00:55:09	10k
224	1365	Nuala	Grogan	F45		00:55:28	00:55:18	10k
225	1284	Kevin	Duffy	M50	Ballymena	00:55:30	00:54:54	10k
226	1409	Judith	Irwin	F45	Ballymena Runners	00:55:31	00:54:55	10k
227	1259	Bill	Croy	M50		00:55:36	00:55:18	10k
228	1499	Joe	McMahon	M55	Murlough A C	00:55:36	00:55:05	10k
229	1626	Oonagh	Rolston	F40		00:55:41	00:55:34	10k
230	1531	Sharon	orr	F45	ballymena runners	00:55:41	00:55:20	10k
231	1477	Nicola	McDermott	F35		00:55:46	00:55:35	10k
232	1491	Lee	McGready	M35		00:55:51	00:55:16	10k
233	1581	Lynne	Todd	FO		00:55:52	00:55:38	10k
234	1471	Linda	McClurkin	F50	Sixmile Bootcamp	00:55:52	00:55:35	10k
235	1297	GRAEME	FARRINGTON	M35		00:55:54	00:55:36	10k
236	1579	Kerri	THROWER	F35	Pace Running Club	00:55:56	00:55:30	10k
237	1580	Karl	Thrower	M45	Pace Running Club	00:55:57	00:55:30	10k
238	1529	roisin	O'Hare	F45		00:56:00	00:55:28	10k
239	1163	Diane Laverne	Inns	F50	Banbridge Athletics	00:56:11	00:55:45	10k
240	1603	William	Baird	M60		00:56:16	00:55:58	10k
241	1421	Heather	Kennedy	F35	Jog Lisburn Running Club	00:56:20	00:56:10	10k
242	1164	Trevor	Kennedy	M35		00:56:20	00:56:10	10k
243	1538	Ramesh	Rana	M45		00:56:25	00:55:47	10k
244	1543	Lianne	Reavey	FO		00:56:33	00:56:19	10k
245	1459	john	mcallister	M45	Corrigan AC	00:56:37	00:56:09	10k
246	1450	Ann	Mallon	F55		00:56:39	00:56:30	10k
247	1599	Steven	Magennis	M40	Corrigan AC	00:56:39	00:56:11	10k
248	1156	Mark	Gaskin	MO	Club pulse newry	00:56:41	00:56:14	10k
249	1574	Paula	Tavares	F35		00:56:42	00:56:31	10k

250	1571	Louise Stewart	Stewart	FO		00:56:45	00:56:20	10k
251	1194	Daniel	Wren	MO		00:56:46	00:56:30	10k
252	1520	Donagh	Nugent	F35		00:56:57	00:56:24	10k
253	1618	Charles	Denvir	MO	Ballygalget AC	00:56:58	00:56:34	10k
254	1295	david	fannin	M45	Craigavon Lakers	00:57:01	00:56:45	10k
255	1552	Desiree	Schliemann	FO		00:57:09	00:56:59	10k
256	1211	Wendy	Bennett	F50		00:57:09	00:56:42	10k
257	1253	Thomas	Craig	MO	Larne AC	00:57:13	00:56:59	10k
258	1254	Thomas	Craig (Snr)	M55	Larne AC	00:57:13	00:56:58	10k
259	1446	Robert	Magee	M55		00:57:15	00:56:58	10k
260	1492	shanna	mcgreedy	FO		00:57:15	00:56:40	10k
261	1287	Stephen	Dunlop	M55	Jog Lisburn	00:57:16	00:56:56	10k
262	1269	Wayne	Denner	M35		00:57:24	00:56:52	10k
263	1407	Sandra	Hunter	FO	Acorns AC	00:57:26	00:56:55	10k
264	1252	Andrew	Cousins	MO		00:57:39	00:57:08	10k
265	1278	Patricia	Donnell	F40	Run-Anon	00:57:47	00:57:28	10k
266	1157	Olivia	Godfrey	FO		00:57:55	00:57:47	10k
267	1506	Jill	Montgomery	FO		00:57:57	00:57:47	10k
268	1411	MATTHEW	JOHNSTON	M40		00:57:57	00:57:40	10k
269	1375	Joan	Gilmore	F40		00:58:05	00:57:51	10k
270	1430	Richard	Lee	M55		00:58:08	00:57:38	10k
271	1524	Red	Odgers	M35		00:58:12	00:57:50	10k
272	1525	Jonnie	Odgers	M35		00:58:12	00:57:49	10k
273	1507	Irvine	Moorehead	M65		00:58:21	00:57:59	10k
274	1392	katherine	harkness	FO		00:58:24	00:58:13	10k
275	1451	Renata	malone	F45		00:58:27	00:57:53	10k
276	1519	Chris	Nelson	MO		00:58:28	00:58:25	10k
277	1270	Alan	Devenny	M50		00:58:37	00:58:07	10k
278	1106	Karen	Fullerton	F45		00:58:40	00:58:16	10k
279	1611	Niall	McGinty	MO	Blood Sweat and Tears	00:58:44	00:58:25	10k
280	1448	Andrea	Maguire	FO		00:58:48	00:58:12	10k
281	1381	Michael	Grant	M45		00:58:49	00:58:26	10k
282	1217	Paul	Brannigan	M60		00:58:50	00:58:29	10k
283	1216	Emily	Boyd	FO		00:58:50	00:58:22	10k
284	1550	Gillian	Sadlier	F45		00:58:52	00:58:23	10k
285	1596	Kelly	Wylie	F40	Craigavon Lakers	00:58:57	00:58:41	10k
286	1549	Gemma	Roddy	F35	Ballygalget AC	00:59:04	00:58:50	10k
287	1454	Amanda	Martin	F50	Scrabo Striders	00:59:30	00:59:18	10k
288	1586	Simon	Trimble	MO	Seapark AC	00:59:33	00:59:12	10k
289	1188	Rebecca	Tester	FO	Seapark AC	00:59:44	00:59:23	10k
290	1265	Ashleigh	Currie	FO		00:59:44	00:59:22	10k
291	1184	Paula	Roddy	F35		00:59:57	00:59:44	10k
292	1475	Paul	McCrink	M35		01:00:04	00:59:45	10k
293	1590	Maria	Walsh	F35	Roxys runners	01:00:09	00:59:43	10k
294	1541	Derval	Rea	F40	Roxy runners	01:00:11	00:59:45	10k
295	1515	joanne	murdy	M40		01:00:23	00:59:41	10k
296	1551	Ruth	Sanders	F35		01:00:30	01:00:03	10k
297	1439	Sonya	Mac	FO		01:00:30	01:00:02	10k
298	1276	Adrian	Dodds	M40	ballymena runners	01:00:36	01:00:15	10k
299	1405	Karen	Hunter	F45	Ballymena Runners	01:00:37	01:00:16	10k

300	1535	Sarah	Quinn	F40	Newry city runners	01:00:42	01:00:17	10k
301	1479	Orlagh	McDonald	F40	NTC	01:00:45	01:00:18	10k
302	1212	ALAN	BLACK	M45		01:00:45	01:00:18	10k
303	1394	Deana	Harvey	F35		01:00:50	01:00:26	10k
304	1607	Shauna	Gibson	F35	Run-Anon	01:00:55	01:00:36	10k
305	1615	Scott	Thompson	MO		01:01:04	01:00:56	10k
306	1614	David	Thompson	M40		01:01:08	01:01:01	10k
307	1572	michael	stubberfield	M55	run anon	01:01:08	01:00:48	10k
308	1530	Maria	O'Loan	F35	QUB TRI	01:01:09	01:00:45	10k
309	1201	Trevor	Allen	M35	Acorns AC	01:01:13	01:00:42	10k
310	1230	Mandy	Campbell	F40	Fitness Factory lurgan	01:01:17	01:00:39	10k
311	1202	Sharon	Anderson	F40	Fitness Factory	01:01:17	01:00:39	10k
312	1387	Caroline	Hamilton	F45	Club pulse runners	01:01:23	01:00:51	10k
313	1457	Lu	Matchett	F45		01:01:23	01:00:47	10k
314	1478	Laura	McDonald	F35	Sole Mates	01:01:29	01:01:12	10k
315	1255	Davina	Craven	F35		01:01:29	01:01:11	10k
316	1282	Stephen	Dowds	M45	Craigavon Lakers	01:01:45	01:01:29	10k
317	1472	Paul	McCorry	M35	Belfast Running Club	01:01:53	01:01:31	10k
318	1186	Jim	Stephens	M45		01:02:00	01:01:26	10k
319	1425	Deborah	Kilpatrick	F35		01:02:02	01:01:27	10k
320	1617	Kasha	Denvir	FO		01:02:16	01:01:52	10k
321	1251	Ruth	Cousins	F45		01:02:31	01:02:04	10k
322	774	caroline	barr	F45		01:02:34	01:02:02	10k
323	1175	Michael	Meehan	M40		01:02:35	01:02:04	10k
324	1181	Janette	Potts	F45		01:02:38	01:02:18	10k
325	1630	Peter James	Brown	M40		01:02:39	01:02:10	10k
326	1171	Emma	McAlister	FO	The Mmmm Club	01:02:41	01:02:19	10k
327	1400	Carol	Hill	F50	Belfast Running Club	01:02:42	01:02:18	10k
328	1243	Michael	Carson	M50		01:02:56	01:02:27	10k
329	1242	Liz	Carson	F50		01:03:02	01:02:33	10k
330	1064	Jonathan	Fairley	M40		01:03:15	01:03:07	10k
331	1234	Elaine	Campbell	F35		01:03:28	01:03:05	10k
332	1233	Jason	Campbell	MO		01:03:28	01:03:05	10k
333	1561	James	Smith	M35		01:03:40	01:03:07	10k
334	1489	Alan	McGowan	MO	Murlough AC	01:03:43	01:03:12	10k
335	1587	Peter	Tucker	M60	Gade Valley Harriers	01:03:55	01:03:45	10k
336	1162	Joanne	Hodge	F40		01:03:57	01:03:22	10k
337	1224	Hamilton	Brown	M35		01:03:57	01:03:21	10k
338	1378	Kim	Gleave	F55	County antrim harriers	01:03:58	01:03:26	10k
339	1380	Gary	Graham	MO		01:03:58	01:03:23	10k
340	1500	Karen	mcmaster	F45	Seapark AC	01:04:04	01:03:38	10k
341	1577	Fiona	Teague	F55	Belfast Running Club	01:04:06	01:03:32	10k
342	921	Paula	Burns	F40		01:04:08	01:03:37	10k
343	1170	Ruth	McAlister	FO		01:04:11	01:03:48	10k
344	1166	Pat	Leneghan	M55		01:04:13	01:03:48	10k
345	1509	Emma	Morgan	F35		01:04:24	01:04:10	10k
346	1514	colin	murdy	M40		01:04:25	01:03:45	10k
347	1432	Zoe	Lennon	F50	PACE	01:04:26	01:03:53	10k
348	1262	Laura	Crothers	F35		01:04:36	01:04:14	10k
349	1209	Tony	Barclay	M55	County Antrim Harriers	01:04:36	01:04:14	10k

350	1195	Jonathan	Adams	MO		01:04:39	01:04:12	10k
351	1219	Carol	breen	F40	Kernan run club	01:04:41	01:04:07	10k
352	1512	MARION	MORROW	F55	County Antrim Harriers	01:04:43	01:04:11	10k
353	1161	Pauline	Hewitt	F55	Sole Mates	01:04:54	01:04:36	10k
354	1173	Kate	Mckeague	FO	Scrabo Striders	01:04:57	01:04:25	10k
355	1160	John	Hewitt	M55	Sole Mates	01:05:00	01:04:42	10k
356	1281	Therese	Donnelly	F45		01:05:05	01:04:29	10k
357	1456	Christine	Martin	F50		01:05:06	01:04:28	10k
358	1041	Susan	Curran	F40		01:05:29	01:04:58	10k
359	1602	Mary	Gates	F40		01:05:41	01:05:17	10k
360	1268	Claire	Day	F40		01:05:56	01:05:35	10k
361	1458	Ann	Mcalarney	F55	Murlough AC	01:05:58	01:05:28	10k
362	1443	Cathy	Macpherson	F50	Ormeau Runners	01:06:00	01:05:36	10k
363	1180	Matthew	Poots	MO		01:06:06	01:05:34	10k
364	1228	Edel	Cafferky	FO	Co. Antrim Harriers	01:06:11	01:05:36	10k
365	1564	Szymon	Spychalski	MO	Almost Irish	01:06:13	01:05:55	10k
366	1582	Jill	Todd	F		01:06:40	01:06:16	10k
367	1249	Colin	Cooney	M45		01:06:48	01:06:18	10k
368	1441	Andrew	Mackey	MO		01:06:48	01:06:18	10k
369	1527	Anne	O'HAGAN	F45		01:06:50	01:06:38	10k
370	1578	antoinette	thornbury	F45	solemates	01:06:52	01:06:36	10k
371	1436	rita	loughran	F55	sole mates	01:06:52	01:06:35	10k
372	1288	Rhona	Dunne	FO		01:07:13	01:06:55	10k
373	1566	Andrea	Stafford	F45		01:07:17	01:06:48	10k
374	1554	Jeremy	Scott	M40		01:07:25	01:06:47	10k
375	1545	Sinead	Reel	F35	Slieve Gullion Runners	01:07:40	01:07:25	10k
376	1452	CATHERINE	MARMION	F35	Slieve Gullion Runners	01:07:40	01:07:25	10k
377	1158	Lindsay	Cunningham	F35		01:07:40	01:07:15	10k
378	1267	Violet	Davidson	F70	Ballydrain Harriers	01:07:51	01:07:31	10k
379	1565	Jeyan	Sreekumar	MO		01:07:53	01:07:26	10k
380	1445	Rachel	Madine	FO		01:08:04	01:07:39	10k
381	1240	Brian	McCullagh	M50		01:08:25	01:08:10	10k
382	1258	Angie	Crone	F40	Scrabo Striders	01:09:02	01:08:30	10k
383	1460	Jennifer	McAteer	FO	Newry City Runners	01:09:22	01:08:55	10k
384	1395	David	Harvey	M35		01:09:46	01:09:23	10k
385	1419	Nikki	Keery	F35	Scrabo striders	01:09:57	01:09:34	10k
386	1427	Scot	Knight	M45	Scrabo Striders	01:09:57	01:09:34	10k
387	69	Team	McClellan			01:09:58	01:09:58	10k
388	1368	Team	McClellan			01:09:58	01:09:58	10k
389	1182	Team	McClellan			01:09:58	01:09:58	10k
390	1557	roisin	sherlock	F40	Run-Anon	01:10:10	01:09:50	10k
391	1174	Angela	Meehan	F35		01:11:00	01:10:29	10k
392	1548	Donna	Roddy	FO	Ballygalget AC	01:11:37	01:11:13	10k
393	1289	Dermot	Dunne	MO		01:11:39	01:11:13	10k
394	1461	Leanne	McAuley	FO		01:11:39	01:11:13	10k
395	1374	Patricia	Gibson	F45		01:12:06	01:11:32	10k
396	1199	Denise	Allely	F45		01:12:11	01:11:39	10k
397	1570	Eileen	Stewart	F60	Co antrim harriers	01:12:11	01:11:39	10k
398	1257	david	crawford	M70		01:12:30	01:11:59	10k
399	1279	Donna	Donnelly	F40		01:12:30	01:11:56	10k



400	1576	martin	taylor	MO		01:12:33	01:12:02	10k
401	1523	Monika	Ocytko-Januszezwska	FO		01:12:49	01:12:16	10k
402	1482	Susan	MCELROY	F45		01:14:06	01:13:30	10k
403	1447	Rhonda	magowan	F40		01:14:32	01:14:04	10k
<b>Pos</b>	<b>Bib</b>	<b>Firstname</b>	<b>Lastname</b>	<b>Category</b>	<b>Club</b>	<b>Finish</b>	<b>Chiptime</b>	<b>Race</b>
1	1881	Sam	Linton	M35	Acorns AC	00:19:13	00:19:12	5k
2	1825	Evan	Evans	MO	Dromore ac	00:19:36	00:19:34	5k
3	1873	Richard	Templeton	MO	Run for fun	00:20:07	00:20:06	5k
4	1821	Esther	Dickson	FO	Newry AC	00:20:26	00:20:25	5k
5	1831	GORDON	GLASS	M45	None	00:21:05	00:21:04	5k
6	1878	Rebecca	Wallace	FO	North Belfast Harriers	00:21:10	00:21:09	5k
7	1888	Gareth	Graham	MO		00:22:21	00:22:19	5k
8	1807	Brian	Maltman	M40	East coast ac	00:22:25	00:22:23	5k
9	1865	karalee	porter	F35	mourne runners	00:22:41	00:22:40	5k
10	1876	James	Vennard	MO		00:23:44	00:23:43	5k
11	1885	Mark	Todd	M40	Larne AC	00:23:54	00:23:52	5k
12	1883	Michael	Kelso	M50		00:24:02	00:24:00	5k
13	1877	Paula	Wallace	F45	North Belfast Harriers	00:24:07	00:24:07	5k
14	1830	Darragh	Glass	MO		00:24:47	00:24:44	5k
15	1892	Eva	Winters	FO	Slieve Gullion Runners	00:24:56	00:24:56	5k
16	1889	Shane	Duffy	MO		00:25:00	00:24:57	5k
17	1880	Ruth	Haugh	FO	MOURNE RUNNERS	00:25:35	00:25:35	5k
18	1846	Joe	McAnearney	M50	Roxy's Runners	00:25:51	00:25:46	5k
19	1856	Gregory	McVeigh	M40		00:26:35	00:26:31	5k
20	1827	Ronald	Gardiner	M50		00:26:51	00:26:42	5k
21	1842	Claire	Magee	F35	Nffc	00:26:53	00:26:50	5k
22	1887	Patrick	Hughes	M45		00:28:14	00:28:03	5k
23	1802	Catherine	O'Boyle	FO		00:28:58	00:28:54	5k
24	1851	ROBERT	McDonald	MO		00:29:08	00:29:05	5k
25	1809	lisa	mackle	F35		00:29:10	00:29:06	5k
26	1857	Vicky	McVeigh	F35		00:29:12	00:29:00	5k
27	1843	Piotr	Mamij	MO		00:29:20	00:29:09	5k
28	1828	Gabby	Gardiner	FO		00:29:35	00:29:25	5k
29	1814	Elayne	Brown	FO		00:30:00	00:29:57	5k
30	1817	Peter James	Shields	M30		00:30:03	00:30:02	5k
31	1852	Peter	McEvoy	M35		00:30:03	00:29:57	5k
32	1845	Teresa	McAnearney	F50	Roxy's Runners	00:30:19	00:30:14	5k
33	1896	Kathy	McKenna	FO		00:30:33	00:30:29	5k
34	1837	Dylan	Hosty	MO	Fitness Factory Lurgan	00:30:40	00:30:30	5k
35	1858	Ciara	McVicker	F35	Pace Running Club	00:30:43	00:30:43	5k
36	1810	Rachelle	Attwell	FO		00:30:45	00:30:34	5k
37	1811	Sean	Topping	MO		00:30:45	00:30:34	5k
38	1864	Lorna	O Murchu	FO		00:30:55	00:30:54	5k
39	1823	Melannie	Edmondson	F35		00:30:59	00:30:50	5k
40	1899	Ruth	Hosty	F41	Lurgan Fitness Factory	00:31:23	00:31:14	5k
41	1829	Nora	Gilbody	F45	Ormeau runners	00:31:43	00:31:35	5k
42	1872	Tanya	Smith	F50	County Antrim Harriers	00:31:53	00:31:50	5k
43	1805	Sarah	Bowskill	F35		00:32:06	00:31:58	5k
44	1866	Shirley	Quinn	F35		00:32:10	00:32:09	5k
45	1847	Siobhan	Larkin	F45		00:32:12	00:32:07	5k

46	1812	Raymond	Carolán	M35		00:32:27	00:32:23	5k
47	1834	Rachel	Hall	FO		00:32:34	00:32:29	5k
48	1822	Stephen	Dowery	M35		00:32:56	00:32:51	5k
49	1818	RUTH	COUNIHAN	F40		00:32:58	00:32:50	5k
50	1848	Emma	McCartney	F35		00:33:07	00:33:01	5k
51	1897	Sarah	Cuming	FO		00:33:12	00:33:05	5k
52	1826	Ciara	Fanthorpe	FO		00:33:39	00:33:29	5k
53	1871	Grace	Shields	F40		00:33:47	00:33:47	5k
54	1840	paula	Latewood-Kidney	F40	BST	00:33:55	00:33:47	5k
55	1844	Lisa	Marsh	F35	Bst	00:33:57	00:33:49	5k
56	1808	Anne	Devlin	F50	Orangethrope AC	00:34:05	00:33:53	5k
57	1902	Ciara	Bingham	F41		00:34:13	00:34:10	5k
58	1867	Nick	Rafferty	M50		00:34:35	00:34:30	5k
59	1868	Deirdre	Rafferty	F50		00:34:35	00:34:29	5k
60	1859	Michael	Millar	MO		00:34:51	00:34:47	5k
61	1815	Pamela	Burke	F40		00:35:12	00:35:02	5k
62	1898	Denis	Glass	M70		00:35:31	00:35:27	5k
63	1839	denise	Knight	F40	Scrabo Striders	00:35:32	00:35:26	5k
64	1879	Mandy	Wethers	F50		00:35:45	00:35:36	5k
65	1882	Joanne	Magee	F50		00:35:58	00:35:52	5k
66	1804	Laura	Morton	FO		00:36:06	00:35:56	5k
67	1816	Rachael	Campbell	FO	Fitness Factory lurgan	00:36:38	00:36:30	5k
68	1836	Jonathan	Harbinson	MO	Fitness Factory Lurgan	00:36:38	00:36:30	5k
69	1803	Joy	Morton	F45		00:36:48	00:36:38	5k
70	1895	Larry	Fox	M55		00:36:49	00:36:43	5k
71	1894	Niamh	Fogarty	F35	run anon	00:36:51	00:36:41	5k
72	1893	Deidre	McKenny	F50	run anon	00:36:51	00:36:40	5k
73	1855	Danielle	McLaughlin	FO	Whitehead runners	00:36:58	00:36:46	5k
74	1824	Bernice	Englishby	F45		00:37:20	00:37:12	5k
75	1813	Rebecca	Henderson	F40		00:37:22	00:37:12	5k
76	1862	Fintan	Murphy	MO		00:38:16	00:38:06	5k
77	1838	Team	Kerr	WCH		00:38:39	00:38:39	5k
78	1841	Joy	Logan	FO		00:39:51	00:39:42	5k
79	1832	Jenna	Graham	FO		00:39:51	00:39:42	5k
80	1860	Ashley	Morren	FO		00:40:14	00:40:11	5k
81	1861	Briege	Morren	FO		00:40:14	00:40:11	5k
82	1850	Clare	McCreight	FO		00:41:14	00:41:08	5k
83	1870	Chris	Sheehan	MO		00:41:24	00:41:14	5k
84	1901	Emma	Manton	F35		00:42:03	00:41:56	5k
85	1853	Kiava McGuckin	McGuckin	FO		00:42:13	00:42:06	5k
86	1849	Neil	McCormick	M40	Ballydrain Harriers	00:42:46	00:42:38	5k
87	1900	Jane	McAlister	FO		00:43:12	00:43:05	5k
88	1884	Kelly	Carlisle	F30	Mallusk harriers	00:44:33	00:44:29	5k
89	1833	Joanne	haddock	F40	Mallusk harriers	00:44:33	00:44:29	5k
90	1835	Arlene	Hamilton	F60		00:44:43	00:44:36	5k
91	1886	Catherine	Todd	F35		00:54:35	00:54:23	5k
92	1820	Senga	Craig	F50	larne AC	00:54:35	00:54:22	5k
93	1819	Gillian	Craig	F35	Larne AC	00:54:36	00:54:23	5k
94	1854	John	McKevitt	M35		00:56:07	00:56:00	5k